

# CountrySide Chronicle

MONTHLY NEWS

MAY 2018

## Sensory Bottles for Autism Awareness Month



We made 50 Sensory Bottles for arts and crafts and donated the bottles to Florida Autism Center in Daytona Beach and Easter Seals Child Development Center.

These bottles are filled with water, oil, glitter, and mini toys and when a child who has autism gets over stimulated they are used to calm them and give them something to concentrate on. April is Autism Awareness month and this was part of our contribution for acceptance and understanding.

Our own Stephanie Lynch took 72 pies in the face to raise \$72.00 for Autism Awareness and \$42.00 for Autism Therapy Dogs.



## From the Director's Desk

Hydrate, Hydrate, Hydrate! That's the mantra for the summer. We are at the beginning of the hot and humid season.

It's time to Hydrate Our Heroes. Last year we were able to collect 200+ cases of water and Gatorade to give local firefighters. Our goal this year is 10 times that – we want to present our heroes with 2,000 cases of water! We found out that the 200 cases of water were all used during one small

brush fire. What was more staggering is the fact that a large brush fire could easily double that usage. So we knew we had our work cut out for us. So please look at the calendar and see the events we have planned to support this drive. Every donation helps and gets us closer to our goal.

Construction update... the new roof should be complete by the end of May and then the contractor will start on the gutters and touch ups



that need to be done. I know the parking has been an issue and inconvenience – please bear with us. It will be worth it when it's all complete.

*Charlie*

### RESIDENT SPOTLIGHT

## Charlie Smith

Over his nearly 90 years, Charlie Smith has done a lot. He found a way to successfully flip row houses in Baltimore. He worked in insurance. When a close family member stumbled with addiction problems, he was inspired to open a treatment center, with a success rate far higher than the national average. Eventually a national chain came around and made him an offer for the facility he couldn't refuse, so that chapter ended. But he's still the guy who helps people in need – and he still operates real estate interests in Port Orange.

He does all this while helping to care for Norma Jean, his wife of 66 years, who occasionally has trouble with her memory and doesn't like to be alone. They have two sons in Maryland – one is a District Attorney and the other is in government services – are only a convenient airplane ride away.

He's been around water pretty much all his life, and thanks to CountrySide Lakes, that's how he aims to keep it.



*Congratulations Charlie!*

## Bella's Corner

Bella worked on painting with Stephanie in arts and crafts. Bella is a true joy to have around. She brings comfort and smiles wherever she goes. Bella is looking forward to going on field trips to the beach and several parks. Always stop and give a pat on the head so Bella knows she is doing a great job.

Follow Bella's photos and videos online at [CountrySideLakes.com](http://CountrySideLakes.com)

After you check out Bella's videos, connect with us on social media to keep up with CountrySide News and Good Shepherds updates! Help spread the word by liking and following us at the sites below.



## Being social is ageless.

Instagram

twitter

facebook

CSL32127

## Ticket to Ride!

We took a bus ride to visit the most famous scenic spots in our area such as John D. Rockefeller's safe house, the famous "Loop" which is a scenic drive that motorcycle enthusiasts come from all over to ride. We visited a tree that is over 700 years old and is so wide it takes 39 people standing arm and arm to circle around it!



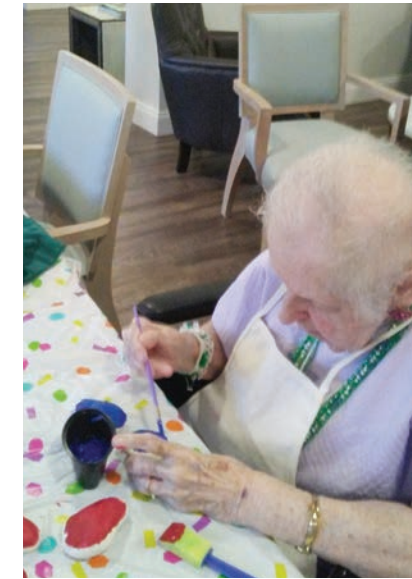
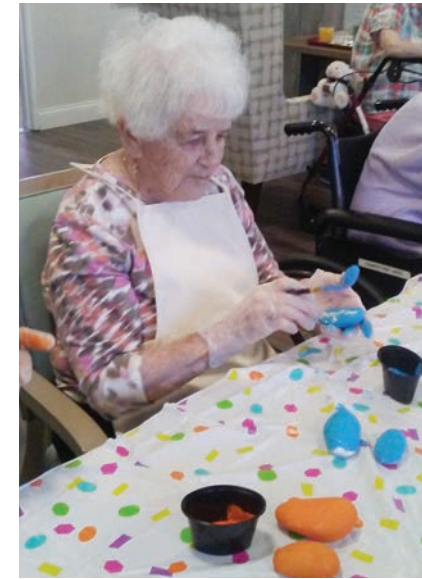
## Ancestry Seminar

Jack Halsey gave a group tips and places to research where we all came from. A gift for future generations is to understand everyone that came before them.



