

CountrySide Chronicle

MONTHLY NEWS CALENDAR

SEPTEMBER 2018

Happy Labor Day Celebrations!



From the Director's Desk

Happy Labor Day!!

Labor Day became a Federal Holiday in 1894. It is meant to honor and recognize all the achievements of the American worker throughout history. Most of us take advantage of the long weekend and utilize the time to be with family and friends. Cookouts and time at the lake or the beach are very popular.

Rosh Hashanah, the Jewish New Year festival and Yom Kippur also fall in September. Yom Kippur, the Day of

Atonement, is the last of ten days of penitence that began with Rosh Hashanah. Yom Kippur is considered the Holiest day of the year in Judaism.

We are all in need of grace and understanding. Take some time to learn just a little bit about another language or set of traditions and you will be amazed that your level of tolerance raises as well. We can all get along.

The tropics are still very quiet, and this hurricane season



remains calm for Florida. Our prayers go out to the people of Hawaii. It will take them a while to recover from all the rain that "Lane" brought them.

Make a difference today.

Charlie

Bella's Corner

Follow Bella's photos & videos

@CSL32127

Bella has done well losing 5 pounds her first month of lifestyle healthy changes. She has been able to swim, play catch, and spend the hot afternoons napping in the shade! Bella loves the smell of fresh baked cookies, but she still can't have any! She loves the feel of the cool grass after the rain and looks forward to a nice visit with you anytime.



Stay Hydrated Out There!

Hydration is the key to staying and feeling healthy. Your body has an intricate system of keeping fluids and electrolytes balanced, and proper hydration is a main component of this process. If this system is not functioning properly, you may suffer the dangerous consequences of dehydration. In this stage of life, this regulation system may no longer function properly on its own, making dehydration more common and adequate hydration even more important.

Due to changes in the body during aging, such as a decrease in total body water, as well as a decrease in being able to sense thirst, dehydration can happen quickly. Staying hydrated every day is the best prevention.

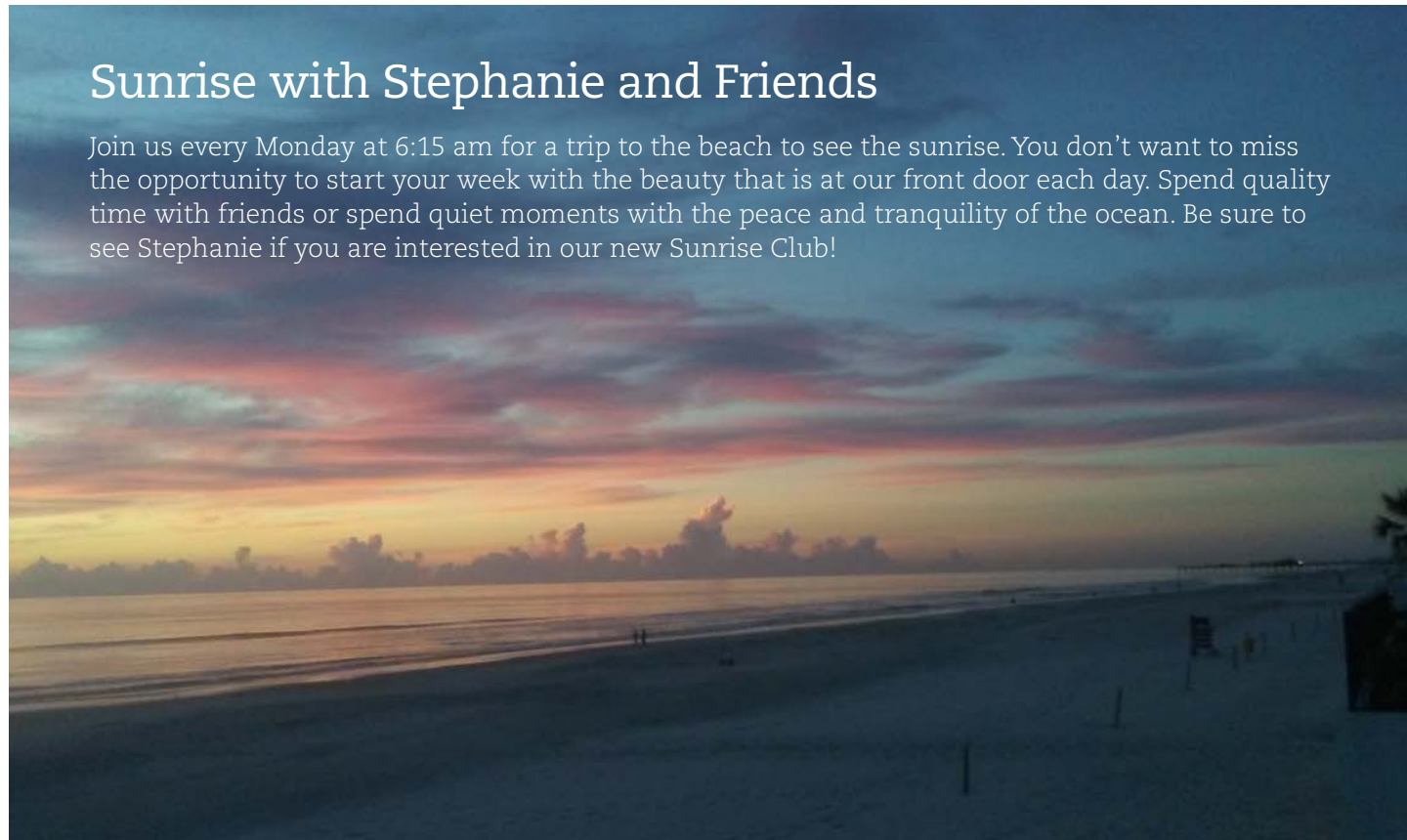
Symptoms: Dry mouth, no urine or very concentrated urine, sunken eyes, lethargy, low blood pressure, rapid heart rate and dry skin. These symptoms should not be overlooked. If you suspect you are dehydrated, try drinking small, frequent amounts of water. If your symptoms do not improve, call our nursing team, as severe dehydration may require medical attention.



