

CountrySide Chronicle

MONTHLY NEWS CALENDAR

MARCH 2019

Happiness from our Valentine's Day Party!



Love Never Ends

*We hold love in our heart, even when we are apart.
We feel love each and every way, at the beginning and end of everyday,
Love is the greatest gift from and to, and we share our love for all of you!*



CountrySideLakes.com

From the Director's Desk

Spring has sprung. I see pollen dust all over the cars in the parking lot again. This is a tough time of year for some. It appears we have had a mild winter, but we all know that a late cold snap usually shows up sometime in March.

I want to encourage all of you to join us for a Chef's Table dinner. We have had tremendous feedback and our last dinner filled up in just over one day. Check with Linda at the front desk regarding availability for our next one. Bon appetit!

Our annual Teddy Bear Drive is still in full swing. We appreciate

everyone's support and contributions. We are currently gearing up for the Hydration Drive that will be starting soon. Some exciting things are on the horizon, we are working to partner with the Daytona Tortuga's Baseball team this spring, and our First Responders as well. Stephanie will keep everyone posted.

March will bring us Bike Week, Daylight's Saving Time, Spring Break and St Patrick's Day. Bike week and Spring Break will bring back the people to kick start the local businesses economy. We are all blessed to live in the Sunshine State and sometimes it's hard



to remember we need to share our beautiful home with all the visitors.

Make a difference today.

Charlie

Bella's Corner

Follow Bella's photos & videos

@CSL32127

Thanks for your donations & support for CUDAS Unhooked!

We raised \$200 for CUDAS Unhooked and they were so grateful to received the donation. Every part of their home and living expenses is afforded by donation. They do not receive any government assistance. We will be helping in March with their BBQ party and we will be providing transportation for the seniors to attend their prom!

They all loved meeting Bella, which is no big surprise – who doesn't fall in love with her! They also got to meet Suzie Q, the therapy miniature horse! We enjoy being part of these wonderful young peoples' lives and we look forward to them all coming to visit us here very soon!



Congratulations Mary!

RESIDENT SPOTLIGHT

Mary Deininger

A member of our community for a little less than a year, Mary is a Boston native who lived in multiple locations around the country, traveled extensively to Europe with her husband Bill and, amazingly, worked with two Pulitzer Prize winners.

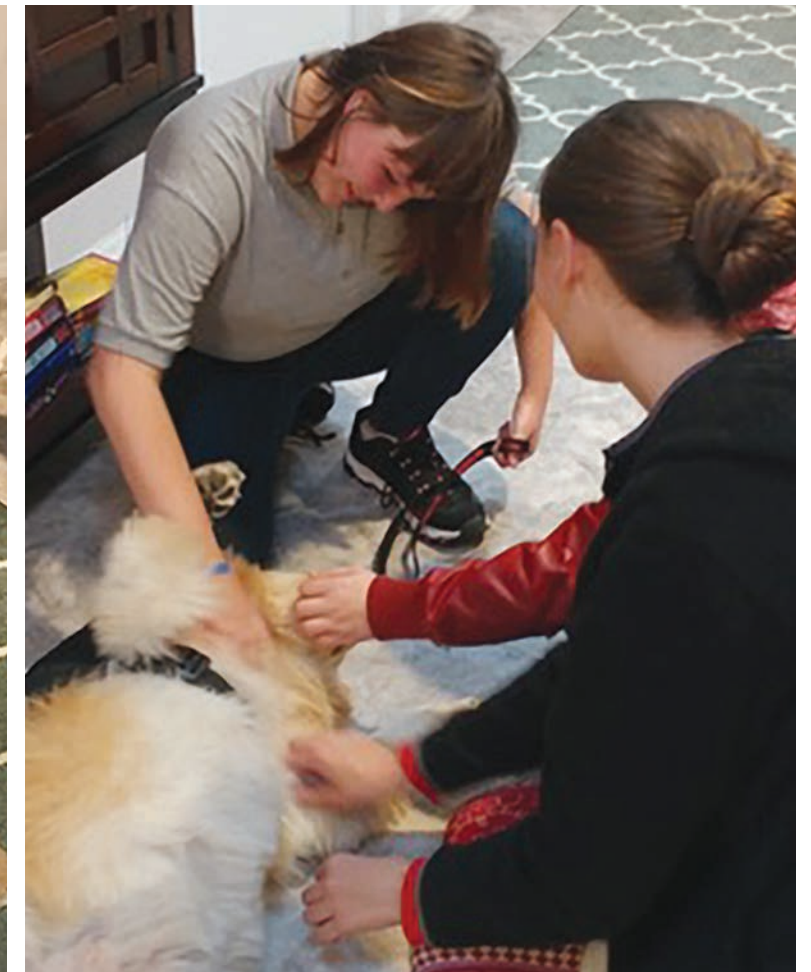
One was Mike Peters, author of the *Mother Goose and Grimm* comic. The other was Maxine Kumin, who won for her poetry. Mary is retired now but as a resident of CountrySide Lakes, she remains active – volunteering, going to the movies (she likes the independents and art house cinema), reading and having lunch with friends.