## CountrySide Rock Garden

In Arts & Crafts we are working on creating a Rock Garden for our backyard. We look forward to making a Rock City and it will be surrounded by a rainbow of Lady Bugs!!!



## Interesting Facts About MAY

- ❖ May 4, 1494 - During his second journey of exploration in the New World, Christopher Columbus discovered Jamaica.
- ❖ May 5th - Celebrated in Mexico as Cinco de Mayo, a national holiday in remembrance of the Battle of Puebla in 1862, in which Mexican troops under General Ignacio Zaragoza, outnumbered three to one, defeated the invading French forces of Napoleon III.
- ❖ May 6, 1937 - The German airship Hindenburg burst into flames at 7:20 p.m. as it neared the mooring mast at Lakehurst, New Jersey, following a trans-Atlantic voyage. Thirty six of the 97 passengers and crew were killed. The accident effectively ended commercial airship traffic.
- ❖ May 14, 1607 - The first permanent English settlement in America was established at Jamestown, Virginia, by a group of royally chartered Virginia Company settlers from Plymouth, England.
- ❖ May 20, 1862 - President Abraham Lincoln signed the Homestead Act opening millions of acres of government owned land in the West to "homesteaders" who could acquire up to 160 acres by living on the land and cultivating it for five years, paying just \$1.25 per acre.
- ❖ May 27, 1937 - In San Francisco, 200,000 people celebrated the grand opening of the Golden Gate Bridge by strolling across it.

RESIDENT BIRTHDAYS

- May 1  
**Eloise Doster**  
**Mildred Gover**
- May 2  
**Marjorie Hedrick**
- May 3  
**Lois Barnett**
- May 8  
**Sam Ankney**
- May 9  
**Anna Clayton**
- May 11  
**Domenic D'Agresta**
- May 14  
**Frances Mitchell**
- May 15  
**William Swenson**
- May 17  
**Bernice Giddish**
- May 20  
**Lillian Walters**
- May 21  
**Walma Taylor**

STAFF BIRTHDAYS

- May 03  
**Lisa Conway**  
Bar Tender / Server
- May 15  
**Patricia Borders**  
Med Tech
- May 15  
**Rachel Keithan**  
Server
- May 15  
**Marissa Wallace**  
Med Tech
- May 19  
**Ryan Gardner**  
Housekeeping
- May 25  
**Chloe Arlow**  
Server
- May 26  
**John Edgar Jr**  
LPN
- May 28  
**Melody Moses**  
Med Tech
- May 28  
**Elenita Stewart**  
Server
- May 29  
**Barbara Tyler**  
Cook

# MAY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				National Day of Prayer		Cinco De Mayo Kentucky Derby
		1	2	3	4	5
6	7	8	9	10	11	12
Mother's Day						Armed Forces Day
13	14	15	16	17	18	19
Pentecost Shavuot						
20	21	22	23	24	25	26
	Memorial Day					
27	28	29	30	31		

## Denise Blanchette

Congratulations, Denise!  
We're lucky to have you.



Denise Blanchette has been in the housekeeping department since April of 2007. She always has a smile to share, and her compassion towards our residents is a daily gift. She is such an asset to our team. Denise enjoys music, church events, and has been a part of Surfing for Autism. Denise says her favorite part of her job is that she enjoys helping people who need it the most and they appreciate all that she and her other teammates do for them. She feels like she is part of a dynamic team that consistently works together and has fun while doing so! Please tell Denise thank you and congratulations next time you see her.

 **CountrySide Lakes**  
A Shepherd Senior Living Community

## MANAGEMENT STAFF

**Charlie Dierke**  
Executive Director  
cdierke@CountrySideLakes.com  
386.756.3480, Ext.102

**Michaelene Achorn**  
Administrative Manager  
machorn@CountrySideLakes.com  
386.756.3480, Ext.103

**Stephanie Lynch**  
Life Engagement Director  
slynch@CountrySideLakes.com  
386.756.3480, Ext.111

**Tammy Sawtell, LPN**  
Director of Nursing  
tsawtell@CountrySideLakes.com  
386.756.3480, Ext.110

**Trudy Simmons, LPN**  
Assistant Director of Nursing  
tsimmons@CountrySideLakes.com  
386.756.3480, Ext.104

**Andrew Leszczynski**  
Director of Maintenance  
aleszczynski@CountrySideLakes.com  
386.756.3480, Ext.106

**Celia Laureano**  
Director of Housekeeping  
claureano@CountrySideLakes.com  
386.756.3480, Ext.107

**Kat Eversole**  
Director of Sales and Marketing  
keversole@CountrySideLakes.com  
386.756.3480, Ext.114

**Jordan Gawel**  
Director of Culinary  
jgawel@CountrySideLakes.com  
386.756.3480, Ext.112

CountrySideLakes.com



CSL32127