Daily Hydration Requirements: Water needs vary day-to-day and from person-to-person. However, the general recommendation for fluids is at least 6 to 8 cups, or 48 to 64 fluid ounces daily. Your fluid needs may be increased if you are losing excess water through sweat or urine. As a rule of thumb, you should drink 4 ounces of water every 15 to 20 minutes during periods of excess loss.

Sunrise with Stephanie and Friends

Join us every Monday at 6:15 am for a trip to the beach to see the sunrise. You don't want to miss the opportunity to start your week with the beauty that is at our front door each day. Spend quality time with friends or spend quiet moments with the peace and tranquility of the ocean. Be sure to see Stephanie if you are interested in our new Sunrise Club!



September 1-14, 2018

Activities are shown in red.
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am Billiards Billiards Room Luau Fun Atrium	9:00 am Gospel Music Lobby	Labor Day 9:00 am Arts & Crafts Atrium	9:00 am Personal & Doctor Trips Concierge Aerobics Exercise Area	8:30 am Letter Writing Atrium	9:00 am Personal Trips Concierge Blood Pressure Checks Atrium Aerobics Exercise Area Billiards Billiards Room	8:30 am Shopping, Bank, Pharmacy Concierge	9:00 am Coffee & Conversation Lobby Billiards Billiards Room	Sunday Grand-Parents Day Kids Eat Free For Lunch Or Dinner 9:00 am Coffee & Conversation Darts Billiards Room	Photo Booth Day- Take a Great Picture! Kids Eat Free 8:30 am Letter Writing Atrium Shopping, Bank, Pharmacy Concierge	Red White & Blue Day Be Patriotic! Kids Eat Free 9:00 am Personal & Doctor Trips Concierge Aerobics Exercise Area	Kids Eat Free 8:30 am Letter Writing Atrium	Kids Eat Free 9:00 am Personal Trips Concierge Billiards Billiards Room	Kids Eat Free 8:30 am Shopping, Bank, Pharmacy Concierge
10:00 am Visits with Bella Door-to-Door	10:00 am Our Lady of Hope Group Liturgy Activity Area	10:00 am Sign up for Chef's Table Concierge	9:30 am H2O Cardio Pool	9:00 am Shopping, Bank, Pharmacy Concierge	9:30 am UNO Atrium	9:30 am Trivia Atrium	9:30 am Church of Epiphany Activity Area	9:00 am Coffee & Conversation Darts Billiards Room	8:30 am Letter Writing Atrium Shopping, Bank, Pharmacy Concierge	9:00 am Personal & Doctor Trips Concierge Aerobics Exercise Area	9:00 am Resident Council Meeting Atrium	9:00 am Personal Trips Concierge Billiards Billiards Room	9:30 am Coffee & Conversation Atrium
1:00 pm ELVIS & SPECIAL GUEST Lobby	1:00 pm Countryside Church Exercise Area	1:00 pm Crossword Lobby	10:00 am Culinary Club Indoor Garden	10:00 am Crafts: Painting Decorations Atrium	9:30 am H2O Cardio POOL Arts & Crafts Atrium	11:00 am Circuit Training Exercise Area Letter Writing Atrium	10:00 am Cards Atrium Visits with Bella Atrium	10:00 am Our Lady of Hope Group Liturgy Activity Area Visits with Bella Door-to-Door Dominoes Atrium	9:30 am Healthy Tips Atrium	9:30 am H2O Cardio Pool Atrium	9:30 am H2O Cardio Pool Atrium	10:00 am Sports Games Lobby	10:00 am Crème Filled Donut Day Lobby
2:00 pm Root Beer Floats Lobby	1:00 pm Tribute to the Carpenters w/ Shannon Rae & Friends Lobby	2:00 pm Dean Martin Live Lobby	10:00 am Indoor Garden Visits with Bella Door-to-Door	10:00 am Bible Study Activity Area Visits with Bella Door-to-Door	10:30 am Puzzles Billiards Room	1:00 pm Circuit Training Exercise Area Letter Writing Atrium	1:00 pm Crossword Lobby	10:30 am CountrySide Lakes Church Exercise Area	10:00 am Health Seminar Atrium	9:30 am H2O Cardio Pool Atrium	10:00 am Culinary Club - Dough! Atrium	10:00 am Sports Games Lobby	11:00 am Crème Filled Donut Day Lobby