How did she wind up at CountrySide Lakes? It's a round-about story. After marrying Bill, who was from Wooster, they moved around the country for his work – Cleveland, Philly, back to Boston, Fort Wayne, Indiana and Raleigh, North Carolina. When Bill retired they moved to Sarasota, Florida, where they built a house.

"A lot of friends from Fort Wayne had places on West Coast – Midwesterners tend to go there," she said. "To be honest I never cared for it too much."

After Bill passed away, she was sitting in the house watching Jeopardy, "and I thought, 'I don't like this.'" She needed more camaraderie, not the kind of isolation a single family home invites. After trying another community on the state's East Coast, she found a home at CountrySide Lakes.

"I love it," she said. "I'm here with my two cats and I have a little porch. I'm happy."



CULINARY CORNER



Chef's Table Menu – March 14th

Sign-up with the Concierge to join us!

FIRST COURSE

Smoked Florida Fish Dip | Crispy Pita | Celery

SECOND COURSE

Iceberg wedge salad | Pickled Local Green Beans
Smoked Blue Cheese | Crispy Pancetta | Buttermilk Emulsion

THIRD COURSE

21-day Dry Aged Rib Eye | Au Gratin Potatoes
Grilled Asparagus | Peppercorn Cognac Cream

FOURTH COURSE

Aryan's Lemon Tart | LimonCello Sorbet | Chantilly Cream

We'll see you at breakfast!



Get ready to scream: IT'S MADNESS!

March Madness Fast Facts

- The odds of filling out a perfect bracket are one in 9,223,372,036,854,775,808 (that's a quintillion).
- Glen Rice holds the record for most points in a single tournament with 184 during Michigan's 1989 run, and Duke's Christian Laettner holds the career record with 407 points in 23 games.
- The record for most overtimes in a single game is four. It happened twice, in 1956 and 1961.
- The record for most points scored by individual in a NCAA tournament game belongs to Austin Carr, who recorded 61 points in Notre Dame's 1970 opener. Loyola Marymount scored the most amount of points by a team in one game with 149 in 1990, while North Carolina holds the record for fewest points: 20 in a 1941 game.
- Bracket pick hint #1: While upsets are common in early rounds, a No. 16 seed has never beaten a No. 1 seed.
- Three individuals have won an NCAA championship as a player and as a coach: Joe B. Hall as a player and coach of Kentucky, Bob Knight as a player with Ohio State and coach of Indiana and Dean Smith as a player at Kansas and coach at North Carolina.
- The Connecticut Huskies are the only school to win his-and-her national championships in the same year. The women's team won its one day after the men in 2004 and again in 2014.
- UCLA head coach John Wooden has the most national championships with 10. Among active men's coaches, Duke's Mike Krzyzewski leads the way with four. UConn women's basketball coach Geno Auriemma has won nine.
- The lowest seed to ever win the NCAA Tournament was Villanova as a No. 8 seed in 1985. This is considered to have been one of the best tournament finals of all time.
- Bracket pick hint #2: Only once have all four No. 1 seeds advanced to the Final Four. That happened when Kansas, North Carolina, UCLA and Memphis met in 2008.

