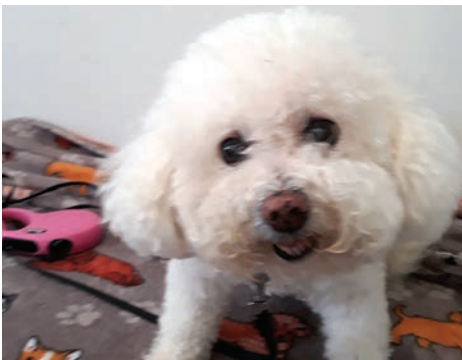
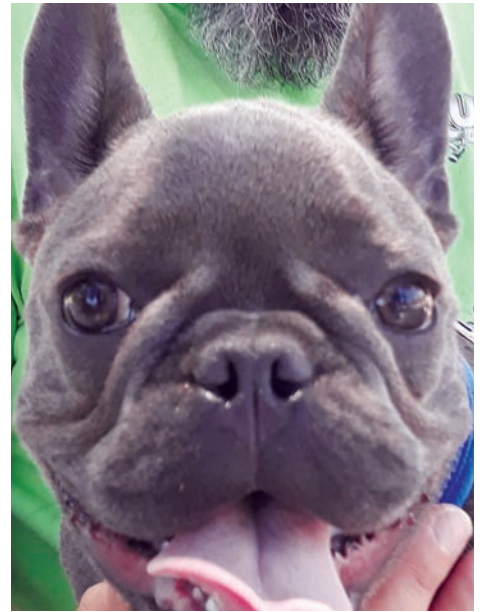


# CountrySide Chronicle

MONTHLY NEWS CALENDAR

AUGUST 2019

## Dog Days Of Summer



It's that time of the year.... the HEAT and the storms are upon us. I keep seeing incidents on the news with small children being left in vehicles. Like most people, I don't understand how that happens. Our kids are precious cargo. We can't forget them. Pets also fall into this category. They can't survive in the blistering heat of a car. Be vigilant when it comes to your passengers, two- or four-legged. Keep them safe. If you see a situation with kids or pets in a hot car, say something to someone, get them help!

We are raising funds this month to help the Mavros Fund. Check out the website, [TheMavrosFund.org](http://TheMavrosFund.org) to learn more. They are a nonprofit organization that helps black dogs and black cats get adopted. I was unaware that dogs and cats with black coats are adopted at a much lower rate. We will also benefit from this fundraiser with part of the proceeds coming in being allocated to our new Dog Park. We are very excited to bring a dog park to our backyard. It will be a nice place that the dogs can run around and just be



a dog. Please check the goal chart, to see how we are doing. Together we can hit the goal and make a happy place that all can enjoy.

Make a difference today.

*Charlie*

## RESIDENT SPOTLIGHT

### Marie Grueter

Marie Grueter is a Frank Sinatra fan and Cubs baseball fanatic. In the late 1940s, she was also a dancer in the 500 Club at the Aragon Ballroom in Chicago. While on a summer holiday in Twin Lakes, Wisconsin, she fell for Roman, a Wisconsin farm boy. They courted for a few years despite the 50 mile distance, and married in 1955. Roman and Marie raised their family in a Chicago suburb for 23 years before retiring in 1983 to a rural neighborhood in southern Wisconsin for another 30 years. She lost Roman in 2018 but has two sons, two daughters, five grandsons, a granddaughter, and two great grandsons. Two of her grandsons live locally and drop in to CSL to see her often. Marie is a spark of sunshine on a rainy day and is revered by her family and enjoyed by all who know her.



# Bella's Corner

Follow Bella's photos & videos  
@CSL32127

## Coming Soon: Our Own CSL Dog Park!

Walking a dog is great, but letting your dog hang out in a dog park can be even better, especially for the dog. Put it this way: Would you rather be on a leash or off?

The freedom of being off-leash is just one of the reasons we are excited that we are building our own CSL dog park! Another is the ability to socialize with other dogs, residents and family. While your dog may be content to mostly hang out with you, she or he will probably enjoy the idea of being with other dogs.

Here are some more reasons:

- Exercise, for you and the dog.
- Fresh air, also good for you and your dog.
- Breaking out of the daily routine for a few minutes. Get out of the house. Change is good.
- Go no-leash with no stress.
- A chance to sit and relax while your pet plays. Just watching it have fun will bring a smile to your face.

We will keep you posted on progress while we raise the funds to build our dog park and look forward to seeing you out there soon!

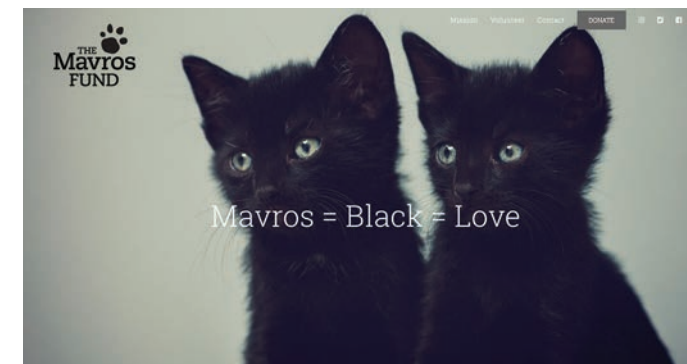


## Black cats aren't bad luck. They're loving pets... if we give them a chance

Here at CountrySide Lakes, and across all the Shepherd Living communities, we support a little non-profit known as The Mavros Fund.

Mavro, simply translated, is Greek for black or dark. And so the mission of the Mavros Fund is to do something about the fact that black dogs and cats are adopted far less than their colorful compatriots. Fact is, every year, many many beautiful animals don't get adopted simply because of their appearance. Sadly, they are just as playful, loyal and loving, but because they're black, people reject them.

The mythology about black cats goes back to the ancient Greeks. In one of the Greek stories, Zeus's wife Hera turned a servant into a black cat as punishment for interfering with her plan to delay the birth of Heracles. The



servant then supposedly became the slave of Hecate, the goddess of magic, witchcraft and death. During the Middle Ages, black cats were killed en masse.

Of course, there is absolutely no truth to any of this.

That's why, here at CountrySide Lakes, we support The Mavros Fund and we partner with local animal rescues. If you would like to get involved as well, simply reach out to Stephanie Lynch to find out more. As one of our resident animal lovers – one among many – she can fill you in and help you get started.

## CULINARY CORNER



### Chef's Table Menu – August 15th

Sign-up with the Concierge to join us!

#### 1<sup>ST</sup> COURSE

Mushroom Risotto | Creme Fraiche | Rosemary Toast Points

#### 2<sup>ND</sup> COURSE

Bleu Cheese Wedge | Peppercorn Bacon Crumbles  
Heirloom Tomatoes

#### 3<sup>RD</sup> COURSE

Chateaubriand | Roasted Baby Potatoes and Carrots  
Chocolate Red Wine Reduction

#### 4<sup>TH</sup> COURSE

French Silk Pie | Fudge Ganache | Tuxedo Strawberry

## Gorgeous Grandmas!



## New Fun Activities and Events

### MAD SCIENTIST

Enjoy fun, creative experiments, like building a working volcano!



### LAUGHTER THERAPY/YOGA

Did you know it is just as good to laugh as it is to walk? Join us and connect with your inner silly abilities to laugh at everything and work out aches, pains and stiffness.



### DAILY DEVOTIONAL

Start your day off with positivity and a spiritual message of peace for the day.



### BIBLE STUDY

Join Stephanie and friends for a weekly Bible study class to dive deeper into the important messages of the Bible.



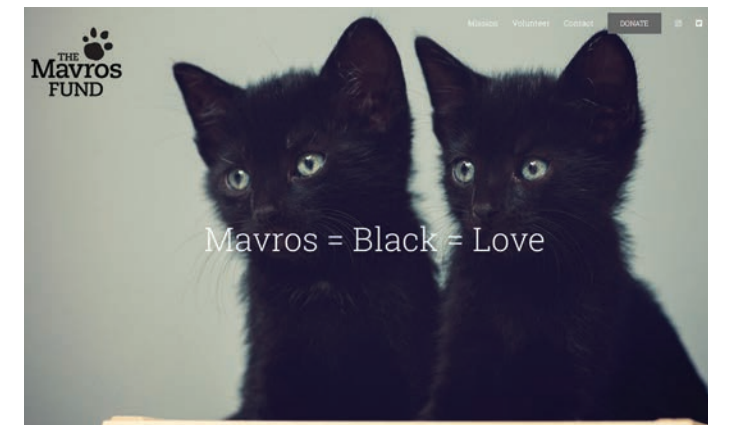
### THIS DAY IN HISTORY

As we have seen so many changes over the years, it is fun to remember things like when the first popsicle or airplane was made.



### GARAGE SALE

Our first Garage Sale raised \$375 for Cudas Back to School. Our next one is on August 23rd & 24th from 8-1 pm. All proceeds go to building a dog park and a special donation to Mavros fund. Donations accepted anytime at CSL or at [TheMavrosFund.org](http://TheMavrosFund.org).



# August 1-14, 2019

Activities are shown in red.  
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
8:45 am <b>Stretch &amp; Stability</b> Exercise Area Atrium	8:30 am <b>Sittin on the Dock of the Pond with Stephanie</b> East Side Pond	8:00 am Walmart, Publix Concierge Desk	9:00 am <b>Coffee &amp; Conversation</b> Lobby	8:30 am <b>Grocery Orders for Tuesday Delivery</b> Atrium	8:30 am <b>Puttin' Around with Stephanie</b> Backyard	9:00 am <b>Personal and Doctor trips</b> Concierge	8:45 am <b>Stretch &amp; Stability</b> Exercise Area Atrium	9:00 am <b>Personal and Doctor trips</b> Concierge	8:00 am Walmart, Publix Concierge Desk	9:00 am <b>Coffee &amp; Conversation</b> Lobby	9:00 am <b>Personal and Doctor trips</b> Concierge	8:30 am <b>Grocery Orders for Wednesday Delivery</b> Atrium	9:00 am <b>Daily Devotional</b> Atrium
9:00 am <b>Personal and Doctor trips</b> Concierge	9:00 am <b>Daily Devotional</b> Atrium	9:00 am <b>Personal and Doctor trips</b> Concierge	10:00 am <b>Documentary on Dogs</b> Atrium	9:00 am <b>Daily Devotional</b> Atrium	8:45 am <b>Stretch &amp; Stability</b> Exercise Area Atrium	9:30 am <b>Darts</b> Billiards Room	9:00 am <b>Personal and Doctor trips</b> Concierge	10:00 am <b>Visit with Kittens</b> 2nd Floor Activities	9:00 am <b>Billiards</b> Billiards Room	10:00 am <b>Documentary On Salvador Dali</b> Atrium	9:30 am <b>Blackjack with Diane</b> Atrium	8:45 am <b>Stretch &amp; Stability</b> Exercise Area Atrium	9:00 am <b>Personal and Doctor trips</b> Concierge
9:30 am <b>Aquatic Aerobics</b> Pool & Patio	9:30 am <b>Wheel Of Fortune</b> Atrium	9:30 am <b>Fitness Fun with JOJO</b> Lobby	10:30 am <b>Countryside Church</b> Exercise Area	9:30 am <b>Fitness Fun with JOJO</b> Lobby	9:00 am <b>Personal and Doctor trips</b> Concierge	10:45 am <b>Dancing in your Seats</b> Lobby	9:30 am <b>Aquatic Aerobics</b> Pool & Patio	1:00 pm <b>Bus Ride</b> Concierge Desk	9:30 am <b>Church of Epiphany</b> Activity Area	10:30 am <b>Countryside Church</b> Exercise Area	10:30 am <b>Personal and Doctor trips</b> Concierge	9:00 am <b>Personal and Doctor trips</b> Concierge	10:00 am <b>Jeopardy</b> Atrium
10:00 am <b>Music with Wayne Bishop</b> Lobby	10:00 am <b>Crossword</b> Atrium	11:00 am <b>Lunch Bunch Hooters</b> Lobby	1:00 pm <b>Music with Dino</b> Atrium	10:00 am <b>Spanish Class</b> Atrium	9:30 am <b>Aquatic Aerobics</b> Pool & Patio	11:00 am <b>Circuit Training</b> Exercise Area	10:00 am <b>Music with Jeff</b> Lobby	1:30 pm <b>Dancing in your Seats</b> Exercise Area	10:00 am <b>Dominoes</b> Atrium	1:00 pm <b>Music with Josh Mabe</b> Backyard	10:00 am <b>Visits with Bella</b> Door-to-Door	9:30 am <b>Aquatic Aerobics</b> Pool & Patio	11:00 am <b>Happy Birthday August Babies</b> Dining Room
12:45 pm <b>Hand and Foot</b> Activity Area	12:45 pm <b>On this Day</b> Lobby	1:00 pm <b>Uncle John</b> Lobby	2:00 pm <b>Billiards</b> 3rd Fl	10:00 am <b>Visits with Bella</b> Door-to-Door	10:00 am <b>Miles of Smiles going to Indiana</b> Atrium	1:00 pm <b>Music with Rocky</b> Lobby	1:00 pm <b>Puttin' Around</b> Backyard	2:00 pm <b>Music with Judy Locke</b> Lobby	1:30 pm <b>Bingo</b> Dining Room	2:00 pm <b>Dominoes</b> Atrium	11:00 am <b>Circuit Training</b> Exercise Area	10:00 am <b>Laughter Yoga</b> Atrium	1:00 pm <b>UNO</b> Atrium
1:00 pm <b>Music with Tony T. and Debbie O.</b> Lobby	1:00 pm <b>Music with Chuck</b> Atrium	2:00 pm <b>Bingo</b> Dining Room	3:00 pm <b>Happy Hour</b> Atrium	10:30 am <b>Crossword</b> Atrium	12:45 pm <b>On this Day</b> Lobby	2:15 pm <b>Crossword with Charlie</b> Lobby	12:45 pm <b>Hand and Foot</b> Activity Area	3:00 pm <b>Free Friday Happy Hour</b> Atrium	2:00 pm <b>Sports</b> Billiards Room	3:00 pm <b>Happy Hour</b> Atrium	1:00 pm <b>Shopping: Big Lots</b> Concierge Desk	12:00 pm <b>10-Cent Blackjack</b> Atrium	1:00 pm <b>UNO</b> Atrium
1:30 pm <b>Bingo</b> Dining Room	1:30 pm <b>Stretch</b> Exercise Area	3:00 pm <b>Happy Hour</b> Atrium	6:30 pm <b>Movie &amp; Popcorn</b> Atrium	11:00 am <b>Circuit Training</b> Exercise Area	12:45 pm <b>On this Day</b> Lobby	2:30 pm <b>Functional Flex</b> Exercise Area	1:00 pm <b>Visits with Bella</b> Door-to-Door	3:00 pm <b>Outdoor Activity with Bella</b> Backyard	2:00 pm <b>Bingo</b> Dining Room	6:30 pm <b>Movie &amp; Popcorn</b> Atrium	1:00 pm <b>Shopping: Big Lots</b> Concierge Desk	12:45 pm <b>On this Day</b> Lobby	2:00 pm <b>Walks with Bella</b> Backyard
3:00 pm <b>Happy Hour</b> Atrium	1:30 pm <b>Dancing in your Seats</b> Exercise Area	6:30 pm <b>Music Therapy with Jamie Lee</b> Atrium		12:45 pm <b>On this Day</b> Lobby	1:00 pm <b>Happy Birthday Stephanie Party</b> Lobby	2:30 pm <b>Spanish Class</b> Activity Area	1:00 pm <b>Walks with Bella</b> Backyard	2:00 pm <b>Bingo</b> Dining Room	3:00 pm <b>Happy Hour</b> Atrium	2:00 pm <b>Music with DonnaDee</b> Lobby	1:00 pm <b>Shopping: Big Lots</b> Concierge Desk	12:45 pm <b>On this Day</b> Lobby	2:00 pm <b>Jazz with Jonathan</b> Lobby
6:00 pm <b>Music with James Wise</b> Lobby	2:00 pm <b>Dice Dots</b> Atrium	Puzzles Billiards Room		1:00 pm <b>Music with Angelo</b> Lobby	3:00 pm <b>Happy Hour</b> Atrium	3:00 pm <b>Happy Hour</b> Atrium	1:00 pm <b>Walks with Bella</b> Backyard	3:00 pm <b>Music with Company G</b> Lobby	3:00 pm <b>Happy Hour</b> Atrium	3:00 pm <b>Happy Hour</b> Atrium	2:00 pm <b>Music with Sam Collins</b> Lobby	1:00 pm <b>Music with Sam Collins</b> Lobby	2:30 pm <b>Spanish Class</b> 2nd Floor
6:30 pm <b>Movie &amp; Popcorn</b> Atrium	3:00 pm <b>Happy Hour</b> Atrium			2:00 pm <b>Bingo</b> Dining Room	3:00 pm <b>Happy Hour</b> Atrium	6:30 pm <b>Movie &amp; Popcorn</b> Atrium	3:00 pm <b>Music with Company G</b> Lobby	6:30 pm <b>Movie &amp; Popcorn</b> Billiards Room	6:30 pm <b>Movie &amp; Popcorn</b> Atrium	6:30 pm <b>Movie &amp; Popcorn</b> Atrium	3:00 pm <b>Happy Hour</b> Atrium	2:00 pm <b>Miles of Smiles going to Iowa</b> Atrium	3:00 pm <b>Volusia Medical Supply Maintenance</b> Library
	6:30 pm <b>Movie &amp; Popcorn</b> Activity Area			3:00 pm <b>Dancing in your Seats</b> Lobby	3:00 pm <b>Happy Hour</b> Atrium		6:30 pm <b>Walks with Bella</b> Backyard			6:00 pm <b>Music With James Wise</b> Lobby	2:00 pm <b>Happy Hour</b> Atrium	3:00 pm <b>Outdoor Activity with Bella</b> Backyard	3:00 pm <b>Spanish Class</b> 2nd Floor
				6:00 pm <b>Music with Dani</b> Lobby	3:00 pm <b>Happy Hour</b> Atrium		6:30 pm <b>Movie &amp; Popcorn</b> Atrium			7:00 pm <b>Movie &amp; Popcorn</b> Activity Area	6:00 pm <b>Connect Hearing</b> Library	3:00 pm <b>Happy Hour</b> Atrium	3:00 pm <b>Volusia Medical Supply Maintenance</b> Library
				6:00 pm <b>Movie &amp; Popcorn</b> Activity Area	6:00 pm <b>Music with Dani</b> Lobby						7:00 pm <b>Movie &amp; Popcorn</b> Activity Area	6:30 pm <b>Movie &amp; Popcorn</b> Atrium	6:30 pm <b>Movie &amp; Popcorn</b> Activity Area

# August 15-26, 2019

Activities are shown in red.  
Wellness classes are in blue.

15 Thursday	16 Friday	17 Saturday	18 Sunday	19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday	24 Saturday	25 Sunday	26 Monday
8:45 am Stretch & Stability Exercise Area	9:00 am Daily Devotional Atrium	8:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	8:30 am Puttin' Around Backyard	8:30 am Grocery Orders for Wednesday Delivery Atrium	<b>NATIONAL SENIOR CITIZEN DAY</b> 9:00 am Resident Council Meeting Atrium	8:45 am Stretch & Stability Exercise Area	8:00 am Garage Sale B120	8:00 am Garage Sale B120	9:00 am Puttin' Around Backyard	8:30 am Coffee & Conversation Lobby
9:00 am Personal and Doctor trips Concierge	Personal and Doctor trips Concierge	Funny Videos Atrium	10:00 am Documentary On Frank Sinatra Atrium	9:00 am Daily Devotional Atrium	Daily Devotional Atrium	9:00 am Resident Council Meeting Atrium	9:00 am Personal and Doctor trips Concierge	Personal and Doctor trips Concierge	Walmart, Publix Concierge Desk	Coffee & Conversation Lobby	9:00 am Personal and Doctor trips Concierge
Billiards Billiards Room	Arts & Crafts Atrium	9:00 am Daily Devotional Atrium	10:30 am Our Lady of Hope Group Liturgy Activity Area	Personal and Doctor trips Concierge	8:45 am Stretch & Stability Exercise Area Atrium	Personal and Doctor trips Concierge	Billiards Billiards Room	10:00 am Visits with Bella Door-to-Door	9:30 am Billiards Billiards Room	10:00 am Sunday Brunch Dining Room	9:00 am Personal and Doctor trips Concierge
9:30 am Aquatic Aerobics Pool & Patio	Mad Scientist: Build a Volcano Atrium	9:30 am Church of Epiphany Activity Area	10:30 am Countryside Church Exercise Area	Coffee & Conversation Lobby	10:00 am Minute to Win it Directors Edition Lobby	10:00 am Minute to Win it Directors Edition Lobby	Aquatic Aerobics Pool & Patio	10:30 am Crossword with Charlie Atrium	9:30 am Church of Epiphany Activity Area	Funny Videos Atrium	10:00 am Sunday Brunch Dining Room
Puzzles Billiards Room	Visits with Bella Door-to-Door	Fitness Fun with JOJO Exercise Area	1:00 pm Music with Al Canali Band Lobby	9:30 am Left Right Center Atrium	10:00 am Spanish Class Dining Room	10:00 am Spanish Class Dining Room	Puzzles Billiards Room	11:00 am Circuit Training Exercise Area	10:30 am Fitness Fun with JOJO Lobby	Our Lady of Hope Group Liturgy Activity Area	Daily Devotional Atrium
10:00 am Puttin' Around Backyard	11:00 am Circuit Training Exercise Area	10:30 Wheel of Fortune Atrium	2:00 pm Dominoes Atrium	9:00 am Personal and Doctor trips Concierge Desk	9:00 am Daily Devotional Atrium	9:00 am Daily Devotional Atrium	10:00 am Music with Jeff Lobby	1:00 pm Bus Ride Concierge Desk	Puzzles Billiards Room	10:30 am Our Lady of Hope Group Liturgy Activity Area	9:30 am Spanish Class 2nd Floor
Visits with Bella Door-to-Door	1:00 pm Karaoke Sing Along Atrium	11:15 am Lunch Bunch TBA Lobby	3:00 pm Happy Hour Atrium	10:00 am Visits with Bella Door-to-Door	9:30 am Aquatic Aerobics Pool & Patio	9:30 am Aquatic Aerobics Pool & Patio	12:45 pm Hand and Foot Activity Area	1:00 pm Stretch Exercise Area	10:00 am Sittin on the Dock of the Pond East Side Pond	1:00 pm Countryside Church Exercise Area	10:00 am Spanish Class 2nd Floor
12:45 pm Hand and Foot Activity Area	Stretch Exercise Area	1:30 pm TBA Lobby	6:00 pm Happy Hour Atrium	11:00 am Circuit Training Exercise Area	10:00 am Trivia Atrium	10:00 am Trivia Atrium	1:00 pm Tennyson Lobby	1:30 pm Visits with Bella Atrium	11:15 am Lunch Bunch TBA Lobby	1:00 pm Music with Ron and Diane Lobby	10:00 am Spanish Class 2nd Floor
1:00 pm Music with Wayne Lobby	Visits with Bella Atrium	1:30 pm Bingo Dining Room	7:00 pm Music Therapy with Jamie Lee Lobby	1:00 pm Music with Bobby Lobby	9:30 am Darts Billiards Room	9:30 am Darts Billiards Room	Walks with Bella Backyard	2:00 pm Dancing in your Seats Exercise Area	10:00 am Dock of the Pond East Side Pond	3:00 pm Happy Hour Atrium	10:00 am Spanish Class 2nd Floor
Book Club Library	1:30 pm Dancing in your Seats Exercise Area	Sports Billiards Room	Shopping: Bealls Outlet Concierge Desk	2:00 pm Bingo Dining Room	12:45 pm Hand and Foot Activity Area	12:45 pm Hand and Foot Activity Area	2:00 pm Functional Flex Exercise Area	2:00 pm Visits with Bella Atrium	1:00 pm TBA Lobby	6:30 pm Movie & Popcorn Atrium	10:00 am Spanish Class 2nd Floor
2:00 pm Bingo Dining Room	Bus Ride Concierge Desk	2:00 pm Dominoes Atrium	7:00 pm Movie & Popcorn Atrium	2:00 pm Bingo Dining Room	1:00 pm Music with Mickey Lobby	1:00 pm Music with Mickey Lobby	Miles of Smiles with Stephanie going to Kansas Atrium	3:00 pm Happy Hour Atrium	2:00 pm Happy Hour Atrium	1:00 pm Music with Ron and Diane Lobby	10:00 am Spanish Class 2nd Floor
2:30 pm Sherri On Piano Dining Room	2:00 pm Trivia Atrium	3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard	2:00 pm Bingo Dining Room	12:45 pm Hand and Foot Activity Area	12:45 pm Hand and Foot Activity Area	3:00 pm Happy Hour Atrium	2:00 pm Music with Judy Locke Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	10:00 am Spanish Class 2nd Floor
3:00 pm Happy Hour Atrium	3:00 pm Free Friday Happy Hour Atrium	6:30 pm Music with Blue Velvet Lobby	3:00 pm Happy Hour Atrium	3:00 pm Dancing in your Seats Atrium/Lobby	1:00 pm Walks with Bella Backyard	1:00 pm Walks with Bella Backyard	2:30 pm Spanish Class Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	10:00 am Spanish Class 2nd Floor
6:30 pm Chef's Table Dining Room	Outdoor Activity with Bella Backyard	6:30 pm Music with Blue Velvet Lobby	Outdoor Activity with Bella Backyard	Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Outdoor Activity with Bella Backyard	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	10:00 am Spanish Class 2nd Floor
Music with George Gall Lobby	Darts Billiards Room	6:30 pm Music with Blue Velvet Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Darts Billiards Room	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	10:00 am Spanish Class 2nd Floor
7:30 pm Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Activity Area	6:30 pm Music with Blue Velvet Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Activity Area	3:00 pm Happy Hour Atrium	6:30 pm Movie & Popcorn Atrium	10:00 am Spanish Class 2nd Floor

# AUGUST CSL BIRTHDAYS

RESIDENTS	STAFF
<b>August 3rd</b> Ruth Smith John Kleynenberg	<b>August 6th</b> Stephanie Lynch Lilia Burns
<b>August 8th</b> Arthur Girard	<b>August 16</b> Gina Forsyth Adrienne Pincheon
<b>August 22</b> Helen Whetstone	<b>August 25</b> Yong Boyd
<b>August 24</b> Myrtis Kelo	<b>August 27</b> Gavin Milne
<b>August 29</b> Dorothy Vining	<b>August 28</b> Elizabeth Arocho
<b>August 31</b> Marjory Kline	<b>August 30</b> Melissa Lungahi

# August 27–31, 2019

27 Tuesday	28 Wednesday	29 Thursday	30 Friday	31 Saturday
8:30 am Grocery Orders for Wednesday Delivery Atrium	9:00 am Darts Billiards Room	8:45 am Stretch & Stability Exercise Area	9:00 am Personal and Doctor trips Concierge	8:00 am Walmart, Publix Concierge Desk
Daily Devotional Atrium	9:00 am Personal and Doctor trips Concierge	9:00 am Personal and Doctor trips Concierge	Daily Devotional Atrium	Funny Videos Atrium
8:45 am Stretch & Stability Exercise Area Atrium	Daily Devotional Atrium	Billiards Billiards Room	9:30 am Mad Scientist Atrium	9:00 am Daily Devotional Atrium
9:00 am Personal & Doctor Trips Concierge Desk	9:30 am Miles of Smiles with Stephanie to Kentucky Atrium	9:30 am Aquatic Aerobics Pool & Patio	10:00 am Visits with Bella Door-to-Door	Crossword Atrium
9:30 am Aquatic Aerobics Pool & Patio	Visits with Bella Door-to-Door	Puzzles Billiards Room	11:00 am Circuit Training Exercise Area	Billiards Billiards Room
Visits with Bella Door-to-Door	10:30 am Jeopardy Atrium	10:00 am Puttin' Around Backyard	1:00 pm Karaoke Come Sing with Us Lobby	9:30 am Church of Epiphany Activity Area
Darts Billiards Room	10:45 am Dancing in your Seats Lobby	Visits with Bella Door-to-Door	Stretch Exercise Area	Fitness Fun with JOJO Exercise Area
10:00 am Brain Games/ Trivia Atrium	11:00 am Circuit Training Exercise Area	12:45 pm Hand and Foot Activity Area	Visits with Bella Atrium	10:30 am Wheel of Fortune Atrium
12:45 pm Hand and Foot Activity Area	1:00 pm Music with Angelo Lobby	1:00 pm Music with Wayne Lobby	1:30 pm Dancing in your Seats Exercise Area	Puzzles Billiards Room
1:00 pm Music with Sam Lobby	1:00 pm Music with Angelo Lobby	Book Club Library	2:00 pm Bus Ride Concierge Desk	11:00 am Lunch Bunch TBA Lobby
Walks with Bella Backyard	Walks with Bella Backyard	2:00 pm Bingo Dining Room	Trivia Atrium	1:00 pm Music with Gailforce Lobby
2:00 pm Dice Dots Atrium	Hand and Foot Activity Area	3:00 pm Happy Hour Atrium	3:00 pm Free Friday Happy Hour Atrium	Sports Billiards Room
3:00 pm Happy Hour Atrium	2:00 pm Crossword Atrium	3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard	2:00 pm Bingo Dining Room
Visits with Bella Lobby	Functional Flex Exercise Area	3:00 pm Happy Hour Atrium	Darts Billiards Room	3:00 pm Happy Hour Atrium
6:30 pm Movie & Popcorn Atrium	2:30 pm Spanish Class 2nd Floor	6:30 pm Movie & Popcorn Activity Area	6:00 pm Music with Rocky Activity Area	6:00 pm Music Therapy with Jamie Lee Lobby
	3:00 pm Happy Hour Atrium			
	Visits with Bella Lobby			
	6:00pm Music with Dani Lobby			

## Celebrating July Fourth, CountrySide Style!



## Interesting Events in AUGUST

- ❖ August 2, 1776 - In Philadelphia, most of the 55 members of the Continental Congress signed the parchment copy of the Declaration of Independence.
- ❖ August 3, 1492 - Christopher Columbus set sail from Palos, Spain, with three ships, Niña, Pinta and Santa Maria. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas, thinking it was an outlying Japanese island.
- ❖ August 17, 1978 - The first transatlantic balloon trip was completed by three Americans; Max Anderson, Ben Abruzzo, and Larry Newman, all from Albuquerque, New Mexico. Starting from Maine on August 11th, they traveled in Double Eagle II over 3,000 miles in 137 hours, landing about 60 miles west of Paris.
- ❖ August 18, 1920 - The 19th Amendment to the U.S. Constitution was ratified, granting women the right to vote.
- ❖ August 31, 1997 - Britain's Princess Diana died at age 36 from internal injuries suffered in a high-speed car crash, reportedly after being pursued by photographers. The crash occurred shortly after midnight in Paris inside a tunnel along the Seine River at the Pont de l'Alma bridge, less than a half mile north of the Eiffel Tower. Also killed in the crash were Diana's companion, Dodi Fayed, 42, and chauffeur Henri Paul.

## Bruce Foster

We're lucky to have you!

Bruce has only been with us for a short time, but what an impact he has made! His life is dedicated to service and he truly is an asset to our team. Bruce works tirelessly helping others, he delivers meals on wheels, works with habitat for humanity, and he helps everyone here. Bruce is never without a smile, a kind word, or a joyful heart. He has been a helping hand to our maintenance team! Helpful to our activities department and we are lucky to have him.



**CountrySide Lakes**  
A Shepherd Senior Living Community

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