3:00 pm Happy Hour & Luau Fun Atrium	2:00 pm Seniors Got Talent Auditions Lobby	2:00 pm Trivia Atrium	11:00 am Darts Billiards Room	10:30 am Puzzles Billiards Room	1:00 pm Music with Michael T Lobby	1:00 pm Bus Ride Concierge Stretch Exercise Area	12:30 pm Puzzles Billiards Room	10:30 am CountrySide Lakes Church Exercise Area	10:00 am Health Seminar Atrium	10:00 am Culinary Club - Dough! Atrium	10:30 am Puzzles Billiards Room	1:30 pm Bingo Atrium	11:00 am Circuit Training Exercise Area Letter Writing Atrium
6:30 pm Movie & Popcorn Atrium	3:00 pm Happy Hour Luau Fun	3:00 pm Happy Hour Atrium	1:00 pm Music with Sam Collins Lobby	10:45 am Dancing in Your Seats Lobby	1:30 pm Hand & Foot Activity Area	2:00 pm Stretch Exercise Area	1:00 pm Music with Bill Sbrogna Lobby	1:00 pm Music with Josh Mabe Atrium	11:00 am Circuit Training Exercise Area	1:00 pm Music with Mickey Lobby	10:30 am Puzzles Billiards Room	2:00 pm Jazz with Jonathan Lobby	1:00 pm Stretch Exercise Area
Puzzles Billiards Room	6:30 pm Movie and Popcorn Atrium	6:30 pm Movie and Popcorn Atrium	1:30 pm Hand and Foot Activity Area	Lunch Bunch Concierge	1:30 pm Hand & Foot Activity Area	2:00 pm Bingo Dining Room Yoga Exercise Area	2:00 pm Darts Billiards Room Visits with Bella Atrium	2:00 pm Grandparents & Kids Arts & Crafts Atrium	1:00 pm Music with Mickey Lobby	1:00 pm Crossword Lobby	10:45 am Dancing in Your Seats Lobby	3:00 pm Tailgate Party Atrium	2:00 pm Music with Judy Locke Lobby
			2:00 pm Yoga Exercise Area	11:15 am Circuit Training Exercise Area	2:00 pm Bingo Dining Room Yoga Exercise Area	3:00 pm Happy Hour Atrium	2:00 pm Bingo Dining Room Yoga Exercise Area	2:00 pm Grandparents & Kids Arts & Crafts Atrium	1:30 pm Bingo Dining Room	1:30 pm Hand & Foot Activity Area	11:15 am Circuit Training Exercise Area	3:00 pm Happy Hour Atrium	1:40 pm Dancing in Your Seats Exercise Area
			3:00 pm Happy Hour Atrium	1:00 pm Trivia Lobby	2:00 pm Bingo Dining Room Yoga Exercise Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	2:30 pm Arts & Crafts Atrium	2:30 pm Ice Cream Social Atrium	2:00 pm Shopping Dollar Tree Concierge	1:30 pm Bingo Dining Room	6:30 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
			6:30 pm Movie & Popcorn Activity Area	Visits with Bella Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	2:00 pm Liberty Cake Lobby	2:00 pm Liberty Cake Lobby	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				2:00 pm Music with Tobias Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				Stretch Exercise Area	2:00 pm Music with Tobias Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				2:30 pm Spanish Class Dining Room	2:00 pm Music with Tobias Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				3:00 pm Wheelchair/ Walker repair Atrium	2:30 pm Spanish Class Dining Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				Happy Hour Atrium	3:00 pm Spanish Class Dining Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				Outdoor with Bella Backyard	3:00 pm Spanish Class Dining Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				6:30 pm Activities Meeting Atrium	3:00 pm Spanish Class Dining Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
				Chef's Table Dining Room	3:00 pm Spanish Class Dining Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
					7:30 pm Evening Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Connect Hearing Activity Area	3:00 pm Evening Movie & Popcorn Activity Area	3:00 pm Outdoor Activity with Bella Backyard
						6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Activity Area