For drama and high-level athleticism, it's difficult to beat March Madness. Many sports fans consider the Division I college basketball tournament one of the year's best events, rivaling the Super Bowl. It's 68 teams, win or go home, single elimination craziness that always produces upsets, tears and anxiety (especially if you're betting).

This year the tournament runs from March 19 to April 8 and once again, tons of teams in our relative neck of the woods are in the hunt. Duke and Virginia are both top-seed material. And Kentucky ... well, there's always Kentucky. SEC foe Tennessee, which spent a lot of time as the number one team in the nation, is also a favorite, and it's always difficult to count out North Carolina. Don't forget Florida, Auburn, Alabama, LSU, Virginia Tech and Ole Miss ... it's going to be really tough to nail that bracket this year.

Did we mention that the games will be on in our tavern? Come on in and cheer for your team, or at least for a great game.

March 1-14, 2019

Activities are shown in red.
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
8:30 am Shopping, Bank, Pharmacy Trips Concierge Desk	8:00 am Walmart/Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	8:30 am Humor Me Videos Atrium	8:30 am Grocery Orders Atrium	Ash Wednesday 9:00 am Shopping, Bank, Pharmacy Trips Concierge Desk	9:00 am Personal Trips Concierge Desk	8:30 am Documentary Atrium	8:00 am Walmart/Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	8:30 am Humor Me Videos Atrium	8:30 am Grocery Orders Atrium	9:00 am Shopping, Bank, Pharmacy Trips Concierge Desk	9:00 am Personal and Doctor trips Concierge Desk
9:30 am Dice Dots Win \$ Atrium	9:00 am Billiards Billiards Room	10:00 am Humor Me Videos Atrium	9:30 am Arts & Crafts Atrium	9:00 am Personal & Doctor Trips Concierge Desk	9:30 am Miles of Smiles Atrium	9:30 am Aerobics Exercise Area	9:30 am Positively Positive Atrium	9:00 am Crossword Lobby	10:00 am Humor Me Atrium	9:30 am Arts & Crafts Atrium	9:00 am Personal & Doctor Trips Concierge Desk	9:30 am Miles of Smiles with Stephanie Atrium	9:30 am Aerobics Exercise Area
10:00 am Visits with Bella Door-to-Door	10:00 am Billiards Billiards Room	Our Lady of Hope Group Liturgy Activity Area	Fitness Fun with JOJO Exercise Area	Aerobics Exercise Area	9:45 am Distribution of Ashes Second Floor	9:30 am Invincible Intervals Exercise Area	10:00 am Blackjack Atrium	10:00 am Billiards Billiards Room	NO Group Liturgy Atrium	Arts & Crafts Atrium	Fitness Fun with JOJO Exercise Area	10:00 am Our Lady of Hope Mass & Anointing Activity Area	9:30 am Billiards Billiards Room
10:30 am Trivia Atrium	9:30 am Fitness Fun with JOJO Exercise Area	10:30 am Countryside Church Exercise Area	10:00 am Visits with Bella Door-to-Door	9:30 am Stretch & Stability Exercise Area	10:00 am Visits with Bella Door-to-Door	Visits with Bella Door-to-Door	Visits with Bella Door-to-Door	9:30 am Fitness Fun with JOJO Exercise Area	10:30 am Countryside Church Exercise Area	10:00 am Visits with Bella Door-to-Door	9:30 am Stretch & Stability Exercise Area	10:00 am Our Lady of Hope Mass & Anointing Activity Area	9:30 am Invincible Intervals Exercise Area
11:00 am Circuit Training Exercise Area	Brain Games Atrium	1:00 pm Music with Dino Lobby	11:00 am Circuit Training Exercise Area	10:00 am Crossword Activity Area	10:30 am Puzzles Billiards Room	Visits with Bella Door-to-Door	1:00 pm Computer Class Atrium	Church of Epiphany and Communion Activity Area	1:00 pm Music with Bill Sbrogna Lobby	11:00 am Circuit Training Exercise Area	10:00 am Visits with Bella Door-to-Door	Visits with Bella Door-to-Door	10:00 am Puzzles Billiards Room
1:00 pm Music with Chuck Atrium	Church of Epiphany and Communion Activity Area	2:00 pm Dominoes Atrium	12:00 pm Short Stories with Stephanie Atrium	Visits with Bella Door-to-Door	10:45 am Dancing in your Seats Lobby	Uno Atrium	Bus Ride Concierge Desk	10:00 am Words in Words Atrium	3:00 pm Happy Hour Atrium	1:00 pm Visits with Bella Atrium	10:00 am Crossword Atrium	Lunch Bunch Concierge Desk	10:00 am Dominoes Lobby
