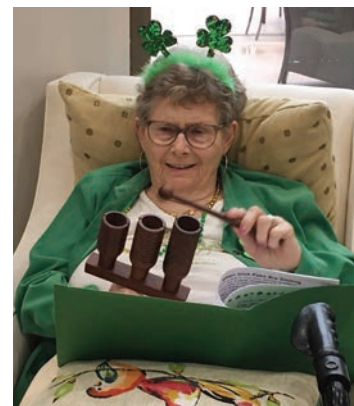
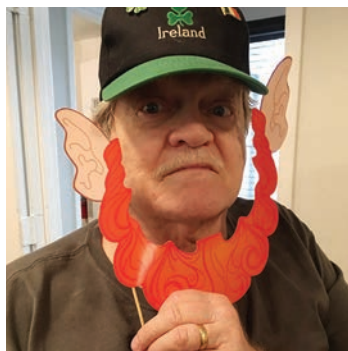


CountrySide Chronicle

MONTHLY NEWS CALENDAR

APRIL 2019

We were all Irish for a day!



From the Director's Desk

April arrived much sooner than I thought. This year is flying by! Hold on because we aren't slowing down. We have activities and entertainers all month. Not to mention Easter will be here before we all know it.

Easter is one of my favorite holidays. It's one of the first stories from the Bible that I remember from Sunday School growing up. Ash Wednesday last month kicked off the season. This month we have Palm Sunday, Passover, Good Friday and Easter Sunday. This celebration brings family and friends together. Kids love the Easter Egg hunt that happens. At my house it usually happened more than once.

The Easter Egg goes way back and it symbolizes new life and rebirth, which coincides with the resurrection of Jesus. The Easter Bunny comes from tales of German immigrants in Pennsylvania in the 1700's. Children used to make nests for the mythical egg-laying hare to lay its eggs. Closer to our time, the PAAS, do-it-yourself, egg dyeing kits and the awful smell of vinegar. Easter wouldn't have been complete when I was a child without the plastic eggs that the Easter Bunny always put some coins in. As I got older and had kids of my own, the Easter Bunny started putting dollar bills into the eggs.



Take the time this Easter to reach out to family and friends — spend some time catching up and nurturing the relationships.

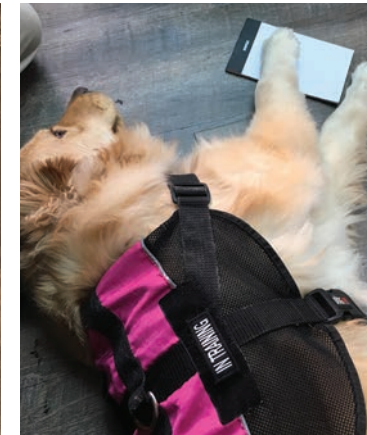
Make a difference today.

Charlie

Bella's Corner

Follow Bella's photos & videos

@CSL32127



Bella has been waiting and taking notes on who is new and she is ready to be your friend. Bella continues to give support and love to every person she greets. Her job is never done. The love from pets is unconditional and she strives to love everyone, everyday. If you need your spirit lifted or a smile put on your face, no one can do it faster!

Remember that first dance at your prom? The Cudas Unhooked are going soon.

The joyful feelings of being with the one you loved, swaying to the music?

On April 19 we will have the honor of taking the Cudas UnHooked seniors to dinner and prom. Will you help? We are still collecting donations to provide dinner for all the students attending. See Stephanie for donation options. And thank you!



Help a teen enjoy a night of baseball for a good cause

April 12 is going to be a 'Friday Night Done Right.' That's when our Cudas UnHooked students are going to a baseball game that will support area youth programs.

"Help our youth continue to thrive and break down barriers," said Stephanie Lynch, Director of Life Engagement. "These are good kids and this is a good cause."

Donations of \$12 will enable a teen to enjoy a great night out at Jackie Robinson stadium, where the Dayton Tortugas will host a team from South Florida. See Stephanie for donation options.

