

CountrySide Chronicle

MONTHLY NEWS CALENDAR

JULY 2019

Kitten Playtime!

A big thanks goes to Wendy at Wendy's Kitten Mingle for bringing by these cute cuddlies for us to hold, love on and play with!



From the Director's Desk

I want to thank everyone who attended our 1st Annual Putt Putt Championship last month. We had a great turnout. We had an awesome time and crowned Bob Solomon our First Champ. Lilly Hamner gave him a run for his money, losing out to Bob in a playoff, by just one stroke.

Two days later we had a 200-pound black bear on the same putting green. Imagine if he had shown up during our tournament. Too much fun!!!

July brings another packed month for activities and visitors. Our first event will be to celebrate our nation's independence, July 4th. Stephanie will keep us all hopping that day for sure.

I want to announce Chris Favata as our new Executive Chef. He has worked long and hard under three previous chefs. We are very excited Chris accepted the position and can't wait to see the positive changes he brings to the department he has been a part of for so long. Please join me in welcoming him and thank him for taking the reins of the culinary team. We are blessed to have him.

Finally, CountrySide needs your help. We are updating all our records constantly. One item is taking too long, Medicare cards. As most of you know Medicare previously used your Social Security number as their number, but that has changed. Everyone has been issued a new



Medicare card with a new Medicare number. Please make sure we have a copy of your new card with your new number on it. Thanks in advance for your help.

Make a difference today.

Charlie

RESIDENT SPOTLIGHT

Jack Watson

Homing in on 100 and still going strong!

Jack Watson, age 99, has only been a resident for about a month, but he already has quite a reputation.

He likes to listen to music. And dance.

And he has a heart of gold and a laugh that goes a long way.

He has also got to be one of the few people in the world who have been a Christmas tree farmer, a cattle rancher, a Navy chaplain, a theology professor and a clinical therapist with a busy practice. How many of those can you name?

A native of Oklahoma, Jack eventually wound up in the New Orleans area. That's where he started Christmas tree farming and that's where he raised his cattle as well because, well, "That's what people from Oklahoma do," he said with a laugh. He was also part of a counseling practice for nearly 30 years ... and all this while raising two sons, one of whom went on to become an actor.

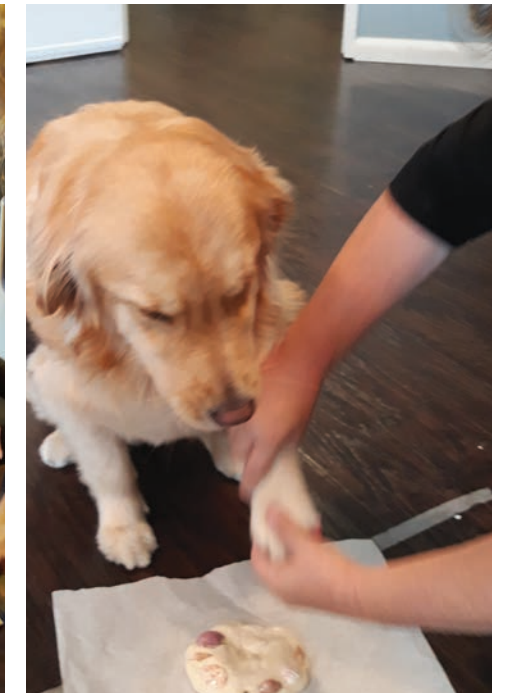
The final word on Jack? He's a distinguished gentleman with a heart of gold, loves his family and is happy to be at CountrySide Lakes.

Bella's Corner

Follow Bella's photos & videos

@CSL32127

Bella had fun making her paw print shell craft with Stephanie! She also found some new friends of all kinds.