Bus Ride Concierge Desk	10:00 am Crossword Lobby	3:00 pm Jason Lee on the Piano Lobby	1:00 pm Music with James Wise Lobby	Darts Billiards Room	Lunch Bunch Concierge Desk	Book Club Library	Stretch Exercise Area	1:30 pm Bingo Dining Room	6:30 pm Movie and Popcorn Atrium	2:00 pm BINGO Dining Room	10:00 am Crossword Atrium	11:00 am Circuit Training Exercise Area	1:00 pm Music with Jeff Morey Lobby
Visits with Bella Atrium	1:00 pm Rational Cats Music Lobby	Happy Hour Atrium	2:00 pm Visits with Bella Atrium	12:00 pm UNO Atrium	11:00 am Circuit Training Exercise Area	Hand and Foot Activity Area	Visits with Bella Atrium	2:30 pm Left Right Center Atrium	Bridge Activity Area	1:00 pm Dancing in your Seats Exercise Area	2:00 pm BINGO Dining Room	1:00 pm Music with Sam Collins Lobby	1:00 pm Hand and Foot Activity Area
2:00 pm Computer Class Atrium	1:30 pm Bingo Dining Room	6:30 pm Movie and Popcorn Atrium	2:00 pm BINGO Dining Room	1:00 pm Music with Mickey Lobby	1:00 pm Music with Tennyson Lobby	Happy Hour Atrium	Visits with Bella Atrium	3:00 pm Happy Hour Games with Stephanie Atrium	Outdoor Activity with Bella Backyard	3:00 pm Dancing in your Seats Exercise Area	2:00 pm Hand and Foot Activity Area	2:00 pm Jazz With Jonathan Lobby	2:00 pm Color Me Happy Atrium
3:00 pm Happy Hour Wine & Appetizers Atrium	2:00 pm Documentary Atrium		Dancing in your Seats Exercise Area	Walks with Bella Backyard	Visits with Bella Backyard	Happy Hour Atrium	Walks with Bella Backyard	6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Outdoor Activity with Bella Backyard	2:00 pm Hand and Foot Activity Area	2:00 pm Jazz With Jonathan Lobby	3:00 pm Happy Hour Atrium
Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium		Outdoor Activity with Bella Backyard	Hand and Foot Activity Area	2:00 pm Computer Class Lobby	Walks with Bella Backyard	Walks with Bella Backyard	Wine, Appetizers Atrium	6:30 pm Movie & Popcorn Atrium	3:00 pm Happy Hour Atrium	2:00 pm Dice Dotter Atrium	2:00 pm Jazz With Jonathan Lobby	3:00 pm Happy Hour Atrium
Darts Billiards Room	6:30 pm Movie & Popcorn Atrium		3:00 pm Happy Hour Atrium	Puzzles Atrium	2:00 pm Functional Flex Exercise Area	Happy Hour Atrium	Happy Hour Atrium	Outdoor Activity with Bella Backyard	Puzzles Billiards Room	6:30 pm Movie & Popcorn Atrium	3:00 pm Computer Class & Happy Hour Atrium	2:30 pm Functional Flex Exercise Area	2:00 pm Walks with Bella Backyard
6:30 pm Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Atrium		6:30 pm Happy Hour Atrium	Happy Hour Atrium	2:30 pm Spanish Class Dining Room	Walks with Bella Backyard	Walks with Bella Backyard	Outdoor Activity with Bella Backyard			6:30 pm Movie & Popcorn Atrium	2:30 pm Spanish Class Activity Area	6:30 pm Movie & Popcorn Atrium
	Puzzles Billiards Room		6:30 pm Movie & Popcorn Atrium	Happy Hour Atrium	3:00 pm Happy Hour & Trivia Atrium	Walks with Bella Backyard	Walks with Bella Backyard	Outdoor Activity with Bella Backyard			6:30 pm Movie & Popcorn Atrium	3:00 pm Volusia Medical Supply Atrium	6:30 pm Movie & Popcorn Atrium
				Visits with Bella Lobby	6:30 pm Movie & Popcorn Activity Area	Happy Hour Atrium	Happy Hour Atrium	Outdoor Activity with Bella Backyard			6:30 pm Shannon and JJ Lobby	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area
						Outdoor Activity with Bella Backyard	Happy Hour Atrium	Outdoor Activity with Bella Backyard				Connect Hearing Activity Area	Outdoor Activity with Bella Backyard
						6:30 pm Bingo Dining Room	6:30 pm Movie & Popcorn Activity Area	Darts Billiards Room				6:30 pm Shannon and JJ Lobby	6:30 pm Chefs Table Dining Room
						Movie & Popcorn Activity Area		Movie & Popcorn Activity Area					Movie & Popcorn Activity Area