Supplies for Sweetwater

Thank you all for raising over \$500 in school supplies for the wonderful children at Sweetwater Elementary. The 3rd grade teachers send their many thanks and assured me that so many students will benefit from our generosity. We look forward to always having a positive impact in our beautiful community!



September 15–26, 2018

Activities are shown in red. Wellness classes are in blue.

15	16	17	18	15	20	21	22	23	24	25	26
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Kids Eat Free 9:00 am Billiards Billiards Room 9:30 am Card Club Atrium Visits with Bella Atrium 10:30 am Coffee & Conversation Atrium 1:00 pm Lobby Book Club 2LIB Visits with Bella Atrium 1:30 pm Bingo Dining Room 3:00 pm YOUR OUR STAR AWARDS Lobby Outdoor Activity with Bella Backyard Happy Hour Atrium 6:30 pm Live Music with BLUE VELVET Lobby 7:30 pm Evening Movie & Popcorn Activity Area	9:00 am Darts Billiards Room Coffee & Conversation Lobby 10:00 am Our Lady of Hope Group Liturgy Activity Area 10:30 am Countryside Church Exercise Area 1:00 pm Lobby Crossword Lobby Walks with Bella Backyard 2:00 pm GAMES Atrium 3:00 pm Happy Hour Atrium Visits with Bella Atrium 0630 Evening Movie & Popcorn Atrium	8:30 am Letter Writing Atrium Shopping, Bank, Pharmacy Concierge 9:00 am Crossword Atrium Sign up for Chef's Table Concierge 10:00 am HEALTH SEMINAR Atrium Visits with Bella Door-to-Door 10:30 am Cornhole/ Horseshoes Atrium 11:00 am Circuit Training Exercise Area 1:00 pm Music with Bobby Meeks Lobby Visits with Bella Atrium 1:30 pm Bingo Dining Room 2:00 pm Functional Flexibility Exercise Area 3:00 pm Happy Hour Atrium Outdoor Activity with Bella Backyard 6:30 pm Evening Movie & Popcorn Atrium	9:00 am Personal & Doctor Trips Concierge Aerobics Exercise Area 9:00 am Personal/ Shopping/ Banking Trips Concierge Darts Billiards Room 9:30 am UNO Atrium 10:00 am Bible Study Activity Area Visits with Bella Door-to-Door 1:00 pm Walks with Bella Outside 1:30 pm Hand & Foot Activity Area 2:00 pm Yoga Exercise Area 3:00 pm Music with Jody Lobby Visits with Bella Atrium Happy Hour Atrium 6:00 pm Meet and Greet our new in house Cardiologist: Dr. Ahmed Atrium 7:00 pm Movie & Popcorn Activity Area	8:30 am Letter Writing Atrium 9:00 am Personal/ Shopping/ Banking Trips Concierge Darts Billiards Room 9:30 am UNO Atrium 10:00 am Bible Study Activity Area Visits with Bella Door-to-Door 10:30 am Dominos Atrium 10:45 am Dancing in Your Seats Lobby 11:15 am Circuit Training Exercise Area 1:00 pm Music with James Wise Lobby Visits with Bella Atrium 2:00 pm Stretch with Stephanie Exercise Area 3:00 pm Outdoor Activity with Bella Backyard Happy Hour Atrium 6:30 pm Chef's Table Dining Room Evening Movie & Popcorn Atrium	9:00 am Personal Trips Concierge Aerobics Exercise Area 9:00 am Aquatics Pool 9:30 am Arts & Crafts Surprise Decorations Atrium Coffee & Conversation Lobby Visits with Bella Door-to-Door 1:00 pm Music with Michael T Lobby Visits with Bella Atrium 1:30 pm Bingo Dining Room 2:00 pm Yoga Exercise Area 3:00 pm Happy Hour Lobby	8:30 am