

CountrySide Chronicle

MONTHLY NEWS CALENDAR

JUNE 2019

Happy Father's Day!



MY DAD, MY HERO, MY ANGEL!

To be a father is a blessing, to be a dad is an honor, to raise a child is a challenge, to see the results of your hard work is magical. Thank you to all the Dads who always showed up, stayed, and loved no matter what. We love you!



From the Director's Desk

What a packed month May was! The Mother's Day Brunch was fantastic. Thank you for bringing your family in to celebrate with you and us. Memorial Day was a great success as well. We had our new flag dedication. Stephanie did a wonderful job for us. I had the chance to break out our grill and cook some chicken for everyone poolside. Even threw on a few hotdogs to seal the all American weekend.

June looks to be just as packed. We will be having our Hurricane Preparedness meeting for all the residents on June 3rd. Our 2nd Annual Hydrate a Hero Water drive is the entire month of May. We collected over 800 cases of water last year and this year we want to hit the 1,000 case mark. Already in May we have had families, businesses and RESIDENTS donate early. Thank you all so much.

We have a Father's Day weekend planned, including our Inaugural Golf Tourney on

our new putting green. We have also completed the pondside deck renovation. It will certainly get some use that weekend as well. Please make sure see the work that our 2 Andrew's have done for all of us to enjoy.

Father's Day is June 16th in case you weren't sure. Living four states away from my children is hard for me. I have always been very involved with all their sports and activities. Now that they are grown and starting their adult lives and careers, I feel a hole, like I am missing out on something. I am sure many of you feel the same way about your kids. Don't forget your Dad, as his child or children you hold the ability to make an impact on his life, especially on Father's Day. Dad's sometimes get over shadowed or even over looked when it comes to giving thanks to or recognition to. Look back on your relationship with your Dad and focus on



and be thankful for all the good things he did. Who taught you to count money, ride a bike, tie your shoes, how to play catch? Take a moment and make the effort. Let him know you are grateful. After all, the things he did and didn't do, made you who you are.

Make a difference today.

Charlie

RESIDENT SPOTLIGHT

Rosemary Wolan

After a year basking in the warmth of Florida and CountrySide Lakes, she's all in Resistant? Sure, Rosemary Wolan was a touch resistant about moving from her longtime home in the Detroit area all the way to Florida. She had good friends and enjoyed her church group there.

But now she wishes she had done it sooner.

That's the word from her two daughters, Mary Nelson and Laura Sandmark, who live near Rosemary's home at CountrySide Lakes. What changed her mind?

Well, the warm weather helped. So did the fact that Mary and Laura lived about 15 minutes away so they see her frequently every week. Other siblings - there were five in all, including three brothers - live in South Carolina and North Carolina as well as Michigan. That means a big portion of the family is conveniently close enough on the East Coast for visits that include nieces, nephews, grandchildren and great grandchildren.

But another big factor is the atmosphere and amenities provided at CountrySide Lakes - a hallmark of Shepherd Living: friendly, lots to do, a beautiful setting, smiling faces, convenience after convenience. After retiring and moving to Florida, Mary and Laura began scouting places where their mom could be happy. When they visited CountrySide Lakes it was 'decision at first sight.'

"We visited several independent living places," said Mary. "We fell in love with CountrySide Lakes. You could see the friendliness. There's always activities going on and mom gets physical therapy and wellness checks right there, which is so nice. They just love mom and mom loves them, and she gets her exercise. You can walk the grounds by the lake."

On the other hand, Laura said, her mom lived by herself in an apartment in Michigan after her husband Daniel died, and dealing with the winters was becoming a burden.

Now? "She likes listening to the music and gets her hair done every Friday and she has made some nice friends."

It's been a year now, and Rosemary is very happy about her decision. As for Mary and Laura, they like CountrySide Lakes so much they want to live there in a few years.



Bella's Corner

Follow Bella's photos & videos

@CSL32127



Watch out for Hot Asphalt!