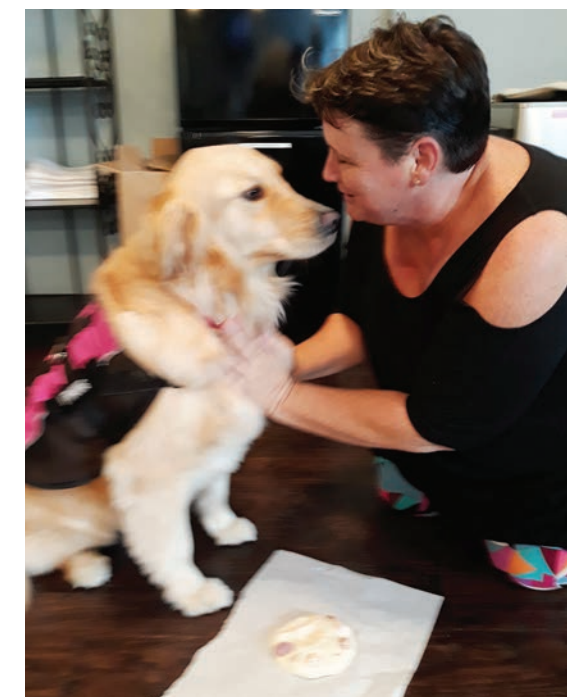


Find the Joy in the Day

I am the luckiest girl in town, I get to come to work and have fun all day everyday. I am always on the search for the next fun event, education, exercise, music, and games for you to enjoy.

What's most important is that you participate. I was once told happiness is a choice and, for the most part, that is true. I don't expect everyone to be happy every minute of every day but surely there is at least an hour or two when you can decide to put away the aches and pains of the body, mind, and world to just have some fun.

What are your favorite things to do? I am always open to suggestions. Have you been out to lunch with us? Have you traveled to all the exotic locations we venture to in Miles of Smiles? Did you know I am available for one-on-one activities? Every day except Thursdays and Sundays, I can do individual activities. Call me - let's set a date and time! Stephanie's cell phone number is 386.307.0290. Its a great day to create a little joy!



CULINARY CORNER



Chef's Table Menu – July 18th

Sign-up with the Concierge to join us!

