

CountrySide Chronicle

MONTHLY NEWS

MARCH 2018

Mardi Gras Celebration!

We had an amazing Mardi Gras-themed Chef's Table in February. Make reservations and join us every Wednesday evening at 6:30 pm for these special meals!



CountrySideLakes.com

From the Director's Desk

Spring is upon us in central Florida. We will soon start to see the pollen and yellow haze on anything outdoors. For all you suffering from allergies, this probably isn't your favorite time of the year.

March will bring some needed paint and shingles to our building. So please be patient with our crews as they work. This is a project that feels long overdue, maybe because I've walked on the roof so

many times after our two storms last year.

We are having a teddy bear drive in partnership with the Port Orange Police Department this month. These bears are usually handed out by officers to small kids who have been impacted by a traumatic event like a car accident. It has proven to be a very useful tool for the department. Please bring a bear and drop it off. It is truly going to a great cause.



Please don't forget that our dining room and our tavern is open to the public. You are all welcome to bring and invite your friends to join us.

Charlie

RESIDENT SPOTLIGHT

Charlotte Charest

Charlotte Charest moved to Countryside Lakes in June 2017. She is very involved in her church and its activities. She has a passion and a gift for making beautiful greeting cards and enjoys giving them out. She has a joy for life that radiates to everyone she meets. We love having her in our community!



*Congratulations
Charlotte!*

Bella's Corner

Bella has made her big leap to being here at CSL full-time and is settling in – she does not mind the 24-hour attention one bit. She has her own room that she sleeps in at night and free range of the facility, except the dining room. She is continuing to progress nicely with her training and loves going for walks and interacting with our residents. Bella continues to be on a strict diet and training regiment, which she does not seem to mind one bit. You may notice she has a training vest on, please do not hesitate to interact and still continue to give her pets and hugs as normal. Bella looks forward to playing outside and can't wait to participate in our St. Paddy's Day celebrations.



Follow Bella's photos and videos online at CountrySideLakes.com

After you check out Bella's videos, connect with us on social media to keep up with CountrySide News and Good Shepherds updates! Help spread the word by liking and following us at the sites below.

Being social is ageless.

 Instagram

 twitter

 facebook

CSL32127

¿Habla Español?

Come learn Spanish with us every Wednesday at 2:30 in the Atrium. The class is taught by our very own Al Moscoso.



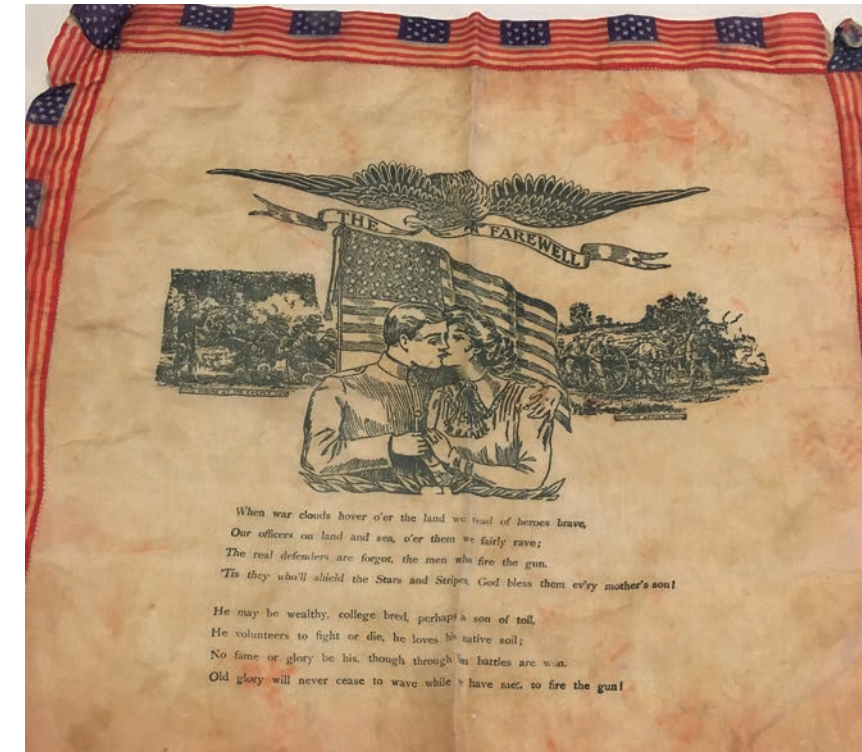
Join us for a game of dominoes!