At 125°, skin destruction can occur in just 60 seconds. Always check the asphalt prior to allowing your pet to walk on it. TIP: If it's too hot for your bare feet, it's too hot for theirs! Even better - walk them on the grass.

Air Temp	~	Asphalt Temp
77° F	~	125° F
86° F	~	135° F
87° F	~	143° F

Don't let their paws get burned!

Fred and The Ducklings

Bella, heard about this friend and wanted to share his story. Dogs can become mom or dad to anyone in need because all they know how to do is share love.

Fred, the 10-year-old Labrador and resident pup at Mountfitchet Castle in England, is a very good boy. When he came across nine chicks wandering around the castle's property without a mother back in May, he decided to take it upon himself to adopt the small birds.

Be sure to look out for the movies: *A Dogs Purpose* and *A Dogs Journey*. They show the true dedication and love between human and best friend.

Bella wants to be everyone's best friend, be sure to give her some attention and show her how much we love her!



CULINARY CORNER



Chef's Table Menu – June 13th

Sign-up with the Concierge to join us!

1ST COURSE

Coconut Shrimp | Micro Greens
Coconut Thai Chili Sauce

2ND COURSE

Frisée Salad | Peppercorn Dressing | Smoked Bacon
Spiced Walnut | Feta

3RD COURSE

Grilled Lamb Loin | Sweet Potato Tartlet
Braised Mustard Greens | Yogurt Sauce

4TH COURSE

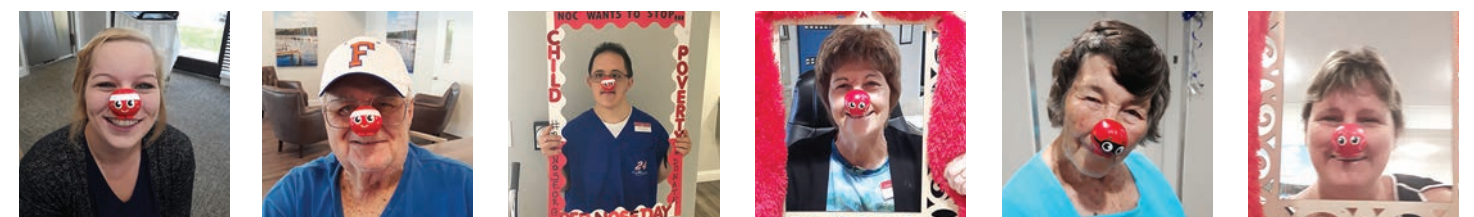
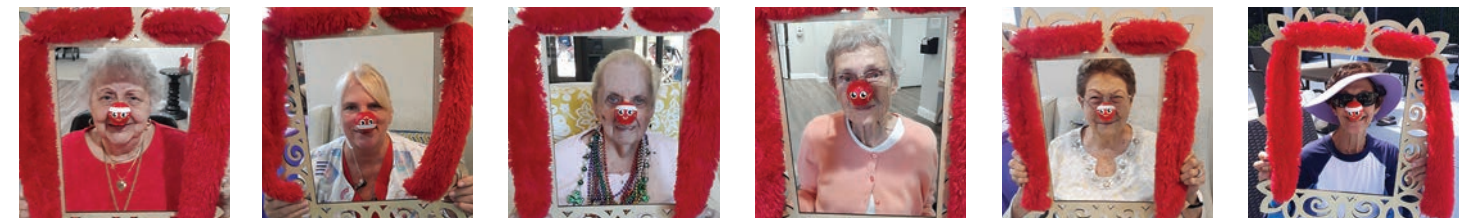
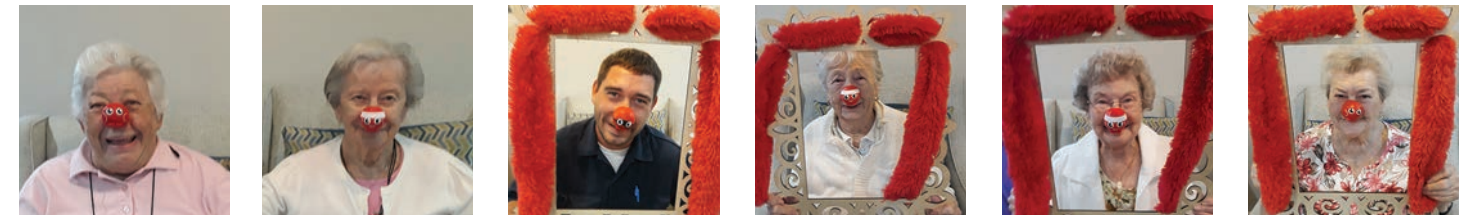
Espresso Tres Leches