1ST COURSE

Chocolate Chipotle Applewood Bacon | Crab Cous Cous
Sugared Lemon

2ND COURSE

Escarole Salad | Carrot and Fennel Confit
Citrus Cream Dressing

3RD COURSE

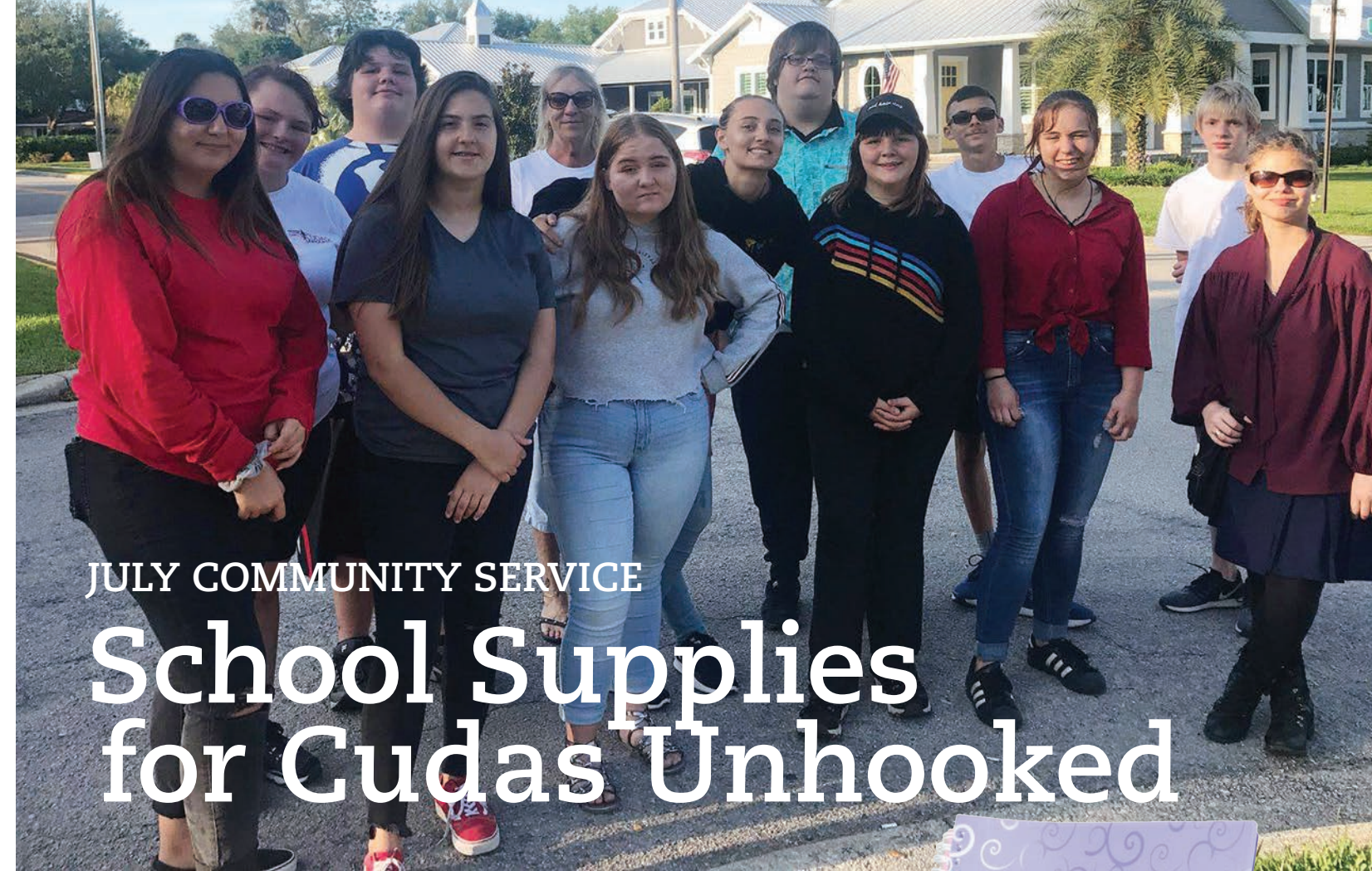
Red Snapper en Papillote
Roasted Artichokes and Tomatoes | Rice Pilaf

4TH COURSE

Key Lime Soufflé
Toasted Coconut Meringue | Raspberry Rum Sauce

Welcome to our new Chef – Chris Favata!

Here are some of the amazing creations he continues to dazzle us with...



We are collecting school supplies and gift cards for the kids at Cudas Unhooked. Please bring donations to Atrium and put in the school bus box!

Lists of items

- Paper
- Pens
- Folders 2 pocket and 3 prong
- Spiral notebooks 3 subject
- Backpacks
- Gift cards to Bealls or Kohls

As always, you may make a monetary donation to the front desk or Stephanie and we will be happy to shop for you. Thank you for your support!