March 15–26, 2019

Activities are shown in red.
Wellness classes are in blue.

15	16	17	18	19	20	21	22	23	24	25	26
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
9:30 am Short Stories with Stephanie Atrium	8:00 am Walmart/Publix Concierge Desk	HAPPY ST. PATRICK'S DAY 9:00 am Coffee & Conversation Lobby	8:30 am Humor Me Videos Atrium	8:30 am Grocery Orders Atrium	9:00 am Personal & Doctor Trips Concierge Desk	9:00 am Personal & Doctor trips Atrium	9:30 am Miles of Smiles with Stephanie Atrium	8:00 am Walmart/Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	9:30 am Arts & Crafts Atrium	8:30 am Grocery Orders Atrium
10:00 am Visits with Bella Door-to-Door	9:00 am Billiards Billiards Room	10:00 am Our Lady of Hope Group Liturgy Activity Area	9:30 am Arts & Crafts Atrium	9:00 am Personal and Doctor trips Concierge Desk	9:30 am Resident Council Meeting Atrium	9:00 am Billiards Billiards Room	10:00 am Visits with Bella Door-to-Door	9:00 am Coffee & Conversation Lobby	10:00 am Our Lady of Hope Group Liturgy Activity Area	10:00 am Fitness Fun with JOJO Exercise Area	9:00 am Personal & Doctor Trips Concierge Desk
11:00 am Circuit Training Exercise Area	9:30 am Fitness Fun with JOJO Exercise Area	10:30 am Countryside Church Exercise Area	10:00 am Fitness Fun with JOJO Exercise Area	9:30 am Aerobics Exercise Area	10:00 am Words in Words Lobby	9:30 am Aerobics Exercise Area	11:00 am Circuit Training Exercise Area	10:00 am Billiards Billiards Room	10:30 am Sunday Brunch Dining Room	10:30 am Crossword Atrium	9:00 am Personal & Doctor Trips Concierge Desk
1:00 pm Wheel of Fortune Atrium	10:00 am Church of Epiphany and Communion Activity Area	1:00 pm Music WITH DE LUNA Lobby	10:00 am Visits with Bella Door-to-Door	10:00 am Aerobics Exercise Area	10:00 am Visits with Bella Door-to-Door	9:30 am Bingo Dining Room	1:00 pm Ten Cent Blackjack Atrium	9:30 am Fitness Fun with JOJO Exercise Area	10:30 am Countryside Church Exercise Area	11:00 am Circuit Training Exercise Area	9:30 am Personal & Doctor Trips Concierge Desk
Bus Ride Concierge Desk	10:00 am Puzzles Billiards Room	2:00 pm ST. PATRICK'S DAY PARTY Atrium	11:00 am Circuit Training Exercise Area	10:00 am Crossword Atrium	10:45 am Dancing in your Seats Lobby	10:00 am Bingo Dining Room	Bus Ride Concierge Desk	10:30 Crossword Atrium	1:00 pm Stevie G Lobby	1:00 pm Circuit Training Exercise Area	9:30 am Aerobics Exercise Area
Stretch Exercise Area	1:00 pm Music with Tony T Lobby	3:00 pm Happy Hour Atrium	1:00 pm Music with Bobby Meeks Lobby	10:00 am Stretch & Stability Exercise Area	1:00 pm Visits with Bella Door-to-Door	10:00 am Puzzles Billiards Room	Stretch Exercise Area	2:00 pm Dominoes Atrium	2:00 pm Stevie G Lobby	1:00 pm Visits with Bella Atrium	9:30 am Stretch & Stability Exercise Area
Visits with Bella Atrium	2:00 pm BINGO Dining Room	6:30 pm Movie and Popcorn Atrium	1:00 pm Visits with Bella Atrium	1:00 pm Darts Billiards Room	1:00 pm Lunch Bunch Concierge Desk	10:00 am Visits with Bella Door-to-Door	Visits with Bella Atrium	3:00 pm Happy Hour Atrium	2:00 pm Dominoes Atrium	2:00 pm Bingo Dining Room	10:00 am Stretch & Stability Exercise Area