We again enjoyed another stellar meal from Chef Devin and his team. The sauces and dressings were out of this world and you never want to miss one of his desserts. The next Chef's Table is June 13th so be sure to sign up!



Red Nose Day

Red Nose Day is a national fundraising campaign run by Comic Relief USA, an American non-profit organization which uses the power of entertainment to drive positive change. Red Nose Day is about making it fun to come together to raise money and awareness for children who need our help the most, in America and around the world. Red Nose Day's mission is to end child poverty — one nose at a time. The CountrySide family turned out in force for the day, red noses all around!



June 1-14, 2019

Activities are shown in red.
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
HYDRATE A HERO FAMILY FUN DAY 8:00 am Walmart, Publix Concierge Desk 9:30 am Bingo Dining Room Fitness Fun with JOJO Exercise Area Church of Epiphany Activity Area 1:00 pm HYDRATE A HERO FUN DAY Backyard & Lobby 3:00 pm Happy Hour & Trivia Atrium 6:30 pm Movie & Popcorn Activity Area Puzzles Billiards Room	9:00 am Coffee & Conversation Lobby 10:00 am Documentary On Miles of Smiles Country Atrium NO Group Liturgy 10:30 am Countryside Church Exercise Area 1:00 pm Music with Dan & Kary Lobby 2:00 pm PUTTIN' AROUND Backyard Funny Videos Atrium 3:00 pm Happy Hour & Trivia Atrium 6:30 pm Movie and Popcorn Atrium	9:00 am Personal Trips Concierge Desk 9:30 am Hurricane Preparation Meeting Dining Room 11:00 am Circuit Training Exercise Area 1:00 pm 10-Cent Roulette Atrium Shopping: Dollar Tree Concierge Desk Visits with Bella Atrium 2:00 pm Bingo Dining Room Dancing in your Seats Lobby Sittin on the Dock of the Pond with Stephanie East Side Pond 3:00 pm Happy Hour Atrium 6:00 pm Music with James Wise Lobby 7:00 pm Movie & Popcorn Atrium	8:30 am Grocery Orders Atrium 8:45am Stretch & Stability Exercise Area Atrium 9:00 am Personal & Doctor Trips Concierge Desk Aerobics Exercise Area Aquatic Aerobics Pool & Patio Visits with Bella Door-to-Door 10:00 am 10-Cent Left, Right, Center Atrium 12:45 pm Hand and Foot Activity Area 1:00 pm Sam Collins Lobby 2:00 pm Crossword & Trivia Atrium 3:00 pm Happy Hour Atrium Visits with Bella Atrium Connect Hearing 3rd Floor 6:30 pm Movie & Popcorn Activity Area	9:00 am Shopping, Bank, Pharmacy Trips Concierge Desk 10:00 am Trivia Atrium Our Lady of Hope Mass & Anointing Activity Area Visits with Bella Door-to-Door 10:45 am Dancing in your Seats Lobby 11:00 am Circuit Training Exercise Area Functional Flex Exercise Area 2:00 pm Miles of Smiles California Atrium 2:30 pm Spanish Class Activity Area 3:00 pm Happy Hour Atrium Volusia Medical Supply Maintenance 3rd Floor 6:30 pm Movie & Popcorn Activity Area	8:45 am Stretch & Stability Exercise Area Atrium 9:00 am Personal and Doctor trips Concierge Desk Billiards Billiards Room 9:30 am Leap of Faith Thrift Store Shop till you drop! Atrium Aquatic Aerobics Pool & Patio Puzzles Billiards Room 10:00 am PUTTIN' AROUND Backyard Visits with Bella Door-to-Door 12:45 pm Hand and Foot Activity Area 1:00 pm Music with Michael T Lobby 2:00 pm Bingo Dining Room 3:00 pm Company G Sings Lobby 3:30 pm Happy Hour Atrium Walks with Bella Backyard 6:30 pm Movie & Popcorn Atrium	8:30 am Humor Me Videos Atrium 9:30 am 10-Cent Blackjack Atrium 10:00 am Visits with Bella Door-to-Door 11:00 am Circuit Training Exercise Area 1:00 pm Music with Chuck Atrium Stretch Exercise Area Bus Ride Concierge Desk Visits with Bella Atrium 1:40 pm