

Join us for activities!

Although we must do everything in small groups, the fun does not stop! We are so thankful to enjoy games, crafts, and friendship. Be sure to see Stephanie if there is an activity you would like to have!



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From the Director's Desk

"Be patient," is what my grandmother used to say, reminding us that it was part of being mature, part of being a grownup. I am pretty sure we are all mature and grownups at this point.

COVID-19, isolation, separation from friends and families, masks, no masks, information, conflicting information, it's certainly enough to make us all a little stir crazy. Sometimes we all feel a bit trapped and cooped up. Some of us even want to stomp our foot and tell this all to go away. If it was that easy, trust me, it would have happened months ago.

We are in this together. We will get through this together. Ask for help, ask for someone to talk to, don't let this thing beat us. We can do this.

Make sure our conversations include words like "us" and "we"... try hard not to use words like "they" and "them" which are very divisive words. We need all the inclusion we can get, and not just from a COVID-19 viewpoint. We have to work together and listen to each other. I always end my Director's Note with the phrase, "make a difference today". No one else can do it for you – you have to make the effort, you control this, no one else. Make your small



corner of the world a little better every day. If you do that, think of the cumulative result at the end of the year... you will have succeeded in making it better and you will also have made a difference. I promise the person who that has the largest impact on will be you.

Charlie



Bella is still practicing social distancing, so her friend Harper has been keeping up with her daily grooming.



Cudas Unhooked

We have dedicated the past two years to supporting Cudas Unhooked in New Smyrna Beach. These kids face challenges that most have not ever had to encounter. The Cudas program ensures they have mentors, supplies, and all of the possibilities to overcome their challenges and excel well beyond their own expectations. Stephanie has grown attached to each one and enjoys sharing stories about all of you with the kids and loves to tell all of you about them. Stephanie will continue to support the house next year when they receive a whole new group of children. We truly make a difference in their lives and they impact all of us every time they succeed.



RESIDENT SPOTLIGHT

George Hartman

George was born and raised in the Commonwealth of Virginia. He was married for forty years to the love of his life, Sandy, whom he misses dearly. They were blessed to have two loving children, Rick and Michelle. George worked as a permit inspector for the Virginia Department of Highways. He loves the outdoors and is an avid sportsman, spending his leisure time fishing, and as an accomplished shooter, he was once named the "Competitive Trap Shooting Champion of Virginia." Since moving here, he enjoys the swimming pool, indoor bocce, and looks forward to fishing when the weather cools down. Welcome to the family George, we are glad you are here!



August 1-12 2020

August 1–12, 2020											
1	2	3	4	5	6	7	8	9	10	11	
Billiards Room Assigned Activities Small Groups See Stephanie GET SOME SUN AT THE POOL 10:00 am Exercise 3rd Fl Exercise Rm Assigned Activities See Stephanie	heart but 6 feet apart Backyard 2:00 pm Ice Cream Delivery Door to Door 6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium WASH YOUR HANDS!	Exercise 3rd Fl Exercise Rm 9:30 am Exercise 3rd Fl Exercise Rm 10:00 am Puzzles Billiards Room 1:00 pm Funny Videos Social distancing rules apply – close in heart but 6 feet apart Aquatic Aerobics Backyard 2:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Stephanie's 50th Bucket List Atrium	heart but 6 feet apart Atrium	Aquatic Aerobics Backyard 2:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Stephanie's 50th 50's Malt Shop Atrium 6:30 pm Movie Social distancing rules apply – close in	Playing in the Pool Backyard 1:00 pm Music Videos Social distancing rules apply – close in heart but 6 feet apart Atrium WASH YOUR HANDS! 2:00 pm Stephanie's 50th 50s Happy Hour Atrium 3:00 pm Stephanie's 50th 50's Sock Hop Lobby & Atrium	Friday 9:00 am Billiards Billiards Room NO MORNING ASSIGNED ACTIVITIES 10:00 am Puzzles Billiards Room 1:00 pm Animal Videos Social distancing rules apply – close in heart but 6 feet apart Atrium 2:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Assigned Activities Small Groups See Stephanie	Saturday 9:00 am Billiards Billiards Room NO MORNING ASSIGNED ACTIVITIES 10:00 am Puzzles Billiards Room 1:00 pm Adventure Videos Social distancing rules apply – close in heart but 6 feet apart Atrium Assigned Activities Small Groups See Stephanie 2:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium	Sunday 9:00 am Library 2nd Fl B Side Hall 10:30 am Church Outside Social distancing rules apply – close in heart but 6 feet apart Backyard 2:00 pm Ice Cream Delivery Door to Door 6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium WASH YOUR HANDS!	heart but 6 feet apart Atrium Aquatic Aerobics Backyard 2:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Assigned Activities Small Groups See Stephanie 6:30 pm Movie Social distancing rules apply – close in	Atrium Aquatic Backyard WASH HA 2:00 pr Assigne Activitie Small G See Stepho 3:00 pr Assigne Activitie Small G See Stepho 6:30 pr	
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Atrium