1:40 pm Dancing in your Seats Exercise Area	3:00 pm Happy Hour & Trivia with Stephanie Atrium		2:00 pm Darts Billiards Room	1:00 pm Wii Bowling Activity Area	1:00 pm Music with Shannon and JJ Lobby	1:00 pm Dancing in your Seats Lobby	1:40 pm Dancing in your Seats Exercise Area	Jeopardy Lobby	3:00 pm Happy Hour Atrium	2:00 pm Bridge Activity Area	10:00 am Crosswords Atrium
2:00 pm Ten Cent BLACKJACK Atrium	6:30 pm Blue Velvet Lobby		2:00 pm Music with Mickey Lobby	1:00 pm Music with Shannon and JJ Lobby	2:00 pm Walks with Bella Backyard	1:00 pm Music with Shannon and JJ Lobby	2:00 pm Dancing in your Seats Exercise Area	2:00 pm Jeopardy Lobby	6:30 pm Movie & Popcorn Atrium	3:00 pm Dancing in your Seats Exercise Area	1:00 pm Singing Quartet Lobby
3:00 pm Happy Hour Wine & Appetizers Atrium	Puzzles Billiards Room		2:00 pm Computer Class Atrium	2:00 pm Walks with Bella Backyard	2:00 pm Hand and Foot Activity Area	2:00 pm Music with Shannon and JJ Lobby	3:00 pm Happy Hour Atrium	2:00 pm Bingo Dining Room	6:30 pm Movie & Popcorn Atrium	3:00 pm Happy Hour Atrium	1:00 pm Singing Quartet Lobby
Outdoor Activity with Bella Backyard			3:00 pm Outdoor Activity with Bella Backyard	2:00 pm Hand and Foot Activity Area	2:00 pm Computer Class Atrium	2:00 pm Book Club Library	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour & Trivia with Stephanie Atrium		3:00 pm Happy Hour Atrium	10:00 am Crosswords Atrium
Darts Billiards Room			3:00 pm Happy Hour Atrium	2:00 pm Hand and Foot Activity Area	3:00 pm Functional Flex Exercise Area	Hand and Foot Activity Area	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Atrium	Outdoor Activity with Bella Backyard	6:30 pm Music with James Lobby	1:00 pm Singing Quartet Lobby
6:30 pm Music with Bob and Judy Lobby			3:00 pm Happy Hour Atrium	2:00 pm Computer Class Atrium	2:30 pm Spanish Class Activity Area	2:00 pm Hand and Foot Activity Area	3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard	3:00 pm Happy Hour & Trivia with Stephanie Atrium	7:30 pm Movie & Popcorn Activity Area	3:00 pm Music with Sam Collins Lobby
Movie & Popcorn Activity Area			6:30 pm Movie & Popcorn Activity Area	3:00 pm Computer Class Atrium	3:00 pm Happy Hour Atrium	2:00 pm Culinary Class Dining Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Music with Fubars Lobby	7:30 pm Movie & Popcorn Activity Area	3:00 pm Music with Sam Collins Lobby
				3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Activity Area	7:30 pm Movie & Popcorn Activity Area		3:00 pm Music with Sam Collins Lobby
				6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	7:30 pm Movie & Popcorn Activity Area			3:00 pm Music with Sam Collins Lobby
				6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	7:30 pm Movie & Popcorn Activity Area			6:30 pm Movie & Popcorn Activity Area
				6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	7:30 pm Movie & Popcorn Activity Area			6:30 pm Movie & Popcorn Activity Area