Dancing in your Seats Exercise Area 3:00 pm Happy Hour Atrium Wine, Appetizers, & Spin to Win Atrium Outdoor Activity with Bella Backyard Darts Billiards Room 6:30 pm Movie & Popcorn Activity Area	6:45 am Sunrise with Stephanie Coffee & Donuts on the Dock Concierge Desk 8:00 am Walmart, Publix Concierge Desk 9:00 am Billiards Billiards Room 9:30 am Fitness Fun with JOJO Atrium Church of Epiphany Activity Area 10:00 am Crossword/ Brain Games Atrium 11:00 am Lunch Bunch Oklahoma Joes BBQ Lobby 1:00 pm Music Therapy Jamie Lee Lobby Sports Billiards Room 2:00 pm Bingo Dining Room 3:00 pm Happy Hour Atrium 6:00 pm Travelers Highway Duo Lobby 6:30 pm Movie & Popcorn Atrium Puzzles Billiards Room	9:00 am Coffee & Conversation Lobby 10:00 am Documentary on Miles of Smiles State Atrium Our Lady of Hope Group Liturgy Activity Area 10:30 am Countryside Church Exercise Area 1:00 pm PUTTIN' AROUND Backyard Dominoes & Uno Atrium 3:00 pm Happy Hour Atrium 6:30 pm Music with Bill Sbrogna Lobby 7:30 pm Movie & Popcorn Atrium	9:00 am PUTTIN' AROUND Backyard 9:30 am Fitness Fun with JOJO Lobby Spanish Class Dining Room 10:00 am Music with Wayne Lobby Visits with Bella Door-to-Door 11:00 am Circuit Training Exercise Area 1:00 pm Arts & Crafts Sea Shell Art Atrium Shopping: Bealls Outlet Concierge Desk Visits with Bella Atrium 2:00 pm Bingo Dining Room Sittin on the Dock of the Pond with Stephanie East Side Pond Dancing in your Seats Lobby Outdoor Activity with Bella Backyard 3:00 pm Happy Hour Atrium 6:00 pm Music with Mickey Lobby 7:00 pm Movie & Popcorn Atrium	8:30 am Grocery Orders Atrium 8:45 am Stretch & Stability Exercise Area Atrium 9:00 am Personal and Doctor trips Concierge Desk 9:30 am Aquatic Aerobics Pool & Patio 10:00 am Visits with Bella Door-to-Door 10:45 am Dancing in your Seats Lobby 11:00 am Circuit Training Exercise Area 1:00 pm Word Games/ Jeopardy Lobby Walks with Bella Backyard Hand and Foot Activity Area 2:00 pm Brain Games Atrium 2:00 pm Dulcimer Musicians Lobby 3:00 pm Happy Hour Atrium 6:00 pm Music with Mickey Lobby 7:00 pm Movie & Popcorn Atrium	9:30 am Miles of Smiles Colorado Atrium Darts Billiards Room 10:30 am Trivia Atrium Visits with Bella Door-to-Door 10:45 am Dancing in your Seats Lobby 11:00 am Circuit Training Exercise Area 1:00 pm Word Games/ Jeopardy Lobby Walks with Bella Backyard Hand and Foot Activity Area 2:00 pm Jazz with Jonathan Lobby Functional Flex Exercise Area 2:30 pm Spanish Class Activity Area 3:00 pm Happy Hour Atrium Visits with Bella Lobby 6:30 pm Movie & Popcorn Atrium	8:45am Stretch & Stability Exercise Area Atrium 9:00 am Personal and Doctor trips Atrium Billiards Billiards Room 9:30 am Aquatic Aerobics Pool & Patio Puzzles Billiards Room 10:00 am Nail Salon Nurses Station PUTTIN' AROUND Backyard Visits with Bella Door-to-Door 12:45 pm Hand and Foot Activity Area 1:00 pm Dominoes Atrium Book Club Library 2:00 pm Bingo Dining Room 3:00 pm Happy Hour Atrium Walks with Bella Backyard 6:00 pm Music with Dani Lobby 6:30 pm Chef's Table Dining Room	9:30 am Puppies and Kittens 2nd Fl Activity 10:00 am Visits with Bella Door-to-Door 11:00 am Circuit Training Exercise Area 1:00 pm Bus Ride Concierge Desk Crossword/ Brain Games Atrium Stretch Exercise Area Visits with Bella Atrium 1:40 pm Dancing in your Seats Exercise Area 2:00 pm PUTTIN' AROUND Backyard Music with Judy Locke Lobby 2:30 pm 10-Cent Roulette 3:00 pm Free Friday Happy Hour Atrium Outdoor Activity with Bella Backyard Darts Billiards Room 6:30 pm Movie & Popcorn Atrium Puzzles Billiards Room