July 1-14, 2019

Activities are shown in red.
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 am Sittin on the Dock of the Pond with Stephanie East Side Pond	8:30 am Grocery Orders for Wednesday Delivery Atrium	9:00 am Shopping, Bank, Pharmacy Trips Concierge Desk	INDEPENDENCE DAY 8:45 am Stretch & Stability Exercise Area Atrium	8:30 am Sittin on the Dock of the Pond with Stephanie East Side Pond	8:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	8:30 am Puttin' Around with Stephanie Backyard	8:30 am Grocery Orders for Wednesday Delivery Atrium	9:30 am Jeopardy Lobby	8:45 am Stretch & Stability Exercise Area Atrium	8:30 am Puttin' Around with Stephanie Backyard	8:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby
9:00 am Personal Trips Concierge Desk	8:45am Stretch & Stability Exercise Area Atrium	9:30 am 10-Cent Blackjack Atrium	9:00 am Personal and Doctor trips Concierge Desk	9:30 am Humor Me Videos Atrium	9:00 am Billiards Billiards Room	10:00 am Documentary on Miles of Smiles State Atrium	9:30 am Fitness Fun with JOJO Lobby	9:30 am Fitness Fun with JOJO Lobby	10:00 am Our Lady of Hope Mass & Anointing Activity Area	9:00 am Personal and Doctor trips Atrium	9:30 am 10-Cent Roulette Atrium	9:00 am Billiards Billiards Room	10:00 am Documentary On Miles of Smiles Country Atrium
9:30 am Fitness Fun with JOJO Lobby	9:00 am Personal & Doctor Trips Concierge Desk	10:00 am Visits with Bella Door-to-Door	9:30 am Billiards Billiards Room	10:00 am Wheel Of Fortune Atrium	9:30 am Church of Epiphany Activity Area	NO Group Liturgy Activity Area	Spanish Class Dining Room	10:00 am Personal and Doctor trips Concierge Desk	10:30 am Name that Tune Atrium	9:30 am Billiards Billiards Room	10:00 am Visits with Bella Door-to-Door	9:30 am Church of Epiphany Activity Area	Our Lady of Hope Group Liturgy Activity Area
10:30 am Roulette Lobby	Aerobics Exercise Area	10:45 am Dancing in your Seats Lobby	9:30 am Aquatic Aerobics Pool & Patio	10:00 am Visits with Bella Door-to-Door	10:00 am Name that Tune Atrium	10:30 am Countryside Church Exercise Area	Visits with Bella Door-to-Door	9:30 am Aquatic Aerobics Pool & Patio	10:30 am Visits with Bella Door-to-Door	10:45 am Dancing in your Seats Lobby	11:00 am Circuit Training Exercise Area	10:00 am Fitness Fun with JOJO Exercise Area	Our Lady of Hope Group Liturgy Activity Area
11:00 am Circuit Training Exercise Area	9:30 am Aquatic Aerobics Pool & Patio	11:00 am Circuit Training Exercise Area	Puzzles Billiards Room	11:00 am Circuit Training Exercise Area	11:00 am Lunch Bunch Boondocks Lobby	1:00 pm Music with Dino Atrium	Visits with Bella Door-to-Door	10:00 am Nail Salon Nurses Station	10:45 am Dancing in your Seats Lobby	1:00 pm Bus Ride Concierge Desk	1:00 pm Brain Games Atrium	10:00 am 10-Cent BlackJack Atrium	1:00 pm Puttin' Around Backyard
1:00 pm Arts & Crafts Sea Shell Crafts Atrium	Visits with Bella Door-to-Door	1:00 pm Music with Sweet Melissa Lobby	10:00 am Puttin' Around Backyard	1:00 pm Music with Chuck Atrium	1:00 pm Uncle John Lobby	Puttin' Around Backyard	3:00 pm Happy Hour Atrium	11:00 am Circuit Training Exercise Area	11:00 am Circuit Training Exercise Area	1:30 pm Stretch Exercise Area	1:00 pm Visits with Bella Atrium	Puzzles Billiards Room	Puttin' Around Backyard