MARCH CSL BIRTHDAYS

RESIDENTS

- March 5
Virginia Wilson
- March 6
Dorothy Roberson
- March 7
Frank Carbone
- March 8
Katherine Huguely
- March 9
Pauline Peterson
Stephanie Rij
- March 12
Carolyn Lea
Robert Snover
- March 22
Wilton Lisk
- March 24
Pauline Benson
Lillian Lustig
- March 25
Myrna Kearns
- March 26
Emmy Lockman
- March 19
Cleo Rann

STAFF

- March 10
Keshawndra Evans
Beata Kossewski
- March 18
Charlene Forsyth
- March 22
Logyn Flaniken
- March 25
Alexis Ionadi
- March 28
Kimberly Noble

March 27–31, 2019

27 Wednesday	28 Thursday	29 Friday	30 Saturday	31 Sunday
9:00 am Personal & Doctor Trips Concierge Desk	8:30 am Grocery Orders Atrium	9:30 am Short Stories with Stephanie Atrium	8:00 am Walmart/Publix Concierge Desk	9:00 am Coffee & Conversation Lobby
9:30 am Miles of Smiles with Stephanie Atrium	9:00 am Personal and Doctor trips Atrium	10:00 am Dice Dotter Atrium	9:00 am Coffee & Conversation Lobby	10:00 am Our Lady of Hope Group Liturgy Activity Area
Darts Billiards Room	Billiards Billiards Room	Visits with Bella Door-to-Door	Billiards Billiards Room	Sunday Brunch Dining Room
10:00 am Visits with Bella Door-to-Door	Aerobics Exercise Area	11:00 am Circuit Training Exercise Area	9:30 am UNO Atrium	10:30 am Countryside Church Exercise Area
10:45 am Dancing in your Seats Lobby	9:30 am Puzzles Billiards Room	1:00 pm Ten Cent Blackjack Atrium	Fitness Fun with JOJO Exercise Area	1:00 pm Movie Atrium
Lunch Bunch Concierge Desk	Invincible Intervals Exercise Area	Bus Ride Concierge Desk	10:00 Crossword Atrium	2:30 pm Dominoes Atrium
1:00 pm JJ on the Piano Lobby	10:00 am Music with Jeff Morey Lobby	Stretch Exercise Area	Church of Epiphany and Communion Activity Area	3:00 pm Happy Hour Atrium
Walks with Bella Backyard	Visits with Bella Door-to-Door	Visits with Bella Atrium	Puzzles Billiards Room	6:30 pm Music with Jiller Lobby
Hand and Foot Activity Area	1:00 pm Book Club Library	1:40 pm Dancing in your Seats Exercise Area	1:00 pm Trivia Billiards Room	7:30 pm Movie & Popcorn Atrium
2:00 pm Functional Flex Exercise Area	Hand and Foot Activity Area	2:00 pm Computer Class Atrium	1:30 pm Bingo Dining Room	
3:00 pm Happy Hour Atrium	3:00 pm Sweet Melissa Lobby	3:00 pm Music with Larry James Lobby	3:00 pm Happy Hour & Trivia with Stephanie Atrium	
Visits with Bella Lobby	Happy Hour Atrium	Happy Hour Wine & Appetizers Atrium	6:30 pm Gailforce Lobby	
6:30 pm Movie & Popcorn Activity Area	Walks with Bella Backyard	Outdoor Activity with Bella Backyard	Movie & Popcorn Atrium	