June 15–26, 2019

Activities are shown in red.
Wellness classes are in blue.

15	16	17	18	19	20	21	22	23	24	25	26
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
8:00 am Walmart, Publix Concierge Desk	FATHER'S DAY 9:00 am Coffee & Conversation Lobby	8:30 am Coffee & Conversation Lobby	8:30 am Grocery Orders Atrium	9:00 am Resident Council Meeting Atrium	8:45 am Stretch & Stability Exercise Area	9:30 am Miles of Smiles with Stephanie Connecticut Atrium	8:00 am Walmart, Publix Concierge Desk	Coffee & Conversation Lobby	8:30 am Coffee & Conversation Lobby	8:30 am Grocery Orders Atrium	9:30 am Darts Billiards Room
9:00 am Inaugural Golf Tournament Putting Green	10:00 am Documentary On Miles of Smiles Country Atrium	9:30 am PUTTIN' AROUND Backyard	8:45 am Stretch & Stability Exercise Area Atrium	Darts Billiards Room	9:00 am Personal and Doctor trips Atrium	10:00 am Visits with Bella Door-to-Door	9:00 am Crossword Atrium	10:00 am Documentary On Miles of Smiles Country Atrium	9:30 am PUTTIN' AROUND Backyard	8:45am Stretch & Stability Exercise Area Atrium	10:00 am Music with Wayne Lobby
Crossword Atrium	Our Lady of Hope Group Liturgy Activity Area	Spanish Class Dining Room	9:00 am Personal & Doctor Trips Concierge Desk	10:00 am PUTTIN' AROUND Backyard	Billiards Billiards Room	11:00 am Circuit Training Exercise Area	9:30 am Church of Epiphany Activity Area	Our Lady of Hope Group Liturgy Activity Area	Spanish Class Dining Room	9:00 am Personal and Doctor trips Concierge Desk	10:00 am Visits with Bella Door-to-Door
Billiards Billiards Room	10:30 am Countryside Church Exercise Area	Fitness Fun with JOJO Exercise Area	9:30 am Aquatic Aerobics Pool & Patio	10:45 am Dancing in your Seats Lobby	9:30 am Aquatic Aerobics Pool & Patio	1:00 pm Music with Sweet Melissa Lobby	10:30 am Countryside Church Exercise Area	10:30 am Country Country Atrium	Fitness Fun with JOJO Exercise Area	10:00 am Visits with Bella Door-to-Door	10:45 am Dancing in your Seats Lobby
9:30 am Church of Epiphany Activity Area	1:00 pm Father's Day Tournament	10:00 am Visits with Bella Door-to-Door	10:00 am Darts Billiards Room	11:00 am Happy Birthday June Babies Dining Room	10:00 am PUTTIN' AROUND Backyard	Stretch Exercise Area	10:00 Wheel of Fortune Atrium	1:00 pm Music with Town Square Lobby	10:00 am Visits with Bella Door-to-Door	9:30 am Aquatic Aerobics Pool & Patio	11:00 am Circuit Training Exercise Area
Fitness Fun with JOJO Exercise Area	PUTTIN' AROUND Backyard	10:30 Crossword Atrium	12:00 pm Dice Games Atrium	11:00 am Circuit Training Exercise Area	10:00 am Visits with Bella Door-to-Door	Visits with Bella Atrium	1:40 pm Dancing in your Seats Exercise Area	1:00 pm Music with Town Square Lobby	11:00 am Circuit Training Exercise Area	10:00 am UNO Atrium	1:00 pm Miles of Smiles with Stephanie Delaware Atrium
10:00 am 10-Cent BlackJack Atrium	Uno Atrium	11:00 am Circuit Training Exercise Area	12:00 pm 10-Cent BlackJack Atrium	1:00 pm JJ on the Piano Lobby	12:45 pm Hand and Foot Activity Area	1:40 pm Dancing in your Seats Exercise Area	Puzzles Billiards Room	2:00 pm PUTTIN' AROUND Backyard	10:30 am Crossword Atrium	9:30 am Aquatic Aerobics Pool & Patio	11:00 am Circuit Training Exercise Area