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out 6 feet apart Atrium

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distancing pply – close in Social distancing

12

Wednesday

9:00 am Billiards Billiards Room Exercise 3rd Fl Exercise Rm

9:30 am Exercise 3rd Fl Exercise Rm

10:00 am Puzzles

Billiards Room 1:00 pm

Bird Videos Social distancing distancing pply – close in heart but 6 feet apart

Aquatic Aerobics

2:00 pm Assigned Activities Small Groups See Stephanie

3:00 pm Assigned Activities Small Groups See Stephanie

6:30 pm

Movie

Social distancing rules apply – close in heart but 6 feet apart Atrium

Bible Study

put 6 feet apart n heart but 6 feet apart 2nd Floor Activity Rm

CSL BIRTHDAYS AUGUST

RESIDENTS

August 2 Helen Whetstone

August 3 **Ruthie Smith** John Kleynenberg

August 31 Marjory Kline Ellie Barrett

STAFF

August 4 Sylvia Tabora

August 6 Stephanie Lynch Lilia Burns

August 16 Gina Forsyth Hindra Sarjou

August 30 Melissa Lungahi



Gnome Place like Home























COUNTRYSIDE CHRONICLE

In August we are collecting Gnomes for our residents, they are cute, funny, and most importantly protection and good luck! We may be stuck inside at the moment but we continue to have all the fun we possibly can. Volusia County Rocks is donating 50 Gnome painted rocks for our gardens. If we can have a gnome on every patio we can ensure good luck is on the way!

A Short History of Gnomes

The first known garden gnomes were produced in Germany in the early 1800s. They were made out of clay. Gnomes first appeared in gardens in England in the 1840s, and from there their popularity began to take off.

Unfortunately, the world wars wiped out most garden gnome production in Germany, and beginning in the 1960s, the plastic gnomes we know today came on the scene. These gnomes are campy and cartoonish, and many people don't like them. In the 1980s, companies in the Czech Republic and Poland started to make gnomes and flooded the market with cheaper imitations of the German products.

Why Gnomes

Gnomes are known as symbols of good luck. Originally, gnomes were thought to provide protection, especially of buried treasure and minerals in the ground. They are still used today to watch over crops and livestock, often tucked into the rafters of a barn or placed in the garden.

A garden gnome adds a bit of whimsy and a connection to the old world, where farmers believed the good luck charm could help their fields yield more produce and protect them from thieves, pests and other problems. They were also thought to help gardeners in the night, which we all could use!

Join us at the Dock!

We were able to find pond food, so now we can feed all the cute turtles, ducks and fish. You have to get outside for at least 15 minutes a day soak up some vitamin D and enjoy the world we have.



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August 13–26, 2020

9:00 am

Billiards

Exercise

9:30 am

Exercise

Exercise

1:00 pm

Atrium

Backvard

Puzzles

Library

4:00 pm

1st Floor

4:15 pm

Atrium

15 14 16 17 18 19 Friday

9:00 am Walmart Grocery Orders for Saturday Delivery Concierge Billiards Billiards Room 9:30 am Championship Boxing Atrium WASH YOUR HANDS!