Shopping: Dollar Tree Concierge Desk	10:00 am 10-Cent Left, Right, Center Atrium	2:00 pm Miles of Smiles Florida Atrium	Visits with Bella Door-to-Door	Bus Ride Concierge Desk	1:00 pm Sports Billiards Room	3:00 pm Happy Hour Atrium	Shopping: Bealls Outlet Concierge Desk	1:00 pm Music with Jeff Lobby	1:00 pm Miles of Smiles Georgia Atrium	1:00 pm Visits with Bella Atrium	1:30 pm Dancing in your Seats Exercise Area	11:00 am Lunch Bunch San Diego Grille Concierge Desk	Uno Atrium
Visits with Bella Atrium	12:45 pm Hand and Foot Activity Area	Functional Flex Exercise Area	11 am - 1 pm July 4th Cookout Poolside	Visits with Bella Atrium	1:30 pm Swim with Stephanie POOL	6:30 pm Music with Jamie Lee Lobby	6:30 pm Music with Jamie Lee Lobby	1:00 pm Walks with Bella Backyard	1:00 pm Walks with Bella Backyard	1:00 pm Dominoes Atrium	2:00 pm Puttin' Around Backyard	1:00 pm Crossword Atrium	2:00 pm Dominoes Atrium
2:00 pm Bingo Dining Room	1:00 pm Sam Collins Lobby	2:30 pm Spanish Class Activity Area	12:45 pm Hand and Foot Activity Area	1:30 pm Dancing in your Seats Exercise Area	2:00 pm Bingo Dining Room	7:30 pm Movie & Popcorn Atrium	Shopping: Bealls Outlet Concierge Desk	12:45 pm Hand and Foot Activity Area	1:00 pm Walks with Bella Backyard	1:00 pm Dominoes Atrium	2:00 pm Visits with Bella Door-to-Door	1:30 pm Dancing in your Seats Exercise Area	3:00 pm Happy Hour Atrium
Dancing in your Seats Lobby	2:00 pm Jeopardy Atrium	3:00 pm Happy Hour Atrium	1:00 pm Music with Marc Monte Band Lobby	3:00 pm Happy Hour Exercise Area	3:00 pm Happy Hour Dining Room		Visits with Bella Atrium	1:00 pm Walks with Bella Backyard	Hand and Foot Activity Area	2:00 pm Dominoes Atrium	2:00 pm Puttin' Around Backyard	1:00 pm Crossword Atrium	3:00 pm Happy Hour Atrium
3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:00 pm Music and Patriotism with Shannon Rae Activity Area	2:00 pm Bingo Dining Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Dining Room		Visits with Bella Atrium	2:00 pm Dice Dots Atrium	2:00 pm Jazz with Jonathan Lobby	2:00 pm Book Club Library	2:00 pm Visits with Bella Door-to-Door	2:00 pm Sports Billiards Room	6:00 pm Travelers Highway Band Lobby
6:30 pm Movie & Popcorn Atrium	Visits with Bella Atrium		3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard	2:00 pm Bingo Dining Room		Visits with Bella Atrium	3:00 pm Connect Hearing 3rd Floor	Functional Flex Exercise Area	2:00 pm Bingo Dining Room	3:00 pm Free Friday Happy Hour Atrium	2:00 pm Swimming with Stephanie POOL	7:30 pm Movie & Popcorn Atrium
	Connect Hearing 3rd Floor		2:00 pm Bingo Dining Room	Darts Billiards Room	3:00 pm Happy Hour Atrium		Visits with Bella Lobby	3:00 pm Happy Hour Atrium	2:30 pm Spanish Class Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Outdoor Activity with Bella Backyard	2:00 pm Swimming with Stephanie POOL	
	6:30 pm Movie & Popcorn Activity Area		3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard	6:00 pm Sunsets & Sangria Pool Deck		Outdoor Activity with Bella Backyard	Happy Hour Atrium	3:00 pm Volusia Medical Supply Maintenance Library	3:00 pm Walks with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	
			Walks with Bella Backyard	Darts Billiards Room	6:30 pm Movie & Popcorn Atrium		Outdoor Activity with Bella Backyard	Visits with Bella Lobby	Happy Hour Atrium	6:00 pm Music with Michael T Lobby	3:00 pm Happy Hour Atrium	6:30 pm Blue Velvet Lobby	
			6:30 pm Movie & Popcorn Atrium	6:30 pm Movie & Popcorn Activity Area	Puzzles Billiards Room		Happy Hour Atrium	6:00 pm Movie & Popcorn Atrium	6:30 pm Movie & Popcorn Atrium	6:30 pm Movie & Popcorn Atrium	6:30 pm Movie & Popcorn Atrium	7:30 pm Movie & Popcorn Atrium	
							7:00 pm Movie & Popcorn Activity Area		6:30 pm Movie & Popcorn Atrium				