Puzzles Billiards Room	2:00 pm Dominoes Atrium	1:00 pm Music with Bobby Meeks Lobby	12:45 pm Hand and Foot Activity Area	1:00 pm Walks with Bella Backyard	12:45 pm Hand and Foot Activity Area	2:00 pm Music with Michael T Lobby	11:00 am Lunch Bunch Lobby	Dominoes Atrium	1:00 pm Music with Angelo Lobby	10:00 am Visits with Bella Door-to-Door	1:00 pm Miles of Smiles with Stephanie Delaware Atrium
11:00 am Lunch Bunch Rock Bottom Grill Concierge Desk	3:00 pm Happy Hour Atrium	Shopping: Bealls & Ross Concierge Desk	1:00 pm Hand and Foot Activity Area	2:00 pm Hand and Foot Activity Area	1:00 pm Book Club Library	3:00 pm Free Friday Happy Hour Atrium	1:00 pm Old Guys Rule Band Lobby	2:00 pm Dominoes Atrium	3:00 pm Happy Hour Atrium	12:45 pm Hand and Foot Activity Area	1:00 pm Music with Mickey Lobby
1:00 pm Crossword/ Brain Games Atrium	6:00 pm Travelers Highway Band Lobby	Visits with Bella Atrium	2:00 pm Music with Sam Collins Lobby	2:00 pm Crossword/ Brain Games Atrium	2:00 pm Book Club Library	Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium	1:00 pm Sports Billiards Room	6:00 pm Music Therapy with Jamie Lee Lobby	11:00 am Circuit Training Exercise Area	2:00 pm Walks with Bella Backyard
Sports Billiards Room	7:30 pm Movie & Popcorn Atrium	Bingo Dining Room	2:00 pm Walks with Bella Backyard	2:00 pm Bingo Dining Room	2:00 pm Bingo Dining Room	Darts Billiards Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:00 pm Music Therapy with Jamie Lee Lobby	1:00 pm Music with Angelo Lobby	2:00 pm Walks with Bella Backyard
2:00 pm Bingo Dining Room		Sittin on the Dock of the Pond with Stephanie East Side Pond	3:00 pm Happy Hour Atrium	2:30 pm Sherri on the Piano Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	2:00 pm Bingo Dining Room	6:00 pm Music Therapy with Jamie Lee Lobby	1:00 pm Music with Angelo Lobby	3:00 pm Happy Hour Atrium
3:00 pm Happy Hour Atrium		Dancing in your Seats Atrium/Lobby	3:00 pm Visits with Bella Lobby	Spanish Class 2nd Floor	3:00 pm Happy Hour Atrium	3:00 pm Walks with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:00 pm Music Therapy with Jamie Lee Lobby	1:00 pm Music with Angelo Lobby	2:30 pm Spanish Class Activity Area
6:30 pm Blue Velvet Lobby		Outdoor Activity with Bella Backyard	6:30 pm Movie & Popcorn Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Walks with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:00 pm Music Therapy with Jamie Lee Lobby	1:00 pm Music with Angelo Lobby	3:00 pm Happy Hour Atrium
7:30 pm Movie & Popcorn Atrium		3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Music with George Gall	6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	6:00 pm Music Therapy with Jamie Lee Lobby	1:00 pm Music with Angelo Lobby	3:00 pm Happy Hour Atrium
		6:30 pm Movie & Popcorn Activity Area		6:30 pm Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Activity Area	7:00 pm Movie & Popcorn Activity Area		3:00 pm Happy Hour Atrium	6:00 pm Music Therapy with Jamie Lee Lobby	1:00 pm Music with Angelo Lobby	3:00 pm Happy Hour Atrium
								6:30 pm Movie & Popcorn Atrium	6:30 pm Sunset and Sangria Pool Deck	6:30 pm Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Atrium

