

CountrySide Chronicle

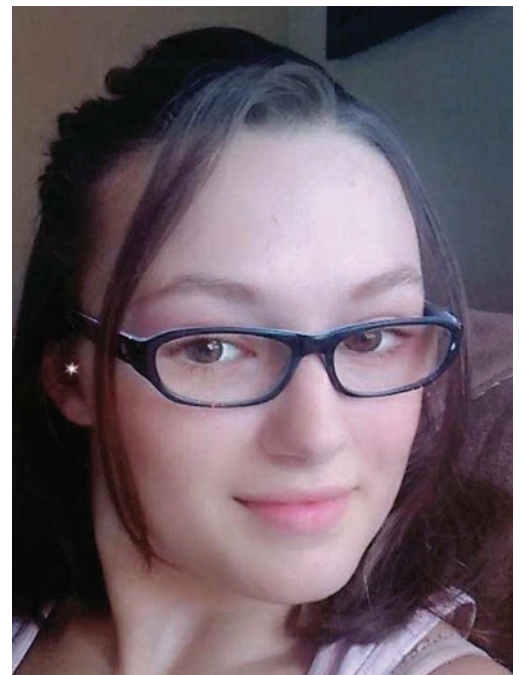
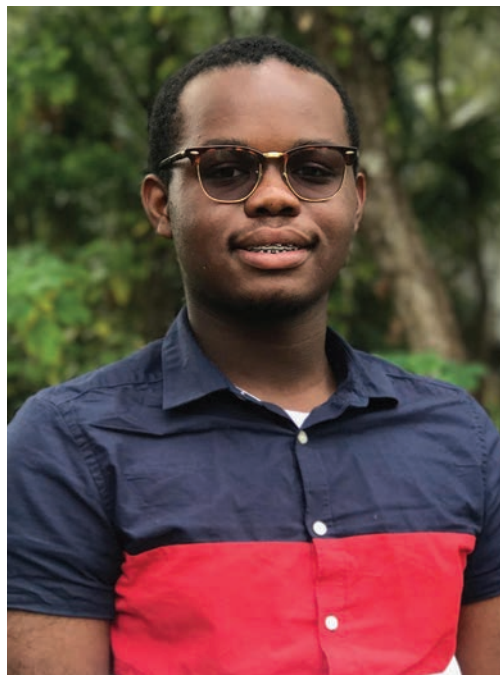
MONTHLY NEWS CALENDAR

MARCH 2020

Congratulations to Cudas Graduates!

Your generosity all year has helped so many students stay on track, reach their goals, and feel loved. These five students are our Class of 2020 Graduates. Lilly, Michael, Jaheim, Jocelyn, and Justus (not pictured). They have made it and all are headed to college. We want to ensure they know we are cheering them on as they begin to make a difference in the world just like all of you have.

We are collecting donations so that we can supply each graduate with a gift card for them to purchase items needed for their new dorms, books, and supplies. We look forward to being a part of their continued success in our community. To everyone at CountrySide Lakes – thank you for making a difference in the lives of youth!



From the Director's Desk

Winter is almost over. But did we really have a winter, even by Florida standards? That may mean we are in for a "bug-rich" spring. Don't forget to treat your yards for bugs and creepy crawlers, but also with a pre-emergent to keep the weeds down too. OK, that's enough from Charlie the Gardener.

We have a busy March planned. We have Gifts for Grads, there are 5 kids from Cuda's Unhooked graduating this year. Saint Patrick's Day festivities are set for all. Stephanie has planned a slightly competitive

Bocce Ball Tournament for Directors and Residents. Can't wait for that!

I end all my messages with Make a Difference Today. I do that for the simple reason that over my years of experience, that it isn't that hard to do. Just be determined to do so. Start out slow, make someone smile. There you've done it. You made a difference for them. You gave them one more smile for the day, that they may have had. There is research that explains how many more muscles it takes to smile than



frown. Look – you helped them get to their exercise goals as well. See how easy this can be?

Make a difference for someone today.

Charlie

RESIDENT SPOTLIGHT

John Kleynenberg

John Kleynenberg is our youngest resident. He has a degree in Criminal Justice, is a Certified Travel Agent, and last worked for Disney Cruise lines. He was born in Grand Rapids, Michigan and lived there for 29 years before moving to Florida. His favorite things in the world are his beloved Miniature Schnauzer Otto, music, sports, and shipwrecks. He lived with his parents for eleven years before moving here. CountrySide Lakes has given him the opportunity for regaining his independence, and been a great help in his health and wellness.

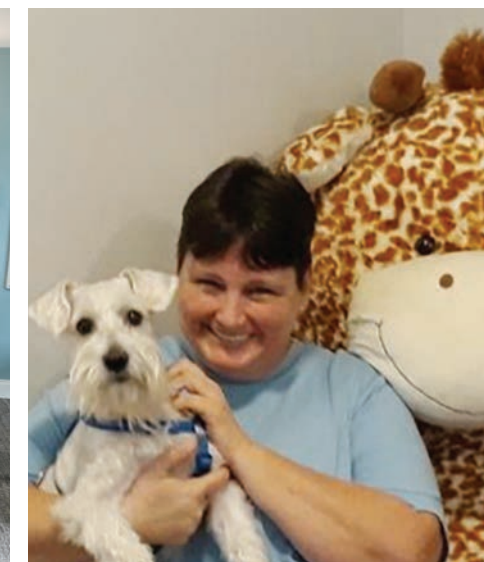
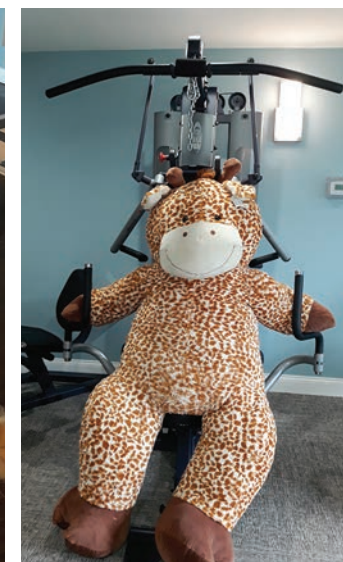
John says his philosophy in life is to treat others the way you wish to be treated. His favorite thing about living here is being able to value the life lessons and knowledge of so many amazing people who have done wonderful things in their lives. He appreciates the generations before him and values all of his friendships. We are glad you are part of our family John and Otto!

Bella's Corner

Follow Bella's photos & videos

@CSL32127

CountrySide Lakes Teddy Bear Drive Goal Exceeded!



The CountrySide Lakes Teddy Bear drive was a huge success again, thanks to so many who donated adorable stuffed animals that will help comfort a child in crisis. This year we exceeded our goal of 750! The final count won't be in until next week – we are waiting for deliveries! Onyx Home Care generously donated \$250.00 as well as family and friends donated bags full of stuffed animals. Words cannot express how much joy each of you bring to so many. I thank you from the bottom of my heart for always making a difference in my life and the lives of others.

Love, Stephanie

CULINARY CORNER



Chef's Table Menu for March 12th & 26th

Sign-up with the Concierge to join us!

1ST COURSE

Roasted Tomato Risotto
with Parmesan Crisp & Creme Basil

2ND COURSE

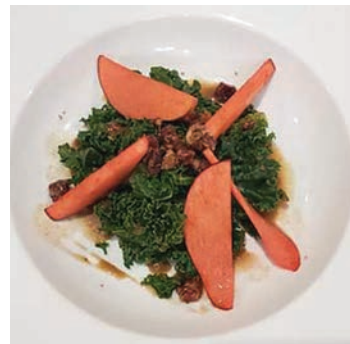
Crab and Langostino Ceviche
with Tequila Lime Cocktail Sauce

3RD COURSE

Salmon en Croute Swiss Chard
with Garlic Smashed Potatoes and Tarragon Hollandaise

4TH COURSE

Coconut Lemon Crème Brûlée



Ladles of Love

Thank you go all the wonderful cooks, all the tasters, and especially to our residents for making the event amazing. Over \$400 raised for Cudas Unhooked and Barracks of Hope. CONGRATULATIONS to Our very own Michaelene Achorn for her winning Bacon Mac 'n Cheese.



Bacon Mac 'N Cheese

- 2-1/2 cups Macaroni Noodles
- 1 stick Butter
- 10 oz Cheese (use all different kinds you like)
- 24 oz Cottage Cheese

Put all ingredients in a crock pot. Add 2-1/4 cups of boiling water. Cook on high for 2 hours (do not check on it). Let sit for 30 minutes and enjoy!

March 1-14, 2020

Activities are shown in red.
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 am Coffee & Conversation Lobby	9:00 am Stretch Exercise Area	9:00 am Coffee & Conversation Lobby	9:00 am Stretch Exercise Area	9:00 am Billiards Billiards Room	Walmart Grocery Orders for Saturday Delivery Atrium	8-10:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	9:00 am Stretch Exercise Area	9:00 am Billiards Billiards Room	9:00 am Stretch Exercise Area	9:00 am Billiards Billiards Room	Walmart Grocery Orders for Saturday Delivery Atrium	8-10:00 am Walmart, Publix Concierge Desk
10:00 am Our Lady of Hope Group Liturgy Activity Area	10:00 am Music with Mark Atrium	1:00 pm 10¢ Left Right Center Atrium	10:00 am Dice Dots Atrium	Puzzles Billiards Room	Atrium	9:00 am Bocce Ball Lobby	10:00 am Funny Videos Atrium	10:00 am Dice Dots Atrium	10:00 am Billiards Billiards Room	10:00 am Our Lady of Hope Mass & Anointing Activity Area	9:30 am Puzzles Billiards Room	9:00 am Stretch Exercise Area	9:00 am Bocce Ball Lobby
10:30 am Countryside Church Exercise Area	1:00 pm 10¢ Blackjack Atrium	11:00 am Stretch, Tone & Strengthen Exercise Area	11:00 am Tone & Strengthen Exercise Area	10:00 am Nail Salon Atrium	9:00 am Stretch Exercise Area	9:30 am Church of Epiphany Activity Area	10:00 am NO Group Liturgy Activity Area	10:00 am Visits with Bella Door-to-Door	10:00 am Bocce Ball Lobby	10:00 am Dominoes / Uno Atrium	10:00 am Music with Kids City USA VPK Atrium	9:00 am Stretch Exercise Area	9:30 am Church of Epiphany Activity Area
1:00 pm Music with Dan & Debbie Lobby	2:00 pm Shopping: Bealls Outlet Concierge Desk	12:45 pm Hand and Foot Activity Area	1:00 pm Bible Study Library	12:45 pm Hand and Foot Activity Area	10:00 am SURPRISE with STEPHANIE Atrium	Puzzles Billiards Room	10:30 am Countryside Church Exercise Area	11:00 am Tone & Strengthen Exercise Area	11:00 am Visits with Bella Door to Door	11:00 am Stretch, Tone & Strengthen Exercise Area	12:45 pm Hand and Foot Activity Area	10:00 am Kitten Kuddles Atrium	11:00 am Puzzles Billiards Room
2:00 pm Funny Videos Atrium	3:00 pm Happy Hour Atrium	1:00 pm Trivia & Videos Atrium	2:30 pm Spanish Class Activity Area	1:00 pm Music with Wink Dining Room	11:00 am Visits with Bella Door-to-Door	1:00 pm 10¢ Left Right Center Atrium	1:00 pm Trivia Atrium	2:00 pm 10¢ Blackjack Atrium	12:45 pm Hand and Foot Activity Area	1:00 pm Bible Study Library	1:00 pm Jazz with Jonathan Dining Room	11:00 am Visits with Bella Door-to-Door	1:00 pm Stretch Exercise Area
6:30 pm Movie Atrium	6:00 pm Tone & Strengthen & Walk it Out Exercise Area	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	2:00 pm Bus Ride Concierge Desk	11:00 am Tone & Strengthen Exercise Area	2:00 pm Bingo Dining Room	2:00 pm Dominoes / Uno Atrium	2:00 pm Bingo Dining Room	1:00 pm Crossword Atrium	1:00 pm Walks with Bella Backyard	1:30 pm Volusia Medical Billiards Room	11:00 am Tone & Strengthen Exercise Area	1:00 pm Stretch Exercise Area
	7:00 pm Music with Pat D Lobby	6:00 pm Music with Mickey Lobby	6:00 pm Walk it Out Exercise Area	3:00 pm Bingo Dining Room	1:00 pm Culture Class Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium	2:00 pm Miles of Smiles with Stephanie Oklahoma Atrium	2:30 pm Spanish Class 2nd Floor	2:00 pm Bus Ride Concierge Desk	1:00 pm Culture Class Art of the 60s Atrium	2:00 pm Bingo Dining Room
	7:00 pm Movie Atrium	7:00 pm Music with Wayne Bishop Lobby	6:00 pm Music with Wayne Bishop Lobby	3:00 pm Happy Hour Atrium	Visits with Bella Atrium	6:00 pm Music with Uncle John Lobby	6:00 pm Music with Bill Sbrogna Lobby	6:00 pm Music with Uncle John Lobby	3:00 pm Happy Hour Atrium	3:00 pm Walk it Out Exercise Area	2:00 pm Happy Hour Atrium	2:00 pm Music with Judy Locke Lobby	6:00 pm Music with Fubars Atrium
		7:00 pm Movie Atrium	7:00 pm Movie Atrium	6:30 pm Movie Atrium	2:30 pm Miles of Smiles with Stephanie: Ohio Atrium	7:00 pm Movie Atrium	7:00 pm Movie Atrium	7:00 pm Movie Atrium	3:00 pm Free Friday Happy Hour Atrium	3:00 pm Happy Hour Atrium	3:00 pm Walks with Bella Backyard	3:00 pm Free Friday Happy Hour Atrium	6:30 pm Movie Atrium
					3:00 pm Outdoor Activity with Bella Backyard				6:00 pm Music with James Wise Lobby	3:00 pm Connect Hearing Billiards	6:00 pm Music with Jeff Lobby	6:00 pm Outdoor Activity with Bella Backyard	
					6:30 pm Movie Atrium				7:00 pm Movie Atrium	Visits with Bella Lobby	7:00 pm Movie Atrium	6:30 pm Chef's Table Dining Room	
										Visits with Bella Lobby	7:00 pm Movie Atrium		

March 27–31, 2020

27 Friday	28 Saturday	29 Sunday	30 Monday	31 Tuesday
Walmart Grocery Orders for Saturday Delivery Atrium	8-10:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	9:00 am Stretch Exercise Area	9:00 am Stretch Exercise Area
9:00 am Stretch Exercise Area	9:00 am Bocce Ball Lobby	10:00 am Our Lady of Hope Group Liturgy Activity Area	9:30 am Spanish Class Dining Room	9:30 am Spanish Class Dining Room
Puzzles Billiards Room	9:30 am Church of Epiphany Activity Area	Sunday Brunch Dining Room	10:00 am 10¢ Blackjack Atrium	10:00 am Dice Dots Atrium
10:00 am 10¢ Roulette Atrium	Puzzles Billiards Room	10:30 am Countryside Church Exercise Area	Visits with Bella Door-to-Door	Visits with Bella Door-to-Door
Visits with Bella Door-to-Door	11:00 am Stretch Exercise Area	1:00 pm Music with Mark V. Lobby	11:00 am Tone & Strengthen Exercise Area	11:00 am Tone & Strengthen Exercise Area
11:00 am Tone & Strengthen Exercise Area	1:00 pm 10¢ Left Right Center Atrium	3:00 pm Happy Hour Atrium	1:00 pm Music with Sweet Melissa Lobby	1:00 pm Music with Susie & Mike Lobby
1:00 pm Culture Class Wild Stories of the 60's Atrium	2:00 pm BINGO Dining Room	6:30 pm Movie Atrium	Outdoor Activity with Bella Backyard	Outdoor Activity with Bella Backyard
Visits with Bella Atrium	3:00 pm Happy Hour Atrium		2:00 pm Bingo Dining Room	2:00 pm Culture Craft Class on Crayola Atrium
2:00 pm Crossword Lobby	6:00 pm Music with Donna Dee Atrium		3:00 pm Walk it Out Exercise Area	3:00 pm Walk it Out Exercise Area
3:00 pm Free Friday Happy Hour Atrium			Happy Hour Atrium	Happy Hour Atrium
Outdoor Activity with Bella Backyard			6:30 pm Movie Atrium	6:00 pm Mens Time Out Trivia Atrium
6:00 pm Music with Chuck Lobby				7:00 pm Movie Atrium
7:00 pm Movie Atrium				

CountrySide Valentines!



Interesting Events in MARCH

- ❖ March 1, 1961 – President John F. Kennedy established the Peace Corps, an organization sending young American volunteers to developing countries to assist with health care, education and other basic human needs.
- ❖ March 4, 1933 – Newly elected President Franklin D. Roosevelt took office and delivered his first inaugural address attempting to restore public confidence during the Great Depression, stating, “Let me assert my firm belief that the only thing we have to fear is fear itself...” His cabinet appointments included the first woman to a Cabinet post, Secretary of Labor, Frances Perkins.
- ❖ March 10, 1862 – The first issue of U.S. government paper money occurred as \$5, \$10 and \$20 bills began circulation.
- ❖ March 10, 1880 – The Salvation Army was founded in the United States. The social service organization was first founded in England by William Booth and operates today in 90 countries.
- ❖ March 23, 1775 – Patrick Henry ignited the American Revolution with a speech before the Virginia convention in Richmond, stating, “I know not what course others may take; but as for me, give me liberty, or give me death!”
- ❖ March 24, 1934 – The Philippine Islands in the South Pacific were granted independence by President Franklin D. Roosevelt after nearly 50 years of American control.

Dean Caprio

We're lucky to have you!

Dean Caprio is not just a bus driver, Dean is a friend, caregiver, and dedicated to our residents. Dean shows up early, stays late, and ensures everyone gets to where they need to go. He has made our weekly bus rides more fun by getting Wendys to donate Frosty's, 7-11 to donate Slurpees, and tries to make each ride an adventure. His positive attitude, work ethic, and all around kindness make him the perfect example of our loving, compassionate, and dedicated team. Thank you for all you do Dean we are lucky to have you!



 CountrySide Lakes®
A Shepherd Senior Living Community

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