RESIDENT SPOTLIGHT

Ellie & Clarence Bloom

Married 62 years, Ellie and Clarence Bloom moved to CountrySide Lakes last January. We'll let you in on a little secret. Only one of them was sold on the idea. But that changed pretty quickly, says their daughter Lenore Rosa, who helped them find their comfortable place in the Florida sun known as CSL. "Dad was sold from the beginning but mom wasn't in favor of it," says Rosa, "but just the other day she told me it was a good choice. And it was time. They were living about three-and-a-half hours from me and now they're 15 minutes down the road. It's great. I can visit pretty much every day and help them with their doctors' appointments."

And the verdict from the happy couple? "I love the staff," said Clarence Bloom. "I love going to therapy with Chad, Amber and Angela," adds Ellie. "And I love the staff too!"

After meeting and falling in love, the couple raised three children in Brentwood, Long Island. Along with Lenore, there are two sons, Michael and John. Clarence served 36 years in the Navy, then went to work as a mailman. In addition to raising three kids, Ellie was a foster mother. However, she likes to say they really have six kids, counting her son-in-law and two daughters-in-law.

The Blooms had been living in a single home, which is one of the reasons Rosa steered them toward CountrySide Lakes. They can keep their dog Jack, a Maltese-poodle mix. They have a roomy kitchen and living room and they turned one of the two bedrooms into a family room – which is how they're used to living. Interestingly, Rosa said she had considered another community closer to her, but once she saw the setup at CountrySide Lakes, the decision was made.

They both love being so close to their granddaughter and great-granddaughters. They've joined in some card games, play Wheel of Fortune and attend church... and tend to smile a lot, adding light and humor to CountrySide Lakes.



From Long Island to CountrySide Lakes, with love

CULINARY CORNER



Chef's Table Menu – April 9th

Sign-up with the Concierge to join us!

1ST COURSE

Strawberry Gazpacho | Cilantro | Citrus Oil

2ND COURSE

Jumbo Lump Crab Cake | Lowcountry Remoulade

3RD COURSE

Prosciutto and Spinach Stuffed Chicken Breast
Goat Cheese Baked Gnocchi | Lemon Herb Jus

4TH COURSE

S'mores Tort | Toasted Marshmallow
Brandied Cherries

Dinner is served!



A new graduate with new skills but same great smile

Stephanie Lynch, Director of Life Engagement at Countryside Lakes, recently completed two rigorous sections of the Modular Education Program for Activity Professionals.

Naturally this called for a round of drinks – root beer floats, to be precise.

Stephanie worked diligently to complete a full 32 weeks of intensive training to become the very best at what she does. With this graduation and along with her college education and work in this field, she is now certified by the National Certification Council for Activity Professionals.

“We could not be more excited and neither could she,” said Charlie Dierke. “This certification process is rigorous and Stephanie’s willingness to complete it shows what a professional she is, and a caring individual as well.”

The National Certification Council for Activity Professionals is one of the few certifying bodies recognized by the federal government. It focuses on the needs of the elderly and the role of the activity professional in long-term care community.

Said Lynch, “Activities are essential for resident quality of life. The intent is that the community identifies each resident’s interests and needs and then involves them in ongoing programs to help them attain the resident’s highest practicable level of physical, mental, and psychosocial well-being.

Lynch added that activities involving the arts are very important. A study conducted with the Levine School of Music in Washington DC studied 300 seniors – half enrolled in an arts program once a week and half not enrolled – over a two-year period. Those who attended the arts program had better health. In addition, the arts group used fewer medications, felt less depressed and less lonely and was more socially active.

Said Dierke, “Activity professionals are some of the unsung heroes of our profession. They are called to do much and what they do positively affects lives.”



April 1–14, 2019

Activities are shown in red.
Wellness classes are in blue.