July 15–26, 2019

Activities are shown in red.
Wellness classes are in blue.

15	16	17	18	19	20	21	22	23	24	25	26
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 am Sittin on the Dock of the Pond with Stephanie East Side Pond	8:30 am Grocery Orders for Wednesday Delivery Atrium	9:00 am Resident Council Meeting Atrium	8:45 am Stretch & Stability Exercise Area	9:30 am Miles of Smiles with Stephanie Hawaii Atrium	8:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	8:30 am Puttin' Around Backyard	8:30 am Grocery Orders for Wednesday Delivery Atrium	9:30 am Miles of Smiles with Stephanie Idaho Atrium	8:45 am Stretch & Stability Exercise Area	9:00 am Puttin' Around Backyard
9:30 am Arts & Crafts Atrium	8:45 am Stretch & Stability Exercise Area	Darts Billiards Room	9:00 am Personal and Doctor trips Atrium	10:00 am Visits with Bella Door-to-Door	9:00 am Crossword Atrium	10:00 am Documentary On Miles of Smiles Country Atrium	Coffee & Conversation Lobby	8:45 am Stretch & Stability Exercise Area	Darts Billiards Room	9:00 am Personal and Doctor trips Atrium	10:00 am Visits with Bella Door-to-Door
Spanish Class Dining Room	9:00 am Personal & Doctor Trips Concierge Desk	10:00 am Puttin' Around Backyard	9:30 am Aquatic Aerobics Pool & Patio	10:30 pm Name that Tune Atrium	9:30 am Church of Epiphany Activity Area	Our Lady of Hope Group Liturgy Activity Area	9:30 am Sittin on the Dock of the Pond with Stephanie East Side Pond	9:00 am Personal and Doctor trips Concierge Desk	10:00 am Visits with Bella Door-to-Door	9:30 am Billiards Billiards Room	11:00 am Circuit Training Exercise Area
Fitness Fun with JOJO Exercise Area	9:30 am Aquatic Aerobics Pool & Patio	10:45 am Dancing in your Seats Lobby	10:00 am Puttin' Around Backyard	11:00 am Circuit Training Exercise Area	10:00 Wheel of Fortune Atrium	10:30 am Countryside Church Exercise Area	Spanish Class Dining Room	9:30 am Aquatic Aerobics Pool & Patio	10:45 am Dancing in your Seats Lobby	10:00 am Billiards Billiards Room	1:00 pm Bus Ride Concierge Desk
10:00 am Visits with Bella Door-to-Door	10:00 am Dice dots Atrium	11:00 am Happy Birthday July Babies Dining Room	12:45 pm Hand and Foot Activity Area	1:00 pm Music with Town Square Lobby	11:00 am Lunch Bunch Longhorn Steakhouse Lobby	1:00 pm Music with Gailforce Lobby	Fitness Fun with JOJO Exercise Area	10:00 am Visits with Bella Door-to-Door	11:00 am Circuit Training Exercise Area	9:30 am Personal and Doctor trips Concierge Desk	1:00 pm Stretch Exercise Area
11:00 am Circuit Training Exercise Area	10:00 am Dart Billiards Room	Circuit Training Exercise Area	1:00 pm Music with Michael T Lobby	1:30 pm Dancing in your Seats Exercise Area	1:45 pm Swimming with Stephanie Pool	2:00 pm Music Therapy with Jamie Lee Lobby	10:00 am Visits with Bella Door-to-Door	10:00 am UNO Atrium	1:00 pm JJ on the Piano Lobby	10:00 am Nail Salon Nurses Station	1:30 pm Dancing in your Seats Exercise Area