Shopping, Bank, Pharmacy Concierge 9:30 am Coffee & Conversation Lobby 10:00 am Card Club Atrium Visits with Bella Atrium 1:00 pm Forgiven Way Band Lobby Visits with Bella Atrium 3:00 pm Outdoor Activity with Bella Backyard Happy Hour Atrium 6:30 pm Evening Movie & Popcorn Atrium	9:00 am Billiards Billiards Room 9:30 am Coffee and Conversation Lobby 10:00 am Card Club Atrium Visits with Bella Atrium 1:00 pm Forgiven Way Band Lobby Visits with Bella Atrium 3:00 pm Outdoor Activity with Bella Backyard Happy Hour Atrium 6:30 pm Evening Movie & Popcorn Atrium	9:00 am Darts Billiards Room Coffee & Conversation Lobby 10:00 am Brunch Dining Room Our Lady of Hope Group Liturgy Activity Area 10:30 am Countryside Church Exercise Area 1:00 pm Crossword Lobby Walks with Bella Backyard 3:00 pm Happy Hour Atrium Visits with Bella Atrium 6:30 pm Evening Movie & Popcorn Atrium	8:30 am Letter Writing Atrium Shopping, Bank, Pharmacy Concierge 9:30 am Trivia Lobby Book Club 2LIB 10:00 am Health Seminar Atrium Visits with Bella Door-to-Door 11:00 am Circuit Training Exercise Area 1:00 pm Music with Mickey and Friend Lobby 2:00 pm Bingo Dining Room Visits with Bella Atrium 3:00 pm Happy Hour Outdoor Activity with Bella Backyard 6:30 pm Evening Movie & Popcorn Atrium	9:00 am Personal & Doctor Trips Concierge NO EXERCISE IN THE A.M. 10:00 am Culinary Club Fun with Food Dining Room Nail Salon 1RN Visits with Bella Door-to-Door 11:00 am Darts Billiards Room 1:00 pm Music with Sam Lobby Walks with Bella Backyard 1:30 pm Hand and Foot Activity Area 2:00 pm Crossword w Diane Atrium 3:00 pm Happy Hour Atrium Visits with Bella Atrium 6:30 pm Movie & Popcorn Activity Area	8:30 am Letter Writing Atrium 9:00 am Personal Shopping & Banking Trips Concierge 9:30 am Arts & Crafts Atrium Visits with Bella Door-to-Door 10:00 am Bible Study Activity Area 10:30 am Puzzles Billiards Room 10:45 am Dancing in Your Seats Lobby 11:15 am Circuit Training Exercise Area 1:00 pm Crossword w Charlie Atrium 2:00 pm Music with Tobias Lobby Visits with Bella Atrium 2:00 pm Stretch Exercise Area 3:00 pm Yoga Exercise Area Outdoor Activity with Bella Backyard Happy Hour Atrium 6:30 pm Evening Movie & Popcorn Atrium

SEPTEMBER CSL BIRTHDAYS

RESIDENTS	STAFF
September 1 Aziz Hanna Anna Marquart	September 2 Vanessa Carabez Culinary
September 6 John Coburn	September 3 Jeremy Balmat Culinary
September 10 Helen Shackleton	September 11 Robin Fortner RN
September 13 Nancy Butzberger Phyllis Matthews	September 11 Brandon McNutt Culinary
September 14 Stewart Harkness	September 14 Darell Butler RN
September 18 Aline Robert	September 20 Crystal Mayhue
September 20 Harold Peterson	September 21 Joseph Tuozzo Culinary
September 21 Oscar Hilbert	September 22 Jessica Tindal Culinary
September 24 Douglass Brantley	September 24 Shane Hillyard RN
September 25 Barbara Makowski	September 24 Shane Hillyard RN
September 26 Ellen Cordy Richard LaRossa	September 27 Linda Herzog Front Desk
September 30 Liselotte Martin	September 28 Aryan Anne Hipp Culinary
	September 30 Michaelene Achorn Administrator