13

10:00 am Exercise 3rd Fl Exercise Rm 1:00 pm **Ocean Videos** rules apply – close in heart but 6 feet apart Atrium Aquatic Aerobics 2nd Fl B Side Hall Backyard 4:00 pm 1st Floor Happy Hour Atrium 4:15 pm 2nd Floor Happy Hour 2nd Floor Activity Rm 4:30 pm 4:30 pm 3rd Floor Happy Hour Billiards Area

6:30 pm

Movie rules apply - close in heart but 6 feet apart Atrium

Saturday 9:00 am Billiards Billiards Room Billiards Room 10:00 am Exercise 3rd Fl Exercise Rm 3rd Fl Exercise Rm WASH YOUR HANDS! 3rd Fl Exercise Rm 10:00 am 1:00 pm Adventure Videos Social distancing 3rd Fl Exercise Rm rules apply - close in heart but 6 feet apart 6:30 pm Art Videos Atrium Social distancing Assigned rules apply - close in Activities heart but 6 feet apart Small Groups See Alexis in Dining **Aquatic Aerobics** 2:00 pm Assigned Activities Billiards Room Small Groups See Alexis in Dinina 3:00 pm Assigned Activities Happy Hour Small Groups See Alexis in Dining 6:30 pm Movie Social distancing 2nd Floor Activity Rm rules apply - close in heart but 6 feet apart Atrium

2nd Floor Happy Hour 3rd Floor Happy Hour Billiards Area 6:30 pm

Movie Social distancing

rules apply - close in heart but 6 feet apart Atrium

9:00 am 9:00 am Library Billiards 2nd Fl 🖞 Side Hall Billiards Room 10:30 am Assigned Church Outside Activities Small Groups Social distancing See Stephanie rules apply – close in heart but 6 feet apart Exercise Backyard 3rd Fl Exercise Rm 2:00 pm 9:30 am Ice Cream Exercise Delivery 3rd Fl Exercise Rm Door to Door 10:00 am Puzzles Movie Billiards Room Social distancing rules apply - close in 1:00 pm heart but 6 feet apart Funny Videos Atrium Social distancing rules apply - close in WASH YOUR HANDS! Atrium Backyard WASH YOUR HANDS! 2:00 pm Assigned Activities Small Groups See Stephanie 3:00 pm Assigned Activities

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6:30 pm

Movie rules apply - close in heart but 6 feet apart Atrium

9:00 am Billiards Billiards Room 10:00 am Exercise 3rd Fl Exercise Rm 1:00 pm **Animal Videos** Social distancing rules apply – close in heart but 6 feet apart 10:00 am Atrium Aquatic Aerobics Billiards Room Backyard 2:00 pm Assigned Activities Small Groups See Stephanie heart but 6 feet apart 3:00 pm Assigned Aquatic Aerobics Activities

Social distancing Small Groups rules apply – close in See Stephanie heart but 6 feet apart Atrium 6:30 pm Aquatic Aerobics Movie

Social distancing rules apply – close in heart but 6 feet apart Atrium

Activities Small Groups See Stephanie

Backyard

2:00 pm

Assigned

9:00 am

Billiards Room

Billiards

Assigned

Activities

See Stephanie

10:00 am

Exercise

Puzzles

11:00 am

Bible Study

1:00 pm

Bird Videos

Social distancing

rules apply - close in

heart but 6 feet apart

2nd Floor Activity Rm

Small Groups

3rd Fl Exercise Rm

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3:00 pm
Assigned
Activities
Small Groups
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See Stephanie 6:30 pm

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Movie
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Social distancing rules apply - close in heart but 6 feet apart Atrium

20 21 Friday

9:00 am Walmart Grocery Orders for Saturday Delivery Concierge Billiards Billiards Room Assigned Activities