1:00 pm Music with Bobby Meeks Lobby	12:00 pm 10-Cent BlackJack Atrium	Hand and Foot Activity Area	2:00 pm Book Club Library	2:00 pm Bus Ride Concierge Desk	2:00 pm Sports Billiards Room	2:00 pm Music with Gailforce Lobby	10:30 am Crossword Atrium	Visits with Bella Door-to-Door	1:00 pm Walks with Bella Backyard	12:45 pm Hand and Foot Activity Area	2:00 pm Music with Judy Locke Lobby
Shopping: Bealls & Ross Concierge Desk	12:00 pm 10-Cent BlackJack Atrium	Brain Games Atrium	2:00 pm Bingo Dining Room	3:00 pm Free Friday Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	10:30 am Crossword Atrium	Darts Billiards Room	2:00 pm Swimming with Stephanie POOL	1:00 pm Book Club Library	2:00 pm Music with Judy Locke Lobby
Visits with Bella Atrium	12:45 pm Hand and Foot Activity Area	2:30 pm Spanish Class 2nd Floor	3:00 pm Happy Hour Atrium	3:00 pm Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	11:00 am Circuit Training Exercise Area	Dominoes Atrium	2:00 pm Swimming with Stephanie POOL	2:00 pm Bingo Dining Room	2:00 pm Music with Judy Locke Lobby
2:00 pm Bingo Dining Room	1:00 pm Music with Sam Collins Lobby	3:00 pm Happy Hour Atrium	3:00 pm Walks with Bella Backyard	3:00 pm Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	11:00 am Circuit Training Exercise Area	11:00 am Dominoes Atrium	2:30 pm Spanish Class Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Wine & Appetizers Atrium
Dancing in your Seats Atrium/Lobby	2:00 pm Roulette Atrium	Visits with Bella Lobby	6:30 pm Chef's Table Dining Room	6:30 pm Music with George Gall Lobby	6:30 pm Music with Stephanie Pool	6:30 pm Music with Jamie Lee Lobby	11:00 am Circuit Training Exercise Area	Darts Billiards Room	2:30 pm Spanish Class Activity Area	3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard
Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	11:00 am Circuit Training Exercise Area	Swimming with Stephanie POOL	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	Darts Billiards Room
3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	11:00 am Circuit Training Exercise Area	12:45 pm Hand and Foot Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Wine & Appetizers Atrium
6:30 pm Music With Wayne Lobby	6:30 pm Visits with Bella Lobby	6:30 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	11:00 am Circuit Training Exercise Area	1:00 pm Music with Mickey Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard
Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Atrium	6:30 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area	11:00 am Circuit Training Exercise Area	Walks with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	Darts Billiards Room
								Visits with Bella Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area
								6:30 pm Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Atrium	6:30 pm Movie & Popcorn Atrium	6:30 pm Movie & Popcorn Activity Area