JUNE CSL BIRTHDAYS

RESIDENTS	STAFF
June 1 Paul Mizener	June 3 MaryAnn Parent
June 12 Eleanor Bloom	June 9 Tammy Sawtell
June 19 Jean Fullenwider Ronald Waters	June 14 Maria Morgan
June 22 Irene Spinney	June 19 Donna Felmlly
June 23 Chickie Medeiros Rosemary Wolan	June 21 Dean Caprio
June 27 Virginia Rawlinson	June 24 Cira Henrich
June 28 Dolores Ulrich	

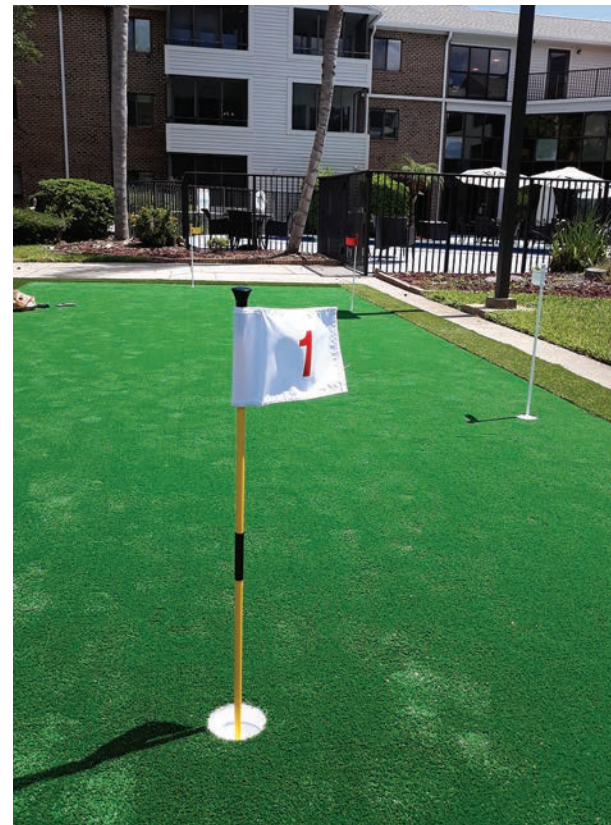
June 27–30, 2019

27 28 29 30

Thursday	Friday	Saturday	Sunday
8:45am Stretch & Stability Exercise Area	10:00 am Visits with Bella Door-to-Door	8:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby
9:00 am Personal and Doctor trips Atrium	11:00 am Circuit Training Exercise Area	9:30 am Bingo Bonanza BIG PRIZES Dining Room	10:00 am Documentary On Miles of Smiles Country Atrium
Billiards Billiards Room	1:00 pm 10-Cent BlackJack Atrium	Billiards Billiards Room	Our Lady of Hope Group Liturgy Activity Area
9:30 am Aquatic Aerobics Pool & Patio	Bus Ride Concierge Desk	9:30 am Church of Epiphany Activity Area	10:30 am Countryside Church Exercise Area
Puzzles Billiards Room	Stretch Exercise Area	Fitness Fun with JOJO Lobby	1:00 pm Music with Ron and Diane Lobby
10:00 am Nail Salon Nurses Station	Visits with Bella Atrium	Puzzles Billiards Room	2:00 pm PUTTIN' AROUND Backyard
PUTTIN' AROUND Backyard	1:40 pm Dancing in your Seats Exercise Area	11:00 am Lunch Bunch TBA Concierge Desk	3:00 pm Happy Hour Atrium
12:45 pm Hand and Foot Activity Area	2:00 pm PUTTIN' AROUND Backyard	1:00 pm Crossword Atrium	6:30 pm Music with Bill Sbrogna 7:30 pm Movie & Popcorn Atrium
1:00 pm Book Club Library	Music with Judy Locke Lobby	2:00 pm Music with DonnaDee Lobby	
2:00 pm Bingo Dining Room	3:00 pm Happy Hour Wine & Appetizers Atrium	3:00 pm Happy Hour Atrium	
3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard	6:30 pm Blue Velvet Lobby	
Walks with Bella Backyard	Darts Billiards Room	7:30 pm Movie & Popcorn Atrium	
6:00 pm Music with Dani Lobby	6:30 pm Movie & Popcorn Activity Area		
7:30 pm Movie & Popcorn Atrium			

Tee Up on our New Putting Green

The Andrews have been working hard and even pulled Charlie in on the job to add our new Putt-Putt 9-hole mini golf course. Join us for our Inaugural Golf Tournament on Saturday, June 15th at 9 am. And feel free to play during the week!