Small Groups See Stephanie 9:30 am Championship

Boxing Atrium 10:00 am Exercise

3rd Fl Exercise Rm Puzzles

Billiards Room Backyard 1:00 pm 2:00 pm Music Videos Assigned Social distancing Activities rules apply - close in Small Groups

heart but 6 feet apart See Stephanie Atrium 3:00 pm Assigned

WASH YOUR Activities HANDS! Small Groups Aquatic Aerobics See Stephanie Backyard 4:00 pm

2:00 pm Assigned Activities Small Groups

See Stephanie 3:00 pm

Assigned Activities

Small Groups See Stephanie

6:30 pm

Movie Social distancing rules apply - close in heart but 6 feet apart Atrium

9:00 am 9:00 am Billiards Billiards Billiards Room Billiards Room Assigned

Activities

See Stephanie

10:00 am

10:00 am

Billiards Room

1:00 pm

Animal Videos

Social distancing

rules apply - close in

heart but 6 feet apart

Aquatic Aerobics Activities

Puzzles

Atrium

Exercise

Small Groups

3rd Fl Exercise Rm

Assigned Activities Small Groups See Stephanie 10:00 am

22

Exercise 3rd Fl Exercise Rm Puzzles

Billiards Room

1:00 pm

Atrium

Assigned

Delivery Door to Door

6:30 pm Adventure Videos Movie Social distancing rules apply - close in Social distancing heart but 6 feet apart rules apply - close in

Atrium Small Groups

See Stephanie 2:00 pm Assigned Activities

Small Groups See Stephanie 3:00 pm Assigned

Activities Small Groups See Stephanie

6:30 pm Movie

Social distancing rules apply - close in heart but 6 feet apart Atrium

Happy Hour 2nd Floor Activity Rm

4:30 pm 3rd Floor Happy Hour Billiards Area

6:30 pm

Movie

1st Floor

4:15 pm

2nd Floor

Atrium

Happy Hour

Social distancing rules apply – close in heart but 6 feet apart Atrium

Activities are shown in red. Wellness classes are in blue.

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9:00 am Librarv 2nd Fl B Side Hall

10:30 am Church Outside

Social distancing rules apply - close in heart but 6 feet apart 10:00 am Backyard

2:00 pm Ice Cream

heart but 6 feet apart

WASH YOUR HANDS!

24

9:00 am Billiards Billiards Room

Assigned Activities Small Groups See Stephanie

Exercise 3rd Fl Exercise Rm

10:00 am Puzzles Billiards Room

1:00 pm **Funny Videos**

Social distancing rules apply - close in Atrium heart but 6 feet apart Atrium

Aquatic Aerobics Backyard

2:00 pm Assigned Activities Small Groups See Stephanie

3:00 pm Assigned Activities Small Groups See Stephanie

6:30 pm

Movie

Social distancing rules apply - close in Atrium heart but 6 feet apart Atrium

9:00 am Music with Sweet Melissa

Social distancing rules apply - close in heart but 6 feet apart Backyard

10:00 am

Exercise

3rd Fl Exercise Rm Puzzles

Billiards Room

1:00 pm Animal Videos

Social distancing rules apply - close in heart but 6 feet apart

Aquatic Aerobics Backyard

2:00 pm Assigned Activities Small Groups See Stephanie

3:00 pm

Assigned Activities Small Groups See Stephanie

6:30 pm Movie

Social distancing rules apply - close in heart but 6 feet apart

26

9:00 am Billiards Billiards Room

Assigned Activities Small Groups See Stephanie

10:00 am

Exercise 3rd Fl Exercise Rm

10:00 am Puzzles Billiards Room

11:00 am **Bible Study**

Social distancing rules apply - close in heart but 6 feet apart 2nd Floor Activity Rm

1:00 pm **Bird Videos** Social distancing rules apply - close in heart but 6 feet apart Atrium