JULY CSL BIRTHDAYS

RESIDENTS	STAFF
July 3 Dorothy Pealer	July 3 Sara Ionadi
July 5 Joan Shaller	July 4 Maria Erwin Alissa Mc Intosh
Maude Murray	July 9 Tracey Anderson
July 7 Mildred Griffin	July 24 Madison Ionadi
July 11 Audrey Grose	July 28 Denise Blanchette
July 14 Betty Snover Thelma Ellis	
July 17 Evelyn Flynn	
July 18 Paul Dungan	
July 21 Irene Baehre	
July 24 Stanley Watson	
July 28 Marie Grueter	
July 29 Elizabeth Losley	

July 27–30, 2019

27

28

29

30

31

Saturday	Sunday	Monday	Tuesday	Wednesday
8:00 am Walmart, Publix Concierge Desk	9:00 am Puttin' Around Backyard	8:30 am Coffee & Conversation Lobby	8:45 am Stretch & Stability Exercise Area Atrium	9:00 am Darts Billiards Room
9:30 am Billiards Billiards Room	Coffee & Conversation Lobby	9:30 am Spanish Class 2nd Floor	9:00 am Personal & Doctor Trips Concierge Desk	9:30 am Miles of Smiles with Stephanie Illinois Atrium
Church of Epiphany Activity Area	10:00 am Sunday Brunch Dining Room	Fitness Fun with JOJO Lobby	9:30 am Aquatic Aerobics Pool & Patio	Visits with Bella Door-to-Door
Fitness Fun with JOJO Lobby	Videos On Miles of Smiles State Atrium	10:00 am Visits with Bella Door-to-Door	10:00 am Visits with Bella Door-to-Door	10:45 am Dancing in your Seats Lobby
Puzzles Billiards Room	Our Lady of Hope Group Liturgy Activity Area	10:30 am Crossword with Charlie Atrium	Darts Billiards Room	11:00 am Circuit Training Exercise Area
10:00 am Sittin on the Dock of the Pond East Side Pond	10:30 am Countryside Church Exercise Area	11:00 am Circuit Training Exercise Area	10:00 am Music with Sam Lobby	1:00 pm Music with Rocky Lobby
1:30 pm Bingo Dining Room	1:00 pm Music with Ron and Diane Lobby	1:00 pm Left Right Center with Diane Atrium	12:45 pm Hand and Foot Activity Area	Walks with Bella Backyard
2:00 pm Swimming with Stephanie Pool	3:00 pm Happy Hour Atrium	Shopping: Bealls & Ross Concierge Desk	1:00 pm Music with Melissa Lobby	Hand and Foot Activity Area
3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Atrium	Visits with Bella Atrium	Walks with Bella Backyard	2:00 pm Crossword Atrium
6:00 pm Sunset and Sangria Pool Deck		2:00 pm Bingo with Michaelene Dining Room	2:00 pm Dominoes Atrium	Functional Flex Exercise Area
6:30 pm Fubars Lobby		Dancing in your Seats Atrium/Lobby	3:00 pm Happy Hour Atrium	2:30 pm Spanish Class 2nd Floor
7:30 pm Movie & Popcorn Atrium		Outdoor Activity with Bella Backyard	Visits with Bella Lobby	3:00 pm Happy Hour Atrium
		3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Atrium	6:00pm Music with Wayne Lobby
		6:00 pm Music with James Wise Lobby		7:00 pm Movie & Popcorn Activity Area
		7:00 pm Movie & Popcorn Activity Area		

First Annual Golf Championship

The Andrews have been working hard and even pulled Charlie in on the job to add our new Putt-Putt 9-hole mini golf course. Join us for our Inaugural Golf Tournament on Saturday, June 15th at 9 am. And feel free to play during the week!



Interesting Events in JULY

- ❖ July 1, 1862 – President Abraham Lincoln signed the first income tax bill, levying a 3% income tax on annual incomes of \$600-\$10,000 and a 5% tax on incomes over \$10,000. Also on this day, the Bureau of Internal Revenue was established by an Act of Congress.
- ❖ July 20, 1715 – The Riot Act took effect in Britain. If a dozen or more persons were disturbing the peace, an authority was required to command silence and read the following, “Our sovereign Lord the King chargeth and commandeth all persons, being assembled, immediately to disperse themselves, and peaceably to depart to their habitations, or to their lawful business, upon the pains contained in the act made in the first year of King George, for preventing tumults and riotous assemblies. God save the king.” Any persons who failed to obey within one hour were to be arrested.
- ❖ July 7, 1898 – President William McKinley signed a resolution annexing Hawaii. In 1900, Congress made Hawaii an incorporated territory of the U.S., which it remained until becoming a state in 1959.
- ❖ July 16, 1769 – San Diego was founded as the mission San Diego de Alcalá by Father Junipero Serra.
- ❖ July 14, 1789 – The fall of the Bastille occurred at the beginning of the French Revolution.
- ❖ July 10, 1973 – The Bahamas gained their independence after 250 years as a British Crown Colony.

Debra Pope

Meet our front desk 'diva.'

You probably already know her. As soon as you walk in, there she is, and there's that great smile that goes with the great attitude. Debra Pope has been at CountrySide Lakes since 2016, and she's been quite an addition.



She does her work well – that's a given – but the bonus is that she's ready to dance whenever she hears music at CountrySide Lakes, which is often. Residents and employees alike love her fun spirit, her willingness to go the extra mile and her generous and loving heart. Debra is always available to help, whether it's a resident or a family member with a question or if another staffer can't work their shift.

Residents and staff alike, we are blessed to have her!

CountrySide Lakes
A Shepherd Senior Living Community

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