

CountrySide Chronicle

MONTHLY NEWS

AUGUST 2018

Happy Fourth of July at CSL!



From the Director's Desk

August is here and so is the heat! Be mindful of your pets. They can't sweat – they have to pant. They need water just like we do to keep them hydrated. Just like kids, they need our help. Don't leave them in your car when you aren't in it. Think about how hot it has to be for them to wear a fur coat 24/7.

The Tropics have been kind to Florida so far this hurricane season. Let's all keep our fingers crossed for a quiet year.

Our construction by the contractors is complete. We are working hard to get everyone's screens back in. Our goal is to have them all back in this month.

We are holding a Back to School supply drive this month. We are doing this to support Sweetwater Elementary, the school that came out and did their "Beauty and the Beast" performance. Stephanie will have all the details on this. We will have a list of



"needs" from the teachers. This should ensure we make a positive impact with our donations.

Be good neighbors, good friends, and good stewards.

Make a difference today.

Charlie



Meet Diane Goyette

I moved to New Smyrna Beach Florida from New York in 1988, then relocating to Port Orange in 2005. I started my career in marketing senior communities in 2000, and discovered it is my passion and what I love to do.

I have raised three children here in Port Orange, who are now all grown. I am taking care of my aging parents who live with me full-time. I also have two grandsons that are both one year old and they are the light of my life!

I am so happy to have joined the Countryside Lakes community as the new Director of Sales & Marketing and I am excited for the opportunity to get to know each and every one of you.

Bella's Corner

Bella is still struggling to lose weight, she has lost one pound but still has 24 to go. She is swimming and enjoying all her friends. Please remember the only good food for her is her dog food! Bella really enjoyed the 4th of July and is looking forward to our next big celebration Stephanie's birthday August 6th! She looks great for being 48! Celebrate the last bit of summer with Bella and her friends by losing a few pounds and enjoying the warm days of August.

Follow Bella's photos and videos online at CountrySideLakes.com

After you check out Bella's videos, connect with us on social media to keep up with CountrySide News! Help spread the word by liking and following us at the sites below.



Being social is ageless.

 Instagram

 twitter

 facebook

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Culinary Corner

Have you come to chefs table? Has it been a while? Well here are some of the delicious dishes your missing! Sign up for Chefs Table at the front desk by each Tuesday for a wonderful 5-star meal on Wednesday evening's at 6:30 pm. Join the fun, food, and festivities of these culinary creations. We will save you a seat! Look for the August menu in your monthly calendar!

Each week in the month of August we will feature one chilled soup to keep us cool during the hottest of our months! Dont miss out on the chance to try something new and delicious

August Chef's Table Menu

- ❖ **Appetizer:** Chips and Mango Pineapple Salsa
- ❖ **Soup:** Chilled Cucumber Soup
- ❖ **Intermezzo:** Ocean Blue Sorbet
- ❖ **Entree:** Hawaiian Pork Roast with rice & vegetables
- ❖ **Dessert:** Pineapple upside down cake
- ❖ Wine & Beer included
- ❖ \$15.00 Residents / \$25.00 Guests



Sweetwater School Supplies Drive



The children of Sweetwater Elementary delighted us in songs from Beauty and the Beast this past May. We would like to help them with their school supplies. Please drop off school supplies or make a cash donation so our hard working teachers don't have to spend their own money!

Arts and Crafts: Ornaments

Arts and crafts always brings smiles and great gifts to share!



Interesting Facts About AUGUST

- ❖ August 2, 1776 - In Philadelphia, most of the 55 members of the Continental Congress signed the parchment copy of the Declaration of Independence.
- ❖ August 3, 1492 - Christopher Columbus set sail from Palos, Spain, with three ships, Niña, Pinta and Santa Maria. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas, thinking it was an outlying Japanese island.
- ❖ August 17, 1978 - The first transatlantic balloon trip was completed by three Americans; Max Anderson, Ben Abruzzo, and Larry Newman, all from Albuquerque, New Mexico. Starting from Maine on August 11th, they traveled in Double Eagle II over 3,000 miles in 137 hours, landing about 60 miles west of Paris.
- ❖ August 18, 1920 - The 19th Amendment to the U.S. Constitution was ratified, granting women the right to vote.
- ❖ August 31, 1997 - Britain's Princess Diana died at age 36 from internal injuries suffered in a high-speed car crash, reportedly after being pursued by photographers. The crash occurred shortly after midnight in Paris inside a tunnel along the Seine River at the Pont de l'Alma bridge, less than a half mile north of the Eiffel Tower. Also killed in the crash were Diana's companion, Dodi Fayed, 42, and chauffeur Henri Paul.

RESIDENT BIRTHDAYS

- August 2
Joseph Schorting
- August 6
Raymond Stewart
- August 8
Arthur Girard
- August 22
Helen Whetstone
- August 24
Myrtis Kelo
- August 25
Stefan Brzuszkiewicz
Thomas Porter
- August 27
Elizabeth Kite

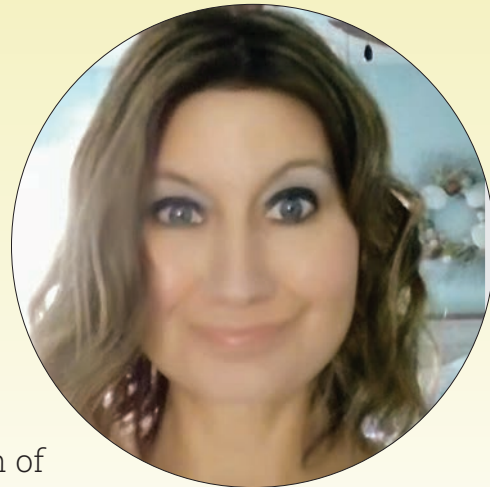
STAFF BIRTHDAYS

- August 5
Jordan Gawel
Culinary
- August 6
Lilia Burns
Culinary
- Stephanie Lynch**
Life Engagement
- August 8
Anthony Caneva
Culinary
- August 11
Theresa Yearby
Nursing
- August 16
Adrienne Pincheon
Nursing
- August 21
Sabrina Milne
Culinary
- August 25
Yong Boyd
Nursing
- August 30
Melissa Lungahi
Nursing

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
National Sister Day						
5	6	7	8	9	10	11
	International Left-Handers' Day					
12	13	14	15	16	17	18
19	20	21	22	23	24	25
	National Dog Day					
26	27	28	29	30	31	

Julie Smith

Congratulations, Julie!
We're lucky to have you.



Julie Smith joined the CSL Nursing Team in September 2017. She has been a nurse for 15 years. Prior to becoming a nurse, Julie worked as a Med Tech, and then followed her dream of becoming a nurse. She is from Bloomington, Indiana, but she moved to Florida when she was in her teens. Julie is married to her husband, Brandon.

Julie also has a passion for animals and works a lot with the local animal rescue centers. She has been a great addition to CSL Nursing Team she goes above and beyond when help is needed out in the community, she responds and is always willing to lend a hand to the caregivers as well as the Med Techs. I am very proud and fortunate to have Julie on the CSL Nursing Team!

**CountrySide Lakes**
A Shepherd Senior Living Community

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