Sittin' on the Dock of the...Pond

We have also rebuilt the dock by the east pond so we will be able to sit and watch the turtles, ducks, and fish swim about on these beautiful summer afternoons. Be on the lookout for new and exciting activities to enjoy!



Sittin' on the Dock of the Pond and Just Puttin' Around will be new activities we can all enjoy!

Interesting Events in JUNE

- ❖ June 1, 1926 – Marilyn Monroe (1926-1962) was born in Los Angeles (as Norma Jean Mortensen).
- ❖ June 5, 1783 – The first sustained flight occurred as a hot-air balloon was launched at Annonay, France, by brothers Joseph and Jacques Montgolfier, and ascended to about 6,000 feet.
- ❖ June 6, 1944 – D-Day, the largest amphibious landing in history, began in the early-morning hours as Allied forces landed in Normandy on the northern coast of France.
- ❖ June 8, 1867 – American architect Frank Lloyd Wright (1867-1959) was born in Richland Center, Wisconsin.
- ❖ June 11, 1910 – Undersea explorer Jacques Cousteau (1910-1997) was born in Ste-Andre-de-Cubzac, France. In 1943, he helped invent the first underwater breathing apparatus, called the Aqualung.
- ❖ June 19, 1903 – Baseball great Lou Gehrig (1903-1941) was born in New York City. He played in 2,130 consecutive games and seven World Series for the New York Yankees and had a lifetime batting average of .340.
- ❖ June 30, 1997 – In Hong Kong, the flag of the British Crown Colony was officially lowered at midnight and replaced by a new flag representing China's sovereignty and the official transfer of power.

Melissa Lunaghi

Congratulations, Melissa!
We're lucky to have you.



Melissa Lunaghi is our CSL Hero for June. She has been with us for 5 years and her sense of humor helps keep residents and team members laughing. She is a wonderful mom to two teenagers. Her dedication to her family, and our residents – ensuring they have the very best – is always a great example in going above and beyond in her position. Melissa has been instrumental in activities and is always willing to help out in any way she can.

 **CountrySide Lakes**
A Shepherd Senior Living Community

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