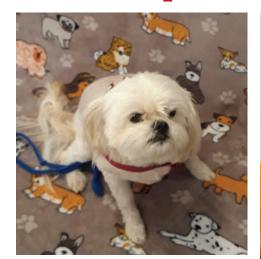
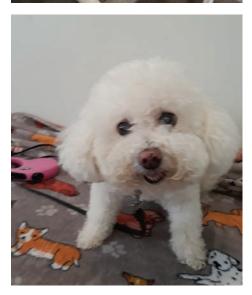
CountrySide Chronicle Monthly News Calendar September 2019

More Pups!















From the Director's Desk

It's been a quiet year so far in the case of hurricanes. Hopefully we will remain so till the end of the season. Fingers crossed. That being said, we do live in Florida and hurricanes are just part of the trade-off for living in such a beautiful place. Please stay prepared. Either keep stock of the essentials if you plan to "ride out" a storm or keep a full tank of gas to be ready for the evacuation. Always be safe, be prepared and communicate with friends and families as to your plans for any storm.

Labor Day is sort of the last holiday we have before the

big ones start in November, December and January. Lots of families see it as an end to the summer. Some people still get Labor Day and Memorial Day mixed up. The easy way it was taught to me is that Memorial Day is in May. Labor Day was put in place to honor the American worker for all the contributions and sacrifices made in order to keep this wonderful nation moving forward. It started out in the late 19th century and became a federal holiday in 1894.

In local news, our Dog Park fund is well on its way! We are about half way to our goal. It will be so nice once the



park is complete and we can offer our four-legged friends a place to run and enjoy some "off leash" time. I want to thank all who have donated your generosity is very much appreciated.

Make a difference for someone today.







Harriet Hacker moved in to Countryside Lakes in June of this year. She is an avid singer and has enjoyed singing for many years. She also enjoys walking and stays in great physical shape. She likes to spend time with her family. She enjoys participating in our activities and exercise classes, as well as getting to know some of her new neighbors. Harriet is quiet and reserved, but all you have to do is walk up say, "Hi" and she would love to get to know each of you. She would also enjoy telling you all the great stories she has to share about her life.

Bella's Corner Follow Bella's photos & videos ©CSL32127

More fun with Bella's new-found friends!









Labor Day Celebration Luau and Activities

SATURDAY

- Gail Force entertains us with music
- Then its Aloha Bingo with special prizes
- Hawaiian Happy Hour

SUNDAY

- Music with Dino
- ❖ Join us in the lobby for Family Fued!

MONDAY

- Labor Day Bingo
- ❖ The one and only Dean Martin at 1:00 pm
- Labor day trivia at 2:00 pm
- No-more-work Happy Hour



PAGE 2 COUNTRYSIDE CHRONICLE SEPTEMBER 2019 PAGE 3

CULINARY CORNER



Chef's Table Menu September 19th & 26th

Sign-up with the Concierge to join us!

1ST COURSE

Crab Stuffed Mushrooms - Lemon Aioli - Bruschetta Caprese

2ND COURSE

Lemon Sorbet - Candied Citrus Confi

3RD COURSE

Pork Osso Bucco - Gremolata - Polenta - Braised Asparagus

4TH COURSE

Tiramisu - Espresso Truffle























Activities and Events

I can't thank you all enough for showing up and offering ideas for things we need to do! New exercise classes are in place – come see the fun you can have while staying healthy.

Bible Study is back along with a daily devotional – spirituality gives us the opportunity to reflect and collect courage for challenges.



CountrySide Lakes Choir

Do you like to sing? Join our new choir who will be entertaining us this December with a one-of-a-kind Christmas show.



There are some great activities that have been around for a long time, just because you don't see them on the schedule doesn't mean they are not available.

We will always have Personal Trips (Monday - Friday) – book your outing with the front desk at least 72 hours in advance.



Catch up on your reading and dive into new stories with books in our library!



Board Games, Darts, Billiards and Puzzles are on the 3rd floor and available for you anytime.



The Dock and the Putting Green are always waiting for you.



If you don't see something you want to see, just call me, anytime 386-307-0290. I have the best job because I spend my days with you! Thank you for your support in all that we bring to you.

— With Love, Stephanie

PAGE 4 COUNTRYSIDE CHRONICLE SEPTEMBER 2019 PAGE 5

September 1–14, 2019

8:30 am

Exercise Area

9:00 am

Leap of Faith

Thrift Store

Shopping

Atrium

Flex & Balance

6

8:30 am

Exercise Area

9:00 am

9-11 am

10:00 am

going to

Atrium

Louisiana

11:00 am

Exercise Area

12:30 pm

On this Day

1:00 pm

Music with

Atrium

Atrium

Chuck

Circuit workout

w/ Stephanie

Miles of Smiles

Pool

Aquatic Aerobics

Stretch

9

8:30 am

10:00 am Atrium

Spanish Class Dining Room

Fitness Fun

Creative Hour Atrium

11:00 am Circuit workout w/ Stephanie

Daily Devotional Atrium

Shopping:

Atrium

Atrium

Outdoor Activity with Bella Backyard

3:00 pm Happy Hour

Dining Room

Dance in

Aquatic Aerobics

10:00 am Our Lady of Hope Puttin' Around Mass & Anointing Backyard Activity Area

Creative Hour Atrium

11:00 am Circuit workout w/ Stephanie Exercise Area

12:00 pm Bible Study 2nd Floor Activities

1:00 pm Miles of Smiles going to Maine Atrium

Walks with Bella Backyard

2:00 pm Jazz with Jonathan Lobby

2:30 pm Connect Hearing Spanish Class 2nd Floor

> 3:00 pm Games 2nd Fl Activities

Volusia **Medical Supply** Maintenance Library Happy Hour

Visits with Bella Lobby

Atrium

6:30 pm Movie & Popcorn Activity Area

Friday 8:30 am Stretch

9:00 am Aquatic Aerobics Atrium

Atrium 10:00 am

2nd Floor Activities Visits with Bella Door-to-Door

11:00 am Circuit workout w/ Stephanie Exercise Area

12:30 pm Daily Devotional Atrium

On this Day Atrium 1:00 pm

Visits with Bella Atrium

Bus Ride Concierge Desk

Crossword/ **Brain Games** Atrium

Creative Hour Atrium

2:00 pm Movie & Popcorn Judy Locke Lobby

Atrium

Outdoor Activity with Bella Backyard

Darts Billiards Room 6:30 pm

Movie & Popcorn Activity Area

Saturday

Walmart, Publix Concierge Desk

Daily Devotional

On this Day

Visit with Kittens Funny Videos Atrium

> Dance in Your Seat or on Your Feet Exercise Area

9:30 am Church of **Epiphany** Activity Area

Fitness Fun with JOJO Exercise Area

Countryside Choir

2nd Fl Activities **Puzzles**

1:00 pm Music with

Dining Room 3:00 pm Happy Hour

6:30 pm Movie & Popcorn Activity Area

Exercise Area

Pool

PAGE 6 COUNTRYSIDE CHRONICLE SEPTEMBER 2019

LABOR DAY

LUAU PARTY 9:00 am Coffee & Conversation Lobby

10:00 am

Our Lady of Hope Group Liturgy Activity Area

10:30 am Countryside Church Exercise Area

1:00 pm Music with Dino Atrium

2:00 pm Dominoes/Uno Atrium

3:00 pm Happy Hour Atrium

6:30 pm Movie & Popcorn Atrium

Shopping: Ross/Bealls Concierge Desk 2:15 pm Labor Trivia Atrium 3:00 pm Happy Hour

LABOR DAY

8:30 am Puttin' Around with Stephanie Backyard

Atrium

Door-to-Door

1:00 pm

6:00 pm

Party

Lobby

DJ Chris Dance

Lobby

Dean Martin

9:30 am Fitness Fun with

Visits with Bella

Exercise Area \$5.00 Jewelry with Lunia Bingo Atrium Dining Room

10:00 am Spanish Class Left Right Center \$.10 10:00 am Atrium

Visits with Bella Door-to-Door

12:00 pm The one and only **Grocery Orders** for Tuesday Delivery Atrium

12:30 pm Daily Devotional Atrium

On this Day Atrium 12:45 pm Hand and Foot

Activity Area 1:00 pm Music with Sam Collins

Lobby Walks with Bella

Backyard

Games

Atrium

Atrium

Lobby

Lobby

3:00 pm

6:30 pm

Music with

Tennyson

Happy Hour

Visits with Bella

3:00 pm 2:00 pm Atrium Crossword/Brain

6:00 pm Music with Calvin Lobby

8:30 am Dance in Your Seat or on Your Feet Exercise Area

9:00 am Aquatic Aerobics

10:00 am \$.10 BlackJack Atrium

10:30 am Visits with Bella Door-to-Door

11:00 am Circuit Workout w/ Stephanie Exercise Area

12:00 pm Bible Study 2nd Floor Activities

1:00 pm Music with Sam Collins Lobby

Walks with Bella Backyard

2:00 pm Crossword/ **Brain Games** Atrium

2:30 pm Spanish Class Activity Area

Happy Hour

9:00 am Billiards Billiards Room Puzzles

Billiards Room 10:00 am Puttin' Around

Backyard Visits with Bella Door-to-Door

12:45 pm Hand and Foot Activity Area 1:00 pm

Music with Michael T Lobby **Book Club**

Library 2:00 pm Bingo Dining Room

3:00 pm Happy Hour Atrium Walks with Bella

Atrium

Atrium Backyard Visits with Bella 6:30 pm Atrium Movie & Popcorn

2:00 pm Crossword/ **Brain Games** Atrium

3:00 pm Free Friday Happy Hour Atrium

Outdoor Activity with Bella Backyard 6:30 pm

Movie & Popcorn

Atrium

8:00 am Walmart, Publix Concierge Desk Daily Devotional

On this Day Atrium

Voter Registration 8:30 am Dance in Your Seat or on Your Feet Exercise Area

9:30 am Church of Epiphany Activity Area

Fitness Fun with JOJO Exercise Area

Daily Devotional 10:00 am Mad Science Atrium **Puzzles**

> Billiards Room 11:00 am Lunch Bunch

Lobby 1:00 pm Music with Uncle John Lobby

2:00 pm Bingo Dining Room 3:00 pm

Happy Hour Atrium 6:30 pm Movie & Popcorn

Atrium

NATIONAL ASSISTED LIVING WEEK SEPT 8TH -SEPT 14TH

9:00 am A SPARK OF CREATIVITY! Enjoy a Pool different creative side 9:30 am each day at Creative

GRANDPARENTS DAY

9:00 am Coffee & Conversation Lobby

Hourl

10:00 am Documentary On Salvador Dali Atrium

Activity Area 10:30 am Countryside Church

NO Group

Liturgy

Exercise Area 1:00 pm Music with Gail Force Lobby

2:00 pm **Creative Hour** Atrium

Movie & Popcorn

Atrium

3:00 pm Happy Hour Atrium 6:30 pm

8:30 am Stretch Exercise Area

Aquatic Aerobics Roulette \$.10

with JOJO Exercise Area 10:00 am

> Visits with Bella Door-to-Door

Exercise Area 12:30 pm

On this Day Atrium

1:00 pm Music With James Wise Lobby

Big Lots Concierge Desk Visits with Bella

2:00 pm Crossword/ **Brain Games**

Atrium 6:30 pm Bingo

Movie & Popcorn Activity Area

8:30 am

Flex & Balance Your Seat or Exercise Area on Your Feet Exercise Area 9:00 am

Creative Hour Atrium

12:00 pm **Grocery Orders** for Tuesday Delivery Atrium

12:30 pm Daily Devotional Atrium

On this Day

Atrium 12:45 pm Hand and Foot Activity Area

1:00 pm Countryside Choir 2nd Fl Activities

2:00 pm Crossword/ Brain Games Atrium

3:00 pm Happy Hour Atrium

Library 6:30 pm Movie & Popcorn Crossword/Brain

9:00 am Personal and **Doctor Trips** Concierge

> Billiards Billiards Room Puzzles Billiards Room

> > Door-to-Door

Music with

Wayne

Bingo

Lobby

Atrium

Dining Room

3:00 pm

Music with

Company G

Happy Hour

6:30 pm

Activity Area

10:00 am Visits with Bella

12:45 pm Hand and Foot Activity Area 1:00 pm

Lobby **Book Club** Library 2:00 pm

Music with

3:00 pm Free Friday Happy Hour

8:00 am

8:30 am

10:00

Billiards Room

Randy Lobby 2:00 pm

Atrium

PAGE 7

September 15–26, 2019

9:00 am

Conversation

10:00 am

Documentary

Group Liturgy

Activity Area

10:30 am

Countryside

Exercise Area

11:00 am

Lunch Bunch

and Movies at

Church

Pavilion

Concierge

1:00 pm

Music with

Josh Mabe

2:00 pm

Dominoes

3:00 pm

6:30 pm

Movie & Popcorn

Happy Hour

Atrium

Atrium

Atrium

Lobby

Coffee &

Lobby

Atrium

Personal and

Doctor Trips

Concierge Desk

10:00 am

Music with

Sam Collins

Door-to-Door

Billiards Room

12:30 pm

Delivery

Atrium

Atrium

Atrium

Grocery Orders

for Wednesday

Daily Devotional

On this Day

12:45 pm

Activity Area

1:00 pm

Lobby

Backyard

2:00 pm

Family Feud

Walks with Bella

Hand and Foot

Visits with Bella

Lobby

Darts

8:30 am

Exercise Area

9:00 am

10:00 am

Door-to-Door

going to

Atrium

Maryland

11:00 am

Exercise Area

12:30 pm

On this Day

1:00 pm

Crossword/

Brain Games

Concierge Desk

Visits with Bella

Atrium

Atrium

Atrium

Bus Ride

Circuit workout

Daily Devotional

w/ Stephanie

Visits with Bella

Miles of Smiles

Stretch

9:00 am

Backyard

Lobby

Atrium

Coffee &

Puttin' Around

Conversation

10:00 am

Funny Videos

Group Liturgy

Activity Area

10:30 am

Countryside

Exercise Area

1:00 pm

Music with

Tony T &

Debbie O

3:00 pm

6:30 pm

Atrium

Happy Hour

Lobby

Church

23

24

8:30 am Flex & Balance Exercise Area Atrium

10:00 am Roulette \$.10 Atrium

Visits with Bella Door to Door

12:00 pm **Grocery Orders** for Tuesday Delivery Atrium

12:30 pm Daily Devotional Atrium

On this Day Atrium

12:45 pm Hand and Foot Activity Area

1:00 pm Walks with Bella Backyard

2:00 pm Crossword/ Brain Games Atrium

3:00 pm Happy Hour Atrium

Visits with Bella

Lobby 6:30 pm Movie & Popcorn Activity Area

9:00 am Billiards Billiards Room 9:30 am

> **Puzzles** Billiards Room Puttin' Around Backyard

> > Lobby

Bingo

Atrium

Backyard

6:30 pm

Activity Area

2:00 pm

Dining Room

3:00 pm

Happy Hour

Walks with Bella

Movie & Popcorn

Thursday

Activities are shown in red

Wellness classes are in blue

Visits with Bella Door-to-Door

10:00 am Puttin' Around Backyard

12:45 pm Hand and Foot Activity Area

1:00 pm September 24 Music with Jeff Morey **Douglass Brantley**

> September 25 Barbara Makowski September 30 Liselotte Martin

SEPTEMBER CSI. BIRTHDAYS

RESIDENTS

September 3 **Robin Fortner**

September 11 Tina Zellie September 14

> **Darrell Butler** September 18 **Bruce Foster**

STAFF

September 20 Crystal Mayhue

September 21 Joe Tuozzo

Jessica Tindel September 24 **Taylor Putnam**

> September 30 Michaelene Achorn

8:30 am 8:30 am Stretch Flex & Balance Exercise Area Exercise Area 9:00 am

9:00 am Aquatic Aerobics

On Frank Sinatra 9:30 Spanish Class Our Lady of Hope Dining Room

10:00 am Visits with Bella Door-to-Door

11:00 am Circuit workout w/ Stephanie Exercise Area

12:30 pm Daily Devotional

On this Day Atrium

1:00 pm Music with Bobby

Shopping: Bealls Outlet Concierge Desk

2:00 pm Crossword/ Brain Games

Atrium **Outdoor Activity** with Bella Backyard

Crossword/ 3:00 pm **Brain Games** Atrium Happy Hour 3:00 pm

6:30 pm Happy Hour Bingo Dining Room Visits with Bella Lobby

> 6:00 pm Music with Mickey Lobby

8:30 am Dance in Your Seat or on Your Feet Exercise Area

9:00 am Resident Council Meeting Atrium

10:00 am CrossWord / **Brain Games** Atrium

11:00 am Circuit workout w/ Stephanie Exercise Area

12:00 pm Bible Study 2nd Fl Activities 1:00 pm

Tennyson Lobby Walks with Bella

Backyard 2:00 pm Bingo Dining Room

Spanish Class Activity Area

3:00 pm Happy Hour Atrium

Visits with Bella Lobby 6:00 pm Music with Rocky

Lobby

19

9:00 am Billiards Billiards Room

Puzzles Billiards Room 10:00 am Nail Salon

RN Station Darts Billiards Room

12:45 pm Hand and Foot Activity Area

1:00 pm Music with Michael T Lobby

2:00 pm Dominoes Atrium 3:00 pm

Happy Hour Atrium

Walks with Bella Backyard 6:30 pm Music with

George Gall Lobby Chef's Table Dining Room

Atrium 2:00 pm Music with Judy Locke Lobby 3:00 pm

Happy Hour Wine & Appetizers Atrium

Outdoor Activity with Bella Backyard 6:30 pm Music with Dani

Lobby

Saturday

8:00 am Walmart, Publix Concierge Desk

8:45 am Aquatic Aerobics Dance in Your Seat or on Your Feet Exercise Area

> 9:30 am Billiards Billiards Room Church of

Epiphany Activity Area Fitness Fun with JOJO

Lobby **Puzzles** Billiards Room

10:00 Countryside Choir 2nd Fl Activities

11:00 am Lunch Bunch Lobby

1:00 pm Left Right Center Atrium

2:00 Bingo Dining Room 3:00 pm

Happy Hour

6:30 pm Music with Blue Velvet Lobby

8:30 am Stretch Exercise Area 9:00 am

Pool 9:30 am Spanish Class

Aquatic Aerobics

2nd Floor Our Lady of Hope Fitness Fun with JOJO Lobby

> 10:00 am Visits with Bella Door-to-Door \$.10 Left Right

Center Atrium 11:00 am Circuit workout

w/ Stephanie Exercise Area 12:30 pm

Daily Devotional Atrium Movie & Popcorn On this Day

Atrium 1:00 pm Music with James Wise

Lobby Visits with Bella Atrium

2:00 pm Crossword/ **Brain Games** Atrium 2:00 pm

Bingo Dining Room **Outdoor Activity** with Bella

3:00 Happy Hour Atrium

Backyard

6:30 pm Bingo Dining Room Wednesday

8:30 am Stretch Exercise Area 9:00 am

Aquatic Aerobics Pool

10:00 am Visits with Bella Door-to-Door

11:00 am Circuit workout w/ Stephanie Exercise Area 12:00 pm

Bible Study 2nd Fl Activities 1:00 pm

Music with II Lobby Walks with Bella

Backyard Hand and Foot Activity Area

2:00 pm Crossword/ **Brain Games** Atrium 2:30 pm

2nd Floor 3:00 pm Happy Hour Atrium

> Lobby 6:00 pm Music with Suzie Lobby 6:30 pm Movie & Popcorn

Activity Area

Visits with Bella

Spanish Class

September 1 Aziz Hanna

> September 6 John Coburn

September 13 Nancy Butzberger **Phyllis Matthews**

September 14 **Stewart Harkness**

September 18 Aline Robert

September 22

September 27–30, 2019

8:30 am

Exercise Area

9:00 am

Atrium

Door-to-Door

11:00 am

Exercise Area

12:30 pm

On this Day

1:00 pm

Crossword/

Brain Games

Visits with Bella

Atrium

Atrium

Atrium

Atrium

Angelo

Lobby

2:00 pm

Music with

3:00 pm

Daily Devotional

w/ Stephanie

Aquatic Aerobics

Stretch

Saturday

8:00 am

Concierge Desk

8:30 am

Funny Videos

Sunday

9:00 am Walmart, Publix Coffee & Conversation Lobby

10:00 am Sunday Brunch Dining Room

Our Lady of Hope Group Liturgy Activity Area

10:30 am Countryside Church Exercise Area

1:00 pm Music with Ron & Diane Lobby

3:00 pm

Happy Hour

Fitness Fun 2:00 pm **Dominoes** Atrium

Mad Science Atrium

11:00 am Lunch Bunch Lobby

2:00 pm

Dining Room 3:00 pm Happy Hour

6:00 pm

Free Friday Happy Hour Atrium Outdoor Activity

with Bella Backyard Darts

Billiards Room 6:30 pm

Movie Activity Area

Dance in 10:00 am Your Seat or Miles of Smiles on Your Feet with Stephanie Exercise Area to Kentucky 9:00 am Visits with Bella Billiards

Billiards Room 9:30 am Circuit workout

Church of **Epiphany** Activity Area

with JOJO Exercise Area

6:30 pm Movie & Popcorn Atrium

8:30 am Stretch Exercise Area Puttin' Around Backyard

9:00 am Aquatic Aerobics

9:30 am Spanish Class Dining Room

10:00 am Left Right Center Atrium

Visits with Bella Door-to-Door

11:00 am **Circuit Training** Exercise Area

12:30 pm Daily Devotional Atrium

On this Day Atrium

1:00 pm Bingo Dining Room

2:00 pm Crossword/ **Brain Games** Atrium

Outdoor Activity with Bella Backyard

3:00 pm Happy Hour Atrium

6:00 pm Music with Randy Atrium

August Birthday Bash!









CountrySide Lakes Man Cave













Interesting Events in SEPTEMBER

- September 1, 1875 Tarzan of the Apes creator Edgar Rice Burroughs (1875-1950) was born in Chicago. Before becoming a novelist, he was a correspondent for the Los Angeles Times.
- September 2, 1666 The Great Fire of London began in a bakery in Pudding Lane near the Tower. Over the next three days more than 13,000 houses were destroyed, although only six lives were believed lost.
- September 2, 1945 President Harry Truman declared V-J Day commemorating the formal Japanese surrender to the Allies aboard the USS Missouri in Tokyo Bay.
- September 8, 1883 The Northern Pacific Railroad across the U.S. was completed.
- September 14, 1741 Composer George Frederick Handel finished Messiah after working on it nonstop for 23 days.
- September 26, 1774 American folk legend Johnny Appleseed (1774-1845) was born in Leominster, Massachusetts (as John Chapman). For 40 years, he traveled through Ohio, Indiana and into Illinois, planting orchards.
- September 30, 1955 Actor James Dean was killed in a car crash in California at age 24. Although he made just three major films, Rebel Without a Cause, East of Eden and Giant, he remains one of the most influential actors.

Destinie Lungahi

We're lucky to have you!

Destinie is a smart young lady who began working here a little over a year ago. We were her first job and although she makes a huge impact on all of us with her sweet, kind, and compassionate outlook, this position has done amazing things for her personally. Her mom says she has really opened up and become more active, social, and not-so-quiet! We are glad to be part of young peoples' lives. We have so much to teach them and Destinie teaches us that the

youth of today can be great – shown by her love for others, dedication to serving others, and just simply being a kind, gentle, and compassionate person. We are lucky to have you! Thank you for all you do for our residents.



A Shepherd Senior Living Community

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