Dominoes become very competitive and numerous residents have been enthused to learn the game, including Sarah. Staff members enjoy participating along with the residents.

Then & Now – World Travels

Our most recent Then & Now centered on world travel. The silk scarf was brought back from Japan during WWII by Sarah's father (Melvin South). It was a gift for his wife. Melvin was in the Army and stationed in the South Seas.

The Russian nesting dolls were presented by Ms. Walma and Ms. Barbara, two of our lovely ladies here at Countryside Lakes. They both obtained these dolls during their worldly travels. We discussed the history of nesting dolls and the man behind them.



Interesting Facts About MARCH

- ❖ March 1, 1961 – President John F. Kennedy established the Peace Corps, an organization sending young American volunteers to developing countries to assist with healthcare, education and other basic human needs.
- ❖ March 4, 1681 – King Charles II of England granted a huge tract of land in the New World to William Penn to settle an outstanding debt. The area later became Pennsylvania.
- ❖ March 4, 1933 – Newly elected President Franklin D. Roosevelt took office and delivered his first inaugural address attempting to restore public confidence during the Great Depression, stating, "Let me assert my firm belief that the only thing we have to fear is fear itself..."
- ❖ March 10, 1862 – The first issue of U.S. government paper money occurred as \$5, \$10 and \$20 bills began circulation.
- ❖ March 10, 1880 – The Salvation Army was founded in the United States. The social service organization was first founded in England by William Booth and operates today in 90 countries.
- ❖ March 23, 1775 – Patrick Henry ignited the American Revolution with a speech before the Virginia convention in Richmond, stating, "I know not what course others may take; but as for me, give me liberty, or give me death!"
- ❖ March 24, 1934 – The Philippine Islands in the South Pacific were granted independence by President Franklin D. Roosevelt after nearly 50 years of American control.

RESIDENT BIRTHDAYS

- March 1
Rosa Harkness
- March 6
Ralph Giddish
Dorothy Roberson
- March 8
Katherine Huguely
- March 9
Valerie Flynn
Pauline Peterson
Stephanie Rij
- March 12
Carolyn Lea
Robert Snover
- March 13
Betty Vasbinder
- March 19
Cleo Rann
- March 20
Roman Grueter
- March 23
Bernadine Becklund
Janet Hanstine
- March 24
Pauline Benson
Lillian Lustig
Patricia Poehnert
- March 26
Emmy Lockman

STAFF BIRTHDAYS

- March 4
Tara Kasper
Server
- March 10
Keshawndra Evans
Med Tech
- Beata Kossewski
Caregiver
- March 11
Carrie Lynn McKee
LPN
- March 12
Alison Thompson
Caregiver
- March 17
Sasha Townsend
CNA
- March 22
Logyn Alexis Flaniken
Server
- March 25
Alexis Kate Ionadi
Dining Room Supervisor
- March 28
Mirian Escobar
Housekeeping
- March 29
Patricia Vinci-Moore
LPN

MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
Daylight Saving Time Begins						St. Patrick's Day
11	12	13	14	15	16	17
		First Day of Spring				
18	19	20	21	22	23	24
Palm Sunday				Maundy Thursday	Good Friday	Passover
25	26	27	28	29	30	31

Trudy Simmons

Congratulations, Trudy!
We're lucky to have you.



Trudy Simmons has been an LPN for 12 years and she joined the CSL community in November 2017 as the Day Shift Nurse, Trudy is a mother to 3 children and a grandmother of two. Trudy brings great strengths to our community as a nurse – she has a passion for the job she loves. She is a great resident advocate and enjoys interacting with the families. In Trudy's spare time she enjoys the outdoors and dirt biking sports. We are very proud to have Trudy on our team.

 **CountrySide Lakes**
A Shepherd Senior Living Community

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