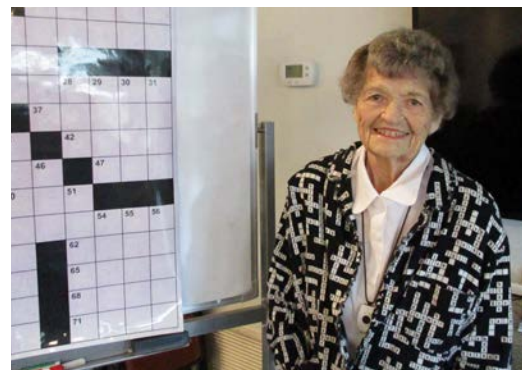
September 27–30, 2018

27 28 29 30

Thursday	Friday	Saturday	Sunday
9:00 am Personal Trips Concierge Aerobics Exercise Area	8:30 am Shopping, Bank, Pharmacy Concierge	9:00 am Billiards Billiards Room	9:00 am Darts Billiards Room
9:30 am Aquatics Pool	9:30 am Coffee & Conversation Lobby	10:00 am Card Club Atrium	Coffee & Conversation Lobby
10:00 am UNO, Cards, Dominoes Atrium	Travel Troupe Miles Of Smiles Atrium	10:30 am Coffee & Conversation Atrium	10:00 am Our Lady of Hope Group Liturgy Activity Area
Coffee & Conversation Lobby	10:00 am Visits with Bella Door-to-Door	1:00 pm Don't Miss Music With Tennyson Lobby	10:30 am Countryside Church Exercise Area
Visits with Bella Door-to-Door	11:00 am Circuit Training Exercise Area	Book Club 2LIB	1:00 pm Music with Dan & Kary Lobby
1:00 pm Atrium	Letter Writing Atrium	Visits with Bella Atrium	Walks with Bella Backyard
Visits with Bella Atrium	1:00 pm Bus Ride Concierge	1:30 pm Bingo Dining Room	2:00 pm GAMES Atrium
1:30 pm Bingo Dining Room	2:30 pm Music with Judy Locke Lobby	3:00 pm Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium
3:00 pm Happy Hour Lobby	3:00 pm Outdoor Activity with Bella Backyard	Happy Hour Atrium	Visits with Bella Atrium
6:30 pm Movie & Popcorn Atrium	Happy Hour Wine and Appetizers Atrium	6:30 pm Evening Movie & Popcorn Activity Area	6:30 pm Evening Movie & Popcorn Atrium
	6:30 pm Evening Movie & Popcorn Atrium		

Are you a pro at the Sunday crossword?

Millie is one of our professional crossword contestants, come challenge her or challenge yourself. Our record for completing a 75 word puzzle is 14 minutes! We look forward to sharpening our minds each week with trivia and crossword. We hope you will come share your wisdom!



Miles of Smiles

Are your bags packed every Friday? Do you know where we are traveling to next? Miles of smiles with Stephanie will take you on adventures to exotic lands, taste local cuisines, and learn about new cultures. Join us Friday mornings and see the world.



MANAGEMENT STAFF

Charlie Dierke
Executive Director
cdierke@CountrySideLakes.com
386.756.3480, Ext.102

Michaelene Achorn
Administrative Manager
machorn@CountrySideLakes.com
386.756.3480, Ext.103

Stephanie Lynch
Life Engagement Director
slynch@CountrySideLakes.com
386.756.3480, Ext.111

Tammy Sawtell, LPN
Director of Nursing
tsawtell@CountrySideLakes.com
386.756.3480, Ext.110

Trudy Simmons, LPN
Assistant Director of Nursing
tsimmons@CountrySideLakes.com
386.756.3480, Ext.104

Andrew Leszczynski
Director of Maintenance
aleszczynski@CountrySideLakes.com
386.756.3480, Ext.106

Celia Laureano
Director of Housekeeping
claureano@CountrySideLakes.com
386.756.3480, Ext.107

Diane Goyette
Director of Sales and Marketing
dgoyette@CountrySideLakes.com
386.756.3480, Ext.114

Jordan Gawel
Director of Culinary
jgawel@CountrySideLakes.com
386.756.3480, Ext.112