

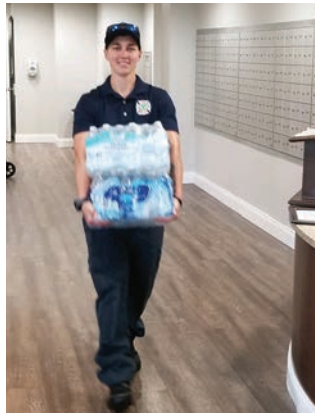
CountrySide Chronicle

MONTHLY NEWS

JULY 2018

Hydrate Our Heros

Hydrate Our Heroes was a success by collecting 813 cases of water donated by our wonderful residents, staff, family, and some amazing community partners. The Hydrate Our Heroes celebration day was full of joy, excitement, and most of all – fun. Fabulous music, food, and cute little furry animals rounded out a day that will become an annual event. Thank you to everyone for their participation!



From the Director's Desk

It's July,...and it's still raining. We are just finishing up on the major areas of the roof, gutter and paint job on our building. I think it looks great. We appreciate your patience during the process.

July puts us one month into Hurricane Season. We are all praying for an uneventful summer. We are having our Annual Hurricane Preparedness Meeting on July 9th at 10:30 am. We will be going over our processes and our preparation prior to any storm. Please join us for this meeting – it may help with your own preparation as well. It is open to all residents and family members and anyone

who is connected to our community.

Heat and humidity play a big role in our lives in Florida. Be mindful of how hot the temperature gets and pay attention to your body. If you are spending time outside, hydrate and hydrate some more. If you feel weak, faint or tired, get out of the sun and out of the heat. It can be extremely dangerous for all of us. Don't forget the sunscreen.

Independence Day is July 4th. It is one of the most celebrated holidays in our country. Fireworks and patriotic themes go hand in hand for this holiday.



Remember how great it is to live in this country and remember those who have paid the price for our freedom. I couldn't imagine living anywhere else. Regardless how dysfunctional things seem at times, we are blessed to be Americans.

Make a difference today.

Charlie

Bella's Corner

Bella's Biggest Loser contest is now in full swing. All of us need to stay healthy, and that includes our four-legged friends! Bella needs to lose 25 pounds, and Stephanie is joining her. Would you like to get healthy and lose a few pounds? See Stephanie every Wednesday at 11 am in the Atrium for weigh-ins! The biggest loser will win a FitBit that will help you achieve your goals.

Please remember: the only safe food for Bella is her dog food. Please do not give her junk food, as it causes her to be tired and can cause health problems.

Follow Bella's photos and videos online at CountrySideLakes.com

After you check out Bella's videos, connect with us on social media to keep up with CountrySide News and Good Shepherds updates! Help spread the word by liking and following us at the sites below.



Congratulations Eloise!

RESIDENT SPOTLIGHT

Eloise Doster

Eloise Doster is a kind soul and always a smile to share. We are very lucky to have Eloise with us at CountrySide Lakes. She loves participating in Bingo, Arts and Crafts, and likes to play games. She loves all the music we bring for entertainment and enjoys spending time with her family. She is now awaiting another addition in her family and will again be a great-grandmother. We are so glad to have you as our friend, Eloise! Thank you for the joy you bring to each of us.

Being social is ageless.

Instagram

twitter

facebook

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Fathers' Day Celebration

Fathers' Day was celebrated a day early by traveling down memory lane with a car show from East Coast Cruisers Car Club. They brought everything from the 1950's to the newest 2017 Hot Wheels Mustang. Everyone enjoyed reminiscing about their first and their favorite cars. Many residents wanted to bring out the checkbook and buy one! The car show was followed by refreshments, a Hula Show, and the their favorite band, Blue Velvet. Fathers' Day ended with the feast for a king and we all enjoyed steak and lobster dinners. We are so thankful to be able to celebrate great men!



Arts and Crafts: Painting

Arts and Crafts continues to bring out many talents! The ladies enjoyed painting and decorated their doors with their artwork for everyone to enjoy. Be sure to join us in July as we complete our rocks for our rock garden and new bird feeders for our feathered friends. Stop and see Stephanie to sign up for a very special class on July 7 conducted by ArtRageous and make this beautiful piece for yourself or a loved one!



Interesting Facts About JULY

- ❖ July 20, 1715 – The Riot Act took effect in Britain. If a dozen or more persons were disturbing the peace, an authority was required to command silence and read the following, “Our sovereign Lord the King chargeth and commandeth all persons, being assembled, immediately to disperse themselves, and peaceably to depart to their habitations, or to their lawful business, upon the pains contained in the act made in the first year of King George, for preventing tumults and riotous assemblies. God save the king.” Any persons who failed to obey within one hour were to be arrested.
- ❖ July 16, 1769 – San Diego was founded as the mission San Diego de Alcala by Father Junipero Serra.
- ❖ July 14, 1789 – The fall of the Bastille occurred at the beginning of the French Revolution.
- ❖ July 1, 1862 – President Abraham Lincoln signed the first income tax bill, levying a 3% income tax on annual incomes of \$600-\$10,000 and a 5% tax on incomes over \$10,000. Also on this day, the Bureau of Internal Revenue was established by an Act of Congress.
- ❖ July 7, 1898 – President William McKinley signed a resolution annexing Hawaii. In 1900, Congress made Hawaii an incorporated territory of the U.S., which it remained until becoming a state in 1959.
- ❖ July 10, 1973 – The Bahamas gained their independence after 250 years as a British Crown Colony.

RESIDENT BIRTHDAYS

- July 3
Dorothy Pealer
- July 5
Maude Murray
Joan Schaller
- July 6
Wanda Lydecker
- July 7
Mildred Griffin
- July 8
Rose Johnson
- July 14
Thelma Ellis
Norma Smith
Betty Snover
- July 17
Evelyn Flynn
- July 21
Irene Baehre
- July 27
Charles Smith
- July 28
Marie Grueter
- July 30
Linda Stainton-Jaffe

STAFF BIRTHDAYS

- July 1
Gary Evans
Bus Driver
- July 3
Wesley McEwen
Culinary
- July 4
Maria Elizabeth Erwin
Culinary
- July 9
Tracey Anderson
Nursing
- July 20
Jennifer McCall
Culinary
- July 28
Denise Blanchette
Housekeeping
- July 31
Deborah Willoughby
Nursing

Beauty and The Beast

The Sweetwater Elementary 3rd Grade Class gave us the greatest performance of Music from Beauty and The Beast. 120 children fit nicely in our living room and put their hearts into the music and performance. We look forward to having them back next year with a new production.



JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Independence Day			
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Join Us for Bingo!

Joan Watley cleaned up in Bingo and won two games. She was excited and said she would be back to collect more really soon! Join us for Bingo Mondays, Thursdays, and Saturdays in the Dining Room.



See you at the newly named Bellas & Fellas

Last month Stephanie gave everyone a chance to name the bar for our Happy Hours. After tallying over 100 votes, the bar was named Bellas & Fellas! Be sure to stop by for Happy Hour and see the new sign.

Andrew Sweeney

Congratulations, Andrew!
We're lucky to have you.



Andrew Sweeney is from Springfield, Missouri and moved to Port Orange to enjoy the beautiful beaches, fishing, and anything outdoors. Andrew has a great sense of humor and looks forward to his future and what possibilities his skills can bring to our residents. He has been in the maintenance field for a few years and enjoys being able to help our residents with the simple things that can sometimes be a challenge. Andrew is a great addition to the CountrySide Lakes family and we know our other Andrew is truly happy to have helping hands.

 CountrySide Lakes®
A Shepherd Senior Living Community

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