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|---|--|--|--|--|--|---|---|---|---|--|--|--|---|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 8:30 am Grocery Orders Atrium | 8:30 am Grocery Orders Atrium | 9:00 am Shopping, Bank, Pharmacy Trips Concierge Desk | 8:45am Aerobics Exercise Area | 9:30 am Dice Dots Atrium | 8:00 am Walmart, Publix Concierge Desk | 9:00 am Coffee & Conversation Lobby | 9:00 am Personal Trips Concierge Desk | 8:30 am Grocery Orders Atrium | 9:00 am Shopping, Bank, Pharmacy Trips Concierge Desk | 8:45 am Stretch & Stability Exercise Area Atrium | 8:30 am Humor Me Videos Atrium | 8:00 am Walmart, Publix Concierge Desk | 9:00 am Coffee & Conversation Lobby |
| 9:30 am Fitness Fun with JOJO Exercise Area | 8:45am Stretch & Stability Exercise Area Atrium | 9:30 am Miles of Smiles with Stephanie Atrium | 9:00 am Personal Trips Concierge Desk | 10:30 am Ten Cent Blackjack Atrium | 9:00 am Billiards Billiards Room | 10:00 am Documentary On Miles of Smiles country Atrium | 9:30 am Uno/Dominos Atrium | 8:45am Stretch & Stability Exercise Area Atrium | 9:30 am Miles of Smiles with Stephanie Atrium | 9:00 am Personal and Doctor trips Concierge Desk | 9:30 am The Price is Right Atrium | 9:00 am Billiards Billiards Room | 10:00 am Documentary on Miles of Smiles country Atrium |
| 10:00 Arts & Crafts Easter Crafts Atrium | 9:00 am Personal & Doctor Trips Concierge Desk | 10:00 am Visits with Bella Door-to-Door | 9:30 am Aquatic Aerobics Pool & Patio | 11:00 am Circuit Training Exercise Area | 9:30 am Fitness Fun with JOJO Exercise Area | NO Group Liturgy | 10:00 am Visits with Bella Door-to-Door | 9:00 am Personal & Doctor Trips Concierge Desk | 10:00 am Our Lady of Hope Mass & Anointing Activity Area | 9:00 am Billiards Billiards Room | 10:00 am Visits with Bella Door-to-Door | 9:30 am Fitness Fun with JOJO Exercise Area | 10:00 am Our Lady of Hope Group Liturgy Activity Area |
| 11:00 am Circuit Training Exercise Area | 9:30 am Aquatic Aerobics Pool & Patio | 10:45 am Dancing in your Seats Lobby | 10:00 am Dominoes Atrium | 1:00 pm Music with Chuck Atrium | 10:00 am Church of Epiphany Activity Area | 10:30 am Countryside Church Exercise Area | 11:00 am Circuit Training Exercise Area | 10:00 am Personal & Doctor Trips Concierge Desk | 10:30 am Visits with Bella Door-to-Door | 9:30 am Aquatic Aerobics Pool & Patio | 10:30 am Ten Cent Blackjack Atrium | 11:00 am Church of Epiphany Activity Area | 10:30 am Countryside Church Exercise Area |
| 1:00 pm Visits with Bella Door-to-Door | 10:00 am Crossword Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Invincible Intervals Exercise Area | 1:00 pm Music with Chuck Atrium | 10:00 am Words in Words Atrium | 1:00 pm Music with Dino Lobby | 1:00 pm Music with Mickey Lobby | 9:30 am Aquatic Aerobics Pool & Patio | 10:30 am Puzzles Billiards Room | 10:00 am Dominoes Atrium | 11:00 am Circuit Training Exercise Area | 1:00 pm Lunch Bunch Lobby | 1:00 pm Music with Dan & Kary Lobby |
| 1:00 pm Music with Sweet Melissa Lobby | 12:00 pm Ten Cent BLACKJACK Atrium | 1:00 pm Music with Tennyson Lobby | 1:00 pm Nail Salon Nurses Station | 1:00 pm Bus Ride Concierge Desk | 11:00 am Lunch Bunch Concierge Desk | 2:00 pm UNO Atrium | Shopping: Dollar Tree Concierge Desk | 10:00 am Visits with Bella Door-to-Door | 10:45 am Dancing in your Seats Lobby | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Words in Words Atrium | 1:00 pm Crossword Lobby | 2:00 pm Music with Dan & Kary Lobby |