	6:30 pm Bingo Dining Room	Darts Billiards Room	Puzzles Billiards Room	
	Movie & Popcorn Activity Area			
		6:30 pm Movie & Popcorn Activity Area		

Miles of Smiles with Stephanie!

Join us on Wednesday, March 27th to learn all about Bolivia! We enjoyed traveling to the French Polynesian Islands in February. SUN, SHELLS, and FUN! Local cuisine was served – Panakeke Lapotopoto! Where are you going to have your next adventure? Countryside Lakes?



Interesting Events in MARCH

- ❖ March 5, 1946 - The “Iron Curtain” speech was delivered by Winston Churchill at Westminster College in Fulton, Missouri. Churchill used the term to describe the boundary in Europe between free countries of the West and nations of Eastern Europe under Soviet Russia’s control.
- ❖ March 30, 1981 - Newly elected President Ronald Reagan was shot in the chest while walking toward his limousine in Washington, D.C., following a speech inside a hotel. The president was then rushed into surgery to remove a 22-caliber bullet from his left lung. “I should have ducked,” Reagan joked. Three others were also hit including Reagan’s Press Secretary, James Brady, who was shot in the forehead but survived. The president soon recovered from the surgery and returned to his duties.
- ❖ March 19, 1848 - Wyatt Earp (1848-1929) was born in Monmouth, Illinois. He became a legendary figure in the Wild West as a lawman and gunfighter, best known for the shootout at the O.K. Corral in 1881, in which the Earp brothers (Wyatt, Virgil and Morgan) fought and defeated the Ike Clanton gang.
- ❖ March 23, 1775 - Patrick Henry ignited the American Revolution with a speech before the Virginia convention in Richmond, stating, “I know not what course others may take; but as for me, give me liberty, or give me death!”

MaryAnn Parent

Congratulations, MaryAnn!
We're lucky to have you.



MaryAnn Parent is making a wonderful impact in our culinary department. Her desire to serve our residents, and make a difference in their lives is why she has already stepped up to be a morning supervisor! MaryAnn started November 2018 and has been an asset everyday. Her compassion and integrity for getting the job done is one of the many reasons we love to welcome new team members. Thank you MaryAnn for making such a difference so quickly. We are lucky to have you!

 **CountrySide Lakes**
A Shepherd Senior Living Community

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