Aquatic Aerobics Backyard

2:00 pm Assigned Activities Small Groups See Stephanie

3:00 pm Assigned Activities Small Groups

See Stephanie

6:30 pm Movie

Social distancing rules apply - close in heart but 6 feet apart Atrium

August 27–31, 2020 31 28 29 30 27

<u> </u>	20				
Thursday	Friday	Saturday	Sunday	Monday	
9:00 am Walmart Grocery Orders	9:00 am <mark>Billiards</mark> Billiards Room	9:00 am <mark>Billiards</mark> Billiards Room	9:00 am <mark>Library</mark> 2nd Fl B Side Hall	9:00 am <mark>Billiards</mark> Billiards Room	
for Saturday Delivery Concierge	Assigned Activities Small Groups	Assigned Activities Small Groups	10:30 am Church Outside Social distancing	Assigned Activities Small Groups	
Billiards Billiards Room Assigned	See Stephanie 10:00 am Exercise	See Stephanie 10:00 am Exercise	rules apply – close in heart but 6 feet apart Backyard	See Stephanie 10:00 am <mark>Puzzles</mark>	
Activities Small Groups See Stephanie	3rd Fl Exercise Rm 10:00 am	3rd Fl Exercise Rm 1:00 pm	2:00 pm Ice Cream Delivery	Billiards Room 1:00 pm Funny Videos Social distancing rules apply – close in heart but 6 feet apart Atrium Assigned	
9:30 am Championship Boxing	Puzzles Billiards Room 1:00 pm	Adventure Videos Social distancing rules apply – close in	Door to Door 6:30 pm		
Atrium 10:00 am	Animal Videos Social distancing rules apply – close in	heart but 6 feet apart Atrium Assigned	Social distancing rules apply – close in		
Exercise 3rd Fl Exercise Rm 1:00 pm	heart but 6 feet apart Atrium Aquatic Aerobics	Activities Small Groups See Stephanie	heart but 6 feet apart Atrium WASH YOUR	Activities Small Groups See Stephanie	
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rules apply – close in heart but 6 feet apart Atrium	Assigned Activities Small Groups	Activities Small Groups See Stephanie		Small Groups See Stephanie	
WASH YOUR HANDS!	See Stephanie 3:00 pm	3:00 pm Assigned Activities		3:00 pm Assigned Activities	
Aquatic Aerobics Backyard	Activities Small Groups	Small Groups See Stephanie		Small Groups See Stephanie	
2:00 pm Assigned Activities Small Groups See Stephanie	See Stephanie 4:00 pm 1st Floor Happy Hour Atrium	6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium		6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium	
3:00 pm Assigned Activities	4:15 pm 2nd Floor Happy Hour	2 Conturn			
Small Groups See Stephanie 6:30 pm	2nd Floor Activity Rm 4:30 pm 3rd Floor			<u>1</u>	
Movie Social distancing	Happy Hour Billiards Area				

Social distancing rules apply – close in 6:30 pm heart but 6 feet apart Atrium

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Movie Social distancing rules apply – close in heart but 6 feet apart Atrium

Activities are shown in red. Wellness classes are in blue.

Happy Anniversary!

Aline and Norm traveled back to their first year of marriage 1950. They celebrate 70 years of marriage and so much love.







Happy Birthday!

Dottie celebrated her 104th birthday with family on Facetime, but all of her friends were close by. She believes being kind and staying healthy will keep anyone going!





Jack Watson celebrated his 100th birthday and enjoyed a serenade by his friends and neighbors. He was able to have his first zoom birthday party with family. He has many wonderful years ahead of him.



COUNTRYSIDE CHRONICLE



Betty's 89th was celebrated with lobster flown in by her children and some dear friends to share it with.

Charles and Joan are our new friends and we helped her celebrate her birthday with a special dinner. We know how much everyone misses their families during these times. We are glad to be part of such a large family and celebrate each other with joy and love.



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COUNTRYSIDE 🗩 HEROES

Nursing Team

We know how hard you are working! We see your dedication, continuous diligence, and compassion. We thank you for all you are doing to keep our residents happy and healthy. In the time of challenges, HEROES rise to accomplish their goals. Thank you for all you do!



We are so proud of our EMT graduate!

Culinary Server Riley graduated EMT school. We are so proud of the difference you make in our community and now our world.



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