| 2:00 pm Visits with Bella Atrium | 1:00 pm Music with Mickey Lobby | 2:00 pm Visits with Bella Backyard | 1:30 pm Puzzles Billiards Room | 1:40 pm Dancing in your Seats Exercise Area | 1:30 pm Bingo Dining Room | 3:00 pm Happy Hour Atrium | 2:00 pm Shopping: Dollar Tree Concierge Desk | 10:00 am Crossword Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Stretch Exercise Area | 1:00 pm Sports Billiards Room | 2:00 pm Just Color Atrium |
| 2:00 pm Bealls Outlet Concierge | 1:00 pm Music with Mickey Lobby | 2:00 pm Left Right Center Lobby | 1:00 pm Book Club Library | 2:00 pm Visits with Bella Atrium | 2:00 pm Computer Class Atrium | 6:30 pm Movie and Popcorn Atrium | 2:00 pm UNO Atrium | 10:00 am Music with Sam Collins Lobby | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Bus Ride Concierge Desk | 1:30 pm Visits with Bella Atrium | 3:00 pm Jason Lee on the Piano Lobby |
| 2:00 pm Dancing in your Seats Exercise Area | 1:00 pm Music with Mickey Lobby | 2:00 pm Left Right Center Lobby | 1:30 Hand and Foot Activity Area | 2:00 pm Computer Class Atrium | 2:30 Brain Games Atrium | 3:00 pm Happy Hour & Trivia Atrium | 3:00 pm Happy Hour Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 1:30 pm Bingo Dining Room | 3:00 pm Happy Hour & Trivia Atrium |
| 3:00 pm Bingo Dining Room | 2:00 pm Walks with Bella Backyard | 2:30 pm Spanish Class Dining Room | 1:30 Bingo Dining Room | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 6:30 pm Movie and Popcorn Atrium | 3:00 pm Happy Hour Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 3:00 pm Outdoor Activity with Bella Backyard | 2:00 pm Hand and Foot Activity Area | 3:00 pm Spanish Class Dining Room | 3:00 pm Bingo Dining Room | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 6:30 pm Al Canali Band Lobby | 3:00 pm Happy Hour Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 3:00 pm Happy Hour Atrium | 2:00 pm Work Autism Day: Pie in the Face for Stephanie Atrium | 3:00 pm Happy Hour & Trivia with Stephanie Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 6:30 pm Movie and Popcorn Atrium | 3:00 pm Happy Hour Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie & Popcorn Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour & Trivia with Stephanie Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 6:30 pm Movie & Popcorn Atrium | 3:00 pm Happy Hour Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie & Popcorn Atrium | 3:00 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 6:00 pm Music with Uncle John Lobby | 6:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie & Popcorn Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |
| 6:30 pm Movie Atrium | 6:30 pm Happy Hour Atrium | 6:30 pm Outdoor Activity with Bella Backyard | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:00 pm Movie & Popcorn Activity Area | 7:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Cupcake Decorating Dining Room | 1:00 pm Visits with Bella Atrium | 3:00 pm Happy Hour & Trivia Atrium | 6:30 pm Movie and Popcorn Atrium |

April 15-26, 2019

Activities are shown in red.
Wellness classes are in blue.

| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
|---|---|---|---|---|--|--|---|---|--|---|---|
| Monday | Tuesday | Wednesday | Thursday | Good Friday | Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
| 8:30 am Grocery Orders Atrium | 8:30 am Grocery Orders Atrium | 9:00 am Resident Council Meeting Atrium | 8:30 am Grocery Orders Atrium | Passover Begins at Sundown 9:30 am Miles of Smiles with Stephanie Atrium | 9:00 am Crossword Atrium | Easter Sunday 9:00 am Coffee & Conversation Lobby | 8:30 am Coffee & Conversation Lobby | 8:30 am Grocery Orders Atrium | 8:30 am | 8:45am Stretch & Stability Exercise Area | 9:30 am |
| 9:30 am Arts & Crafts Pour Painting Atrium | 8:45am Stretch & Stability Exercise Area | 9:30 am Darts Billiards Room | 8:45am Stretch & Stability Exercise Area | 10:00 am Kids City USA VPK Singing Easter Egg Hunt Lobby | 9:30 am Billiards Billiards Room | 10:00 am Church of Epiphany Activity Area | 9:30 am Just Color Atrium | 8:45am Stretch & Stability Exercise Area | 9:30 am Miles of Smiles with Stephanie Atrium | 9:00 am Personal and Doctor trips Atrium | 10:00 am Visits with Bella Door-to-Door |
| 10:00 am Visits with Bella Door-to-Door | 9:00 am Personal and Doctor trips Concierge Desk | 10:00 am Brain Games Atrium | 9:00 am Personal and Doctor trips Atrium | 11:00 am Easter Egg Hunt Lobby | 9:30 am Church of Epiphany Activity Area | Our Lady of Hope Group Liturgy Activity Area | 10:00 am Visits with Bella Door-to-Door | 9:00 am Personal & Doctor Trips Concierge Desk | Darts Billiards Room | 9:30 am Aquatic Aerobics Pool & Patio | 11:00 am Circuit Training Exercise Area |
| 11:00 am Circuit Training Exercise Area | 9:30 am Aquatic Aerobics Pool & Patio | 10:45 am Dancing in your Seats Lobby | 9:30 am Aquatic Aerobics Pool & Patio | 1:00 pm Ten Cent Blackjack Atrium | 10:00 am Walmart, Publix Concierge Desk | EASTER Sunday Brunch Dining Room | 10:00 Crossword Atrium | 9:30 am Aquatic Aerobics Pool & Patio | 10:00 am Visits with Bella Door-to-Door | 10:45 am Dancing in your Seats Lobby | 1:00 pm Ten Cent Blackjack Atrium |
| 1:00 pm Music with Bobby Meeks Lobby | 10:00 am Crossword Atrium | 11:00 am Happy Birthday April Babies Dining Room | 10:00 am Puzzles Billiards Room | Bus Ride Concierge Desk | 1:00 pm Church of Epiphany Activity Area | 10:30 am Countryside Church Exercise Area | 11:00 am Circuit Training Exercise Area | Visits with Bella Door-to-Door | 11:00 am Circuit Training Exercise Area | 10:00 am Culinary Class Incredible Edibles Dining Room | 1:40 pm Dancing in your Seats Exercise Area |
| Shopping: Kohls Concierge Desk | 12:00 pm Ten Cent BLACKJACK Atrium | 1:00 pm Words in Words Lobby | 10:00 am Nail Salon Nurses Station | Stretch Exercise Area | 1:00 pm Jeopardy Lobby | 1:00 pm Gailforce Lobby | 1:00 pm Music with James Wise Lobby | 1:00 pm Tennyson Lobby | 1:00 pm Walks with Bella Backyard | 1:00 pm Music with Jeff Morey Lobby | 2:30 pm Music with Judy Locke Lobby |
| Visits with Bella Atrium | 1:00 pm Music with Dino Lobby | Walks with Bella Backyard | Visits with Bella Door-to-Door | Visits with Bella Atrium | Sports Billiards Room | 2:00 pm Dominoes Atrium | Shopping: Bealls & Ross Concierge Desk | Hand and Foot Activity Area | Hand and Foot Activity Area | Book Club Library | 3:00 pm Happy Hour Wine & Appetizers Atrium |
| 2:00 pm Bingo Dining Room | Walks with Bella Backyard | Hand and Foot Activity Area | 1:00 pm Music with Michael T Lobby | Dancing in your Seats Exercise Area | 1:40 pm Dancing in your Seats Exercise Area | 3:00 pm Happy Hour Atrium | Visits with Bella Atrium | 2:00 pm Ten Cent BLACKJACK Atrium | 2:00 pm Functional Flex Exercise Area | Hand and Foot Activity Area | Happy Hour Wine & Appetizers Atrium |
| Bridge Activity Area | Hand and Foot Activity Area | 2:00 pm Functional Flex Exercise Area | 2:00 pm Book Club Library | 2:00 pm Music with Judy & Rob Lobby | 2:00 pm Bingo Dining Room | 6:30 pm Movie & Popcorn Atrium | Visits with Bella Atrium | 12:00 pm Ten Cent BLACKJACK Atrium | 3:00 pm Happy Hour Atrium | 2:00 pm Bingo Dining Room | Outdoor Activity with Bella Backyard |
| Dancing in your Seats Exercise Area | 2:00 pm See Concierge MOVIES @ Pavilion \$6.50 | 2:30 pm Sherri on the Piano Lobby | Hand and Foot Activity Area | 3:00 pm Dancing in your Seats Exercise Area | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 2:00 pm Bingo Dining Room | Walks with Bella Backyard | 3:00 pm Functional Flex Exercise Area | Hand and Foot Activity Area | Darts Billiards Room |
| Outdoor Activity with Bella Backyard | 3:00 pm Crossword Atrium | Spanish Class Activity Area | 2:00 pm Bingo Dining Room | 2:00 pm Music with Judy & Rob Lobby | 2:00 pm Music with Judy & Rob Lobby | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | Hand and Foot Activity Area | 3:00 pm Happy Hour Atrium | 2:00 pm Bingo Dining Room | Happy Hour Wine & Appetizers Atrium |
| 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 6:30 pm Blue Velvet Lobby | Visits with Bella Lobby | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | Outdoor Activity with Bella Backyard |
| 6:30 pm Movie & Popcorn Activity Area | Visits with Bella Lobby | Visits with Bella Lobby | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 7:30 pm Movie & Popcorn Atrium | 6:30 pm Outdoor Activity with Bella Backyard | Walks with Bella Backyard | 3:00 pm Happy Hour Atrium | 2:00 pm Bingo Dining Room | Darts Billiards Room |
| | 6:30 pm Music with Chuck | 6:30 pm George Gall Lobby | Walks with Bella Backyard | 2:00 pm Bingo Dining Room | 2:00 pm Music with Judy & Rob Lobby | 3:00 pm Happy Hour Atrium | 6:30 pm Movie & Popcorn Atrium | Hand and Foot Activity Area | 6:30 pm Movie & Popcorn Activity Area | 3:00 pm Happy Hour Atrium | 6:30 pm Movie & Popcorn Activity Area |
| | 7:30 pm Movie & Popcorn Atrium | | 2:00 pm Bingo Dining Room | 2:00 pm Music with Judy & Rob Lobby | 3:00 pm Happy Hour Atrium | 3:00 pm Happy Hour Atrium | 6:30 pm Movie & Popcorn Activity Area | Walks with Bella Backyard | 6:30 pm Movie & Popcorn Activity Area | 6:30 pm Movie & Popcorn Activity Area | |

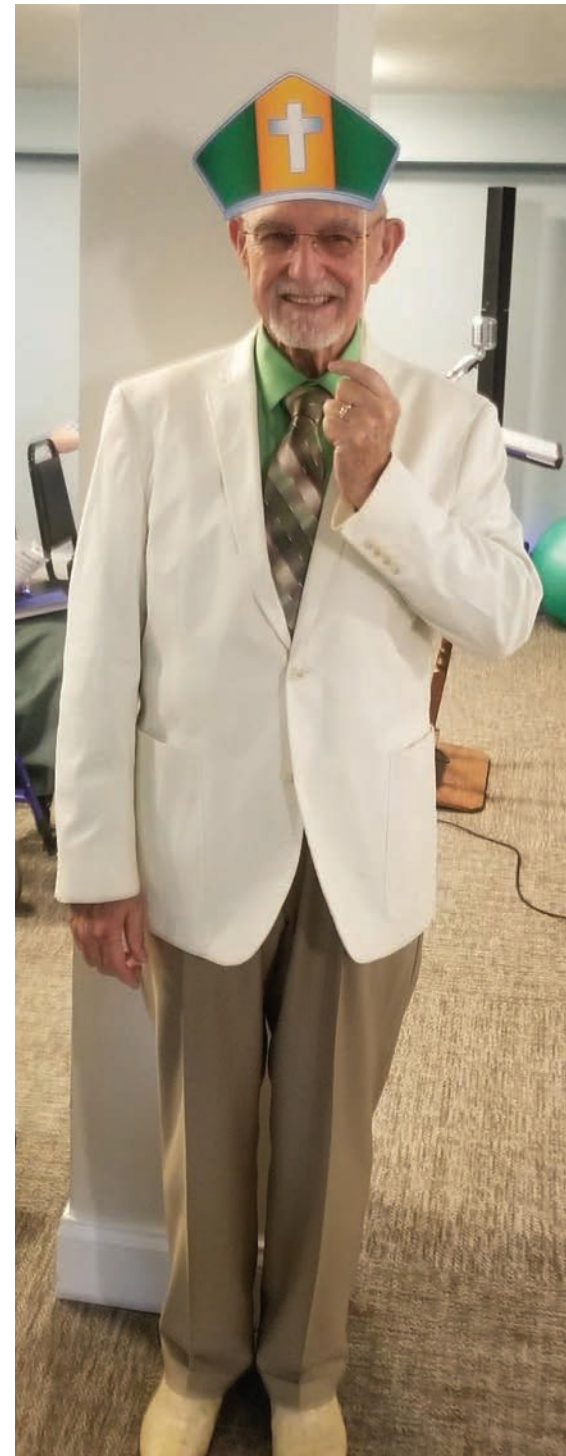
APRIL CSL BIRTHDAYS

| RESIDENTS | STAFF |
|---|---------------------------------|
| April 1 Joyce Cameron | April 9 Debra Pope |
| April 3 Thelma Shaw Virginia Frymier | April 14 Becky Guaderrama |
| April 6 Priscilla Brodie | April 18 Stephanie Boudah |
| April 8 Cecilia McGill | April 22 Philip Gawel |
| April 11 Warren Anderson Carolyn Wencil | April 26 Virginia Schutte |
| April 14 Freda Porter | |
| April 17 Faye Kricek Phyllis Carmean Margaret Ward | |
| April 30 Bernie Stanton-Jaffe | |

April 27–30, 2019

| 27 Saturday | 28 Sunday | 29 Monday | 30 Tuesday |
|---|--|--|---|
| 8:00 am Walmart, Publix Concierge Desk | 9:00 am Casino Boat Cruise Lobby | 8:30 am Grocery Orders Atrium | 8:30 am Grocery Orders Atrium |
| 9:00 am Crossword Atrium Billiards Billiards Room | 10:00 am Coffee & Conversation Lobby | 9:30 am Fitness Fun with JOJO Exercise Area | 8:45am Stretch & Stability Exercise Area Atrium |
| 9:30 am Church of Epiphany Activity Area | 10:30 am Documentary On Miles of Smiles country Atrium | 10:00 am Visits with Bella Door-to-Door | 9:00 am Personal and Doctor trips Concierge Desk |
| Fitness Fun with JOJO Exercise Area | Our Lady of Hope Group Liturgy Activity Area | LRG \$WIN\$ Atrium | 9:30 am Aquatic Aerobics Pool & Patio |
| 10:00 Wheel of Fortune Atrium | Countryside Church Exercise Area | 11:00 am Circuit Training Exercise Area | 10:00 am UNO Atrium |
| Church of Epiphany Activity Area | 1:00 pm Music with Ron & Diane Lobby | 1:00 pm Music with Sweet Melissa Lobby | Visits with Bella Door-to-Door |
| Puzzles Billiards Room | 2:00 pm Dominoes Atrium | 2:00 pm Bingo Dining Room | Darts Billiards Room |
| 11:00 am Lunch Bunch Lobby | 3:00 pm Happy Hour Atrium | Bridge Activity Area | 1:00 pm Music with Uncle John Lobby |
| 1:00 pm Elvis Presley & Marilyn Monroe Lobby | 6:30 pm Movie & Popcorn Atrium | Dancing in your Seats Exercise Area | Walks with Bella Backyard |
| Sports Billiards Room | | Outdoor Activity with Bella Backyard | Hand and Foot Activity Area |
| 2:30 pm Bingo Dining Room | | 3:00 pm Happy Hour Atrium | 2:00 pm See Concierge MOVIES @ Pavilion \$6.50 Atrium |
| 3:00 pm Happy Hour Atrium | | 6:30 pm Movie & Popcorn Activity Area | 3:00 pm Happy Hour Atrium |
| 6:30 pm Movie & Popcorn Atrium | | | Visits with Bella Lobby |
| Puzzles Billiards Room | | | 6:30 pm Movie & Popcorn Activity Area |

We would love to sincerely thank Pastor Dannie Webster for always being there for our residents and giving spiritual guidance in all that they face. The best part about Pastor Dannie is that he is always in on the fun we like to have!



How do you say 'thank you' for safety?



Easy. All it takes is a hot meal and a handshake.

On April 20th we're sponsoring another First Responders Breakfast. The idea is to give a little back to first responders, our true community heroes. Players from the Daytona Tortugas baseball team will also be there with their mascot Sheldon, giving out tickets to a game at Jackie Robinson stadium. It's a small way of honoring the big commitment first responders make every day to keep us safe.



Be sure to be out on the front porch to thank them for all their hard work. Breakfast will be served from 7-9 am. If you want to help, just contact Stephanie.

Interesting Events in APRIL

- ❖ April 3, 1860 - In the American West, the Pony Express service began as the first rider departed St. Joseph, Missouri. For \$5 an ounce, letters were delivered 2,000 miles to California within ten days. The famed Pony Express riders each rode from 75 to 100 miles before handing the letters off to the next rider. A total of 190 way stations were located about 15 miles apart. The service lasted less than two years, ending upon the completion of the overland telegraph.
- ❖ April 6, 1896 - After a break of 1500 years, the first Olympics of the modern era was held in Athens, Greece.
- ❖ April 22, 1864 - "In God We Trust" was included on all newly minted U.S. coins by an Act of Congress.
- ❖ April 28, 1789 - On board the British ship Bounty, Fletcher Christian led a mutiny against Captain William Bligh, setting him and 18 loyal crew members adrift in a 23-foot open boat. Bligh survived a 47-day voyage sailing over 3,600 miles before landing on a small island. Christian sailed the Bounty back to Tahiti, eventually settling on Pitcairn Island and burning the ship.
- ❖ April 30, 1789 - George Washington became the first U.S. President as he was administered the oath of office on the balcony of Federal Hall at the corner of Wall and Broad Streets in New York City.

John Edgar

Congratulations, John!
We're lucky to have you.



John came to CountrySide Lakes one year ago. He was working as a Med Tech for 4 1/2 years and decided to further his education by going to school to become a Nurse.

He moved to the Port Orange area from Crystal River 5 year ago, as he puts it "so he could enjoy a beach that actually has waves." John has played inline hockey competitively for 30 years.

John is willing to help when it is needed and has stepped into the role of being a nurse with ease. We enjoy having him on our team!


CountrySide Lakes®
A Shepherd